

## WIC REFERRAL FOR PREGNANT WOMEN

**Health Care Provider:** Please provide the information requested below for your patient. This information will be used by our program staff to assess your patient’s health status and to provide nutritional counseling. An incomplete referral may delay program benefits to your patient. A completed referral does not guarantee WIC Program benefits since program eligibility requirements must be met.

|                              |                                  |                  |                      |
|------------------------------|----------------------------------|------------------|----------------------|
| Patient’s name (last, first) | Address (street, city, ZIP code) | Telephone number | Birthdate (MM/DD/YY) |
|------------------------------|----------------------------------|------------------|----------------------|

### WOMAN’S CURRENT (PRENATAL)

|  |   |
|--|---|
| Height _____ ins.      Measurement date _____      Hemoglobin _____ gm/dl.      Blood test date _____<br>and/or _____<br>Weight _____ lbs.      _____      Hematocrit _____ %      _____ | Est. date confinement _____<br>Date last preg. ended _____<br>Gravida _____ Para _____<br>Pregravid weight _____ lbs. |
|--|---|

**PLEASE INDICATE ANY MEDICAL CONDITIONS AFFECTING THIS WOMAN:**

- Diabetes                       Multiple Pregnancy
- Hypertension                 Tuberculosis \_\_\_\_\_ +PPD      \_\_\_\_\_ INH
- Previous poor pregnancy outcome / history (specify): \_\_\_\_\_
  
- Other current or historical conditions (specify): \_\_\_\_\_

**PLEASE LIST ANY CURRENT MEDICATIONS / SUPPLEMENTS PRESCRIBED:**

**IMPRESSIONS/COMMENTS:**

**LOCAL WIC AGENCY**

|   |                  |
|---|------------------|
| Name of physician/health care provider/group/clinic | Telephone number |
|---|------------------|

**IMPORTANT:** Must be signed by health care provider

Date

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