

# Improve Members' Health and Social Outcomes With Enhanced Care Management

#### USE THIS QUICK REFERENCE GUIDE TO FIND OUT WHO'S ELIGIBLE

The Department of Health Care Services created Enhanced Care Management (ECM), which is a California Advancing and Innovating Medi-Cal (CalAIM) benefit. The goal of ECM is to improve the member's health and social outcomes. **ECM provides seven core services to enrolled members:** 

Enhanced care coordination



Outreach and engagement

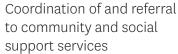


Comprehensive assessment and care management plan



Comprehensive transitional care

Member and family support



## To be eligible for ECM, members must qualify for one or more of the identified ECM populations of focus and not be enrolled in duplicative services.

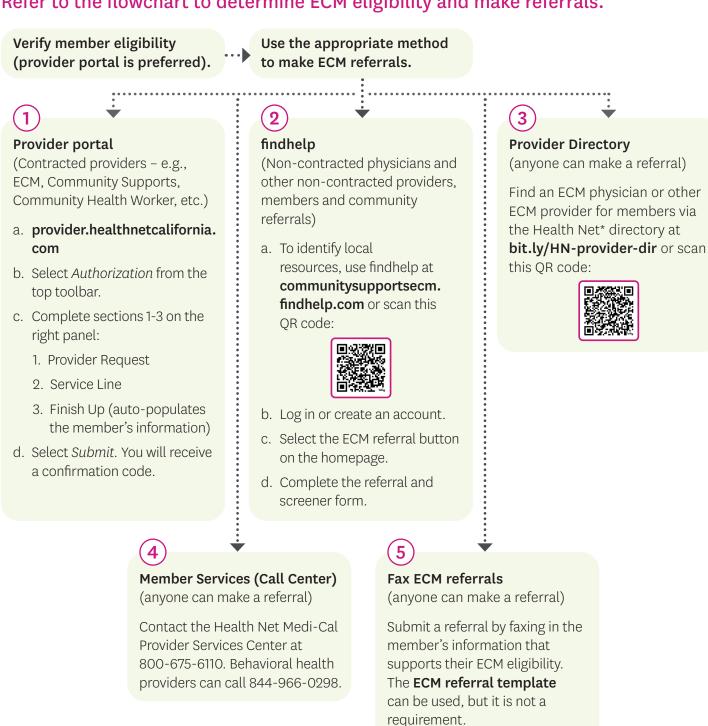
Health promotion

ECM population of focus	Eligibility criteria
1. Homeless families or individuals experiencing homelessness	<ul> <li>Have significant health needs</li> <li>Experiencing homelessness, such as: <ul> <li>Loss of housing</li> <li>Living in motels, hotels or shelters</li> </ul> </li> <li>Are at risk of becoming homeless</li> </ul>
2. Individuals at risk for avoidable hospital or emergency department utilization	<ul> <li>Frequent visits to the emergency room</li> <li>Unplanned hospital stays or use short-term nursing facility</li> </ul>
3. Individuals with serious mental health and/or substance use disorder needs	<ul> <li>Getting services for mental health and substance use</li> <li>Experiencing social issues impacting their health such as poverty, homelessness, access to health care, etc.</li> <li>Frequently uses crisis services, emergency departments, urgent care and have inpatient stays</li> </ul>
4. Individuals transitioning from incarceration within the past 12 months	<ul> <li>Recently released from incarceration or a correctional setting</li> <li>Have at least one health condition such as:         <ul> <li>Mental illness</li> <li>Traumatic brain injury (TBI)</li> <li>Substance use disorder</li> <li>HIV/AIDS</li> <li>Chronic condition</li> <li>Pregnant or postpartum</li> <li>Intellectual or developmental disability (I/DD)</li> </ul> </li> </ul>
5. Adults living in the community who are at risk for LTC institutionalization	<ul> <li>Need skilled nursing care but can live in the community</li> <li>Able to live independently with support services</li> <li>Experiencing one complex social or environmental factor</li> </ul>
6. Adult nursing facility residents transitioning to the community	<ul> <li>Want to move out of institutional care</li> <li>Can live safely and independently in the community</li> </ul>
7. Children/youth enrolled in California Children's Services (CCS) or CCS Whole Child Model (WCM) with additional needs beyond the CCS condition	<ul> <li>Enrolled in CCS or CCS WCM and</li> <li>Experiencing at least one social issue impacting their health such as:         <ul> <li>Food insecurity</li> <li>History of adverse childhood experiences, trauma and contacts with law enforcement</li> </ul> </li> </ul>
8. Children/youth involved in child welfare	• Currently or recently in foster care, adoption or family maintenance programs
9. Birth equity adults and youth	<ul> <li>Are pregnant or in postpartum</li> <li>Experiencing disparities in health care based on race or ethnicity</li> </ul>

(continued)

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### Refer to the flowchart to determine ECM eligibility and make referrals.



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### Additional resources

To learn more about ECM and its in-depth workflow, visit the CalAIM Resources for Providers **page** or scan the QR code to the right:



To access CalAIM resources for members, visit the member resources page or scan the QR code to the right, and download member flyers and brochures in threshold languages.