

Talk to a Doctor Anytime, Anywhere by Phone or Video

TELADOC HEALTH GIVES YOU 24/7 ACCESS TO VIRTUAL DOCTOR VISITS EVERY DAY OF THE YEAR

As a Health Net member, you have any time access to a network of quality doctors and mental health providers within minutes through Teladoc Health. Teladoc is **the nation's leading provider of telehealth services**.¹ And you can access them with ease – either through the web, your phone or through the Teladoc app.

Teladoc Features:

- ✓ 24/7 phone and video doctor visits for all ages
- ✓ Scheduled behavioral health² (visits as noted below*)
- ✓ Psychiatry visits (visits as noted below*)
- ✓ Web-based visit option
- ✓ Smartphone/tablet app
- ✓ Out-of-state care while traveling³
- ✓ Prescriptions⁴

*Behavioral Health Counseling and Psychiatry Services: – 18 years and older.
General Medical Services – No age limits.

Plus, get treatment for a wide range of health issues that include:

- Cold and flu
- Sinus infections
- Minor cuts, burns and stings
- Sprains
- Stomach issues
- Stress and worry
- Depression and more



Download the app today to talk to a doctor. Or, call **800-TELADOC (835-2362)**. You can also visit **www.teladoc.com**.

Get the **care you need in minutes²** from the comfort of home, work and while you travel. It's a **convenient no-cost option** to urgent care and when **you need help now**.

¹Frost and Sullivan, Teladoc blazes a trail in the emerging virtual telehealth services industry, May 24, 2016-
<https://ir.teladochealth.com/news-and-events/investor-news/press-release-details/2016/Teladoc-blazes-a-trail-in-the-emerging-virtual-telehealth-services-industry/default.aspx>

²Scheduled appointments for behavioral health services are available 7 days a week from 7 a.m. to 9 p.m. (Pacific time).

³Teladoc Health is not available outside the U.S.

⁴Access to telehealth services does not guarantee a prescription.

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FLY063234EPO0 (9/23)