



Sacramento County Q4 Community Advisory Committee Meeting

December 12, 2024 Minutes

ATTENDEES

Alexea Negrete: Department of Health Care Services	Anthony Costanzo: Planned Parenthood Mar Monte - Director of Payor Management	Brenna Rizan: Be Mom Aware - Executive Director
Julie Gallelo: First 5 Sacramento - Executive Director	Phung Vuong: Asian Resources Inc. - Program Coordinator	Rachel Rios: La Familia Counseling Center - Executive Director
Rejie Baloyos: Asian Resources, Inc. - Interim Executive Director	Rondale Holloway: State Council for Developmental Disabilities - Office Technician	Serena Durand: Best Buddies - Manager, Job Development
Robert Hickman: Maternal Mental Health Workgroup, Sacramento County Maternal, Child, and Adolescent Health Advisory Board - Chair	Medi-Cal Member 58	Medi-Cal Member 40
Medi-Cal Member 41	Medi-Cal Member 42	Medi-Cal Member 43
Medi-Cal Member 44	Medi-Cal Member 45	Medi-Cal Member 46
Medi-Cal Member 47	Medi-Cal Member 48	Medi-Cal Member 49
Medi-Cal Member 50	Medi-Cal Member 51	Medi-Cal Member 52
Medi-Cal Member 53	Medi-Cal Member 54	Medi-Cal Member 55
Medi-Cal Member 56	Medi-Cal Member 57	

HEALTH NET ATTENDEES

Ayleen Dimailig, Sydney Turner, Felisha Scott, Dr. Timothy Martinez, Anabel Jayme, Lorena Espinoza, Miriam Rosales, Arianna Phillips, Darsey Varnedoe Jr., and Sarika Kasaraneni

The purpose of the Community Advisory Committees is to empower members to bring their voices to the table to ensure Health Net is actively driving interventions and solutions to build more equitable care. The CAC advocates for Health Net members by ensuring that Health Net is responsive to their diverse health care needs.

AGENDA ITEM	DISCUSSION	NEXT STEPS / ACTION	OWNER
Call to order, Introductions, & Agenda Overview	<ul style="list-style-type: none"> Call to order at 3:03pm. Committee members and Health Net staff introduced themselves. 	N/A	N/A
Continuity and Coordination of Medical Care: NCQA Accreditation Standard (Q13) Year 1 Report Highlights	Miriam Rosales (Program Manager III, Quality Improvement) provided an overview of the NCQA (National Committee for Quality Assurance) report and its importance for Health Net. She walked through the 4 measures for measurement year 2023: prenatal and postpartum care, eye exam for patients with diabetes, use of opioids at high dosage, and plan all-cause readmissions, and shared the performance metrics and improvements made. Lastly, she shared barriers and opportunities for improvement that include social determinants of health,	Health Net to explore ways to promote the dyadic care model to address maternal mental health needs.	N/A

	lack of cultural appropriate postpartum care, and scheduling practices.		
2023 Health Education Work Plan Year-End Evaluation and 2024 Work Plan Highlights	<p>Anabel Jayme (Program Manager II, Quality Improvement) reviewed the 2023 work plan with 15 initiatives and 51 measurable objectives, with 39 met, 11 suspended, and 1 cancelled. She shared highlights of successful initiatives, including securing a diabetes prevention program, reaching over 1,000 participants in breast and cervical cancer screening classes, tobacco cessation program, and behavioral health services. Next, she addressed barriers and shared next steps, including the use of QR codes for program promotion and addressing low enrollment in the obesity prevention program. Lastly, Anabel outlined the 2024 highlights, including continuing the onboarding process for the diabetes prevention program and promoting mental health resources.</p> <p>A committee member gave positive feedback on diabetes education classes they took. Another committee member suggests discounted or free gym access for lower-income families as a valuable community resource.</p>		
Language Assistance Program & findhelp	Lorena Espinosa (Senior Health Equity Specialist) provided an overview of the Health Equity department and its core areas. She reviewed the Language Assistance Program, including translation and interpreter services, health literacy, cultural competency, health equity and social needs, and compliance. She shared the types of language assistance services offered, including interpretation, translation, oral translation, alternate formats, and plain language communication. Lastly, she explained the grievance process for members who are not satisfied with the language services provided and encourages feedback to improve the program.	N/A	N/A
2024 CAC EOY Review	Ayleen Dimailig (Program Manager, CACs) reviewed the agenda items, feedback, and actions taken from committee insights in 2024. Committee members were encouraged to continue providing feedback and share any	Follow up with the group on transportation service resources.	N/A

	<p>agenda items they would like to learn more about in 2025.</p> <p>Additionally, Ayleen shared that Health Net has been selected by DHCS to provide managed dental healthcare services to Medi-Cal beneficiaries in Los Angeles and Sacramento counties. She introduced Felisha Scott and Dr. Timothy Martinez who will be providing dental updates during the 2025 CACs to promote dental health equity.</p> <p>Lastly, committee members requested to add the following agenda items in 2025 – Youth Sex Education LGBTQIA+ health resources</p>	<p>Send out the updated member rights one-pager flyer to the CAC members.</p>	
Community Sharing/Open Forum	<p>Committee members were invited to share items for Community Sharing/Open Forum. Members requested support.</p> <p>Committee member shared their experience attending the last in-person committee meeting and the need for anonymous participation in CAC meetings. They also suggested adding Grievances and Transportation as future agenda items.</p> <p>Meeting was adjourned at 1:30pm.</p>	<p>Health Net to follow up with Members who requested additional support.</p>	PMCAC

NEXT MEETING

Date: Tuesday – March 11, 2025

Time: 12pm – 2pm

Location / Dial-in #: <https://centene.zoom.us/meeting/register/gkct37v7SJG8oWhyFjSZjA>

Dial: US: +1 669 444 9171 or +1 646 931 3860

Meeting ID: **959 7281 2443**

Passcode: 438821

