



Collaborative Partnership in Los Angeles County

2/7/2025

Health Net Community Solutions and California Black Infant Health Program



Our Family of Brands



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Health Plans We Support



Notice: CalViva Health is a licensed health plan in California that provides services to Medi-Cal enrollees in Fresno, Kings and Madera counties. CalViva Health contracts with Health Net Community Solutions, Inc. to provide and arrange for network services. Community Health Plan of Imperial Valley (“CHPIV”) is the Local Health Authority (LHA) in Imperial County, providing services to Medi-Cal enrollees in Imperial County. CHPIV contracts with Health Net Community Solutions, Inc. to arrange health care services to CHPIV members. *Health Net Community Solutions, Inc. is a subsidiary of Health Net, LLC and Centene Corporation. Health Net is a registered service mark of Health Net, LLC. All other identified trademarks/service marks remain the property of their respective companies. All rights reserved.



Collaborative Partnership in Long Beach

1/31/2025



Announcement

Announcement

- Everyone is muted upon joining and will be muted throughout the event.
- Please use the chat (if available) or Q&A tool to ask questions or to provide comments/feedback.
- Today's presentation will be shared after the webinar. You can also find a copy of the presentation on the Provider Portal.
- Thank you for your time attending the webinar today.

Agenda

Agenda

1. Health Net Community Solutions W30-6+ Performance Improvement Project (PIP) and Activities Presentation – 10 minutes
2. California Black Infant Health Program's Presentation – 35 minutes
3. Q&A – 15 minutes

Performance Improvement Project and Activities

What is Performance Improvement Project (PIP)?

- Medi-Cal Managed Care Plan (MCMCs) **are required** to conduct or participate in a minimum of two PIPs per year. DHCS provides guidance to each MCMC on topic selection.
- A PIP is a focused effort to improve specific administrative or clinical performance to improve access to and quality of MCMC Plan.
- PIP must utilize the outcome-focused improvement strategies and must be documented and submitted on forms/reports supplied by the Health Services Advisory Group (HSAG), the California Department of Health Care Services (DHCS)' external quality review organization (EQRO).

PIP Topic



- ❖ DHCS has assigned to Health Net (HN) for the 2023-2026 Performance Improvement Project the topic of: **Infant Well Care Visits specifically focusing on improvements in the Black or African American population.**
- ❖ The HEDIS® measure is Well-Child Visits in the First 30 Months of Life – Well-Child Visits in the First 15 Months. Children who turned 15 months old during the measurement year: Six or more well-child visits (W30-6+). The population of focus is **Black or African American infants in the W30-6+ denominator** in 5 Counties: Sacramento, San Joaquin, Stanislaus, Tulare, and Los Angeles.

Statewide W30-6+ Rates Among Race/Ethnicity (MY2023)

Health Net Five Counties - Final MY2023			
Race/Ethnicity	Six or more wellchild visits by fifteen months of life		
	Y	Total	Rate
American Indian or Alaska Native**	9	21	42.9%
Asian	279	478	58.4%
Black/African-American	201	570	35.3%
Hispanic*	2,963	5,351	55.4%
Native Hawaiian or Other Pacific Islander**	9	25	36.0%
Other	172	304	56.6%
Unknown	234	499	46.9%
White	338	716	47.2%
Total	4,205	7,964	52.8%



Statewide 3x120 Rates Among Race/Ethnicity (MY2023)

Health Net Five Counties - Final MY2023			
Race/Ethnicity	Three or more wellchild visits by 120 days of life		
	Y	Total	Rate
American Indian or Alaska Native**	8	20	40.0%
Asian	170	425	40.0%
Black/African-American	146	481	30.4%
Hispanic*	1,962	4,673	42.0%
Native Hawaiian or Other Pacific	8	24	33.3%
Other	144	304	47.4%
Unknown	95	224	42.4%
White	237	628	37.7%
Total	2,770	6,779	40.9%



MY2023 W30-6+ Rates in Los Angeles County

Race/Ethnicity	DEN	NUM	Rate	
Hispanic	3688	1945	52.74%	
Black	407	143	35.14%	
White	389	168	43.19%	
Asian	253	125	49.41%	
Unknown	151	62	41.06%	
Two or More Races	75	36	48.00%	
Other	35	16	45.71%	
Native Hawaiian or Other Pacific Islander	15	4	26.67%	Benchmark Rate
American Indian or Alaska Native	10	3	30.00%	58.38%

MY2023 W30-6+ Rates in Long Beach and Neighboring Cities*

Race/Ethnicity	DEN	NUM	Rate	
Hispanic	884	491	55.54%	
Black	120	49	40.83%	
White	54	26	48.15%	
Asian	44	22	50.00%	
Unknown	33	13	39.39%	
Two or More Races	17	9	52.94%	
Other	9	5	55.56%	
Native Hawaiian or Other Pacific Islander	8	2	25.00%	Benchmark Rate
American Indian or Alaska Native	4	2	50.00%	58.38%

*Artesia, Bellflower, Carson, Cerritos, Compton, Cypress, Downey, El Segundo, Garden Grove, Gardena, Harbor City, Hawaiian Gardens, Hawthorne, Hermosa Beach, Huntington Beach, Lakewood, Lawndale, Lomita, Los Alamitos, Lynwood, Manhattan Beach, Norwalk, Palos Verdes Estates, Paramount, Rancho Palos Verdes, Redondo Beach, Rolling Hills, San Pedro, Seal Beach, Signal Hill, South Gate, Torrance, Westminster, Wilmington.



PIP Aim Statements

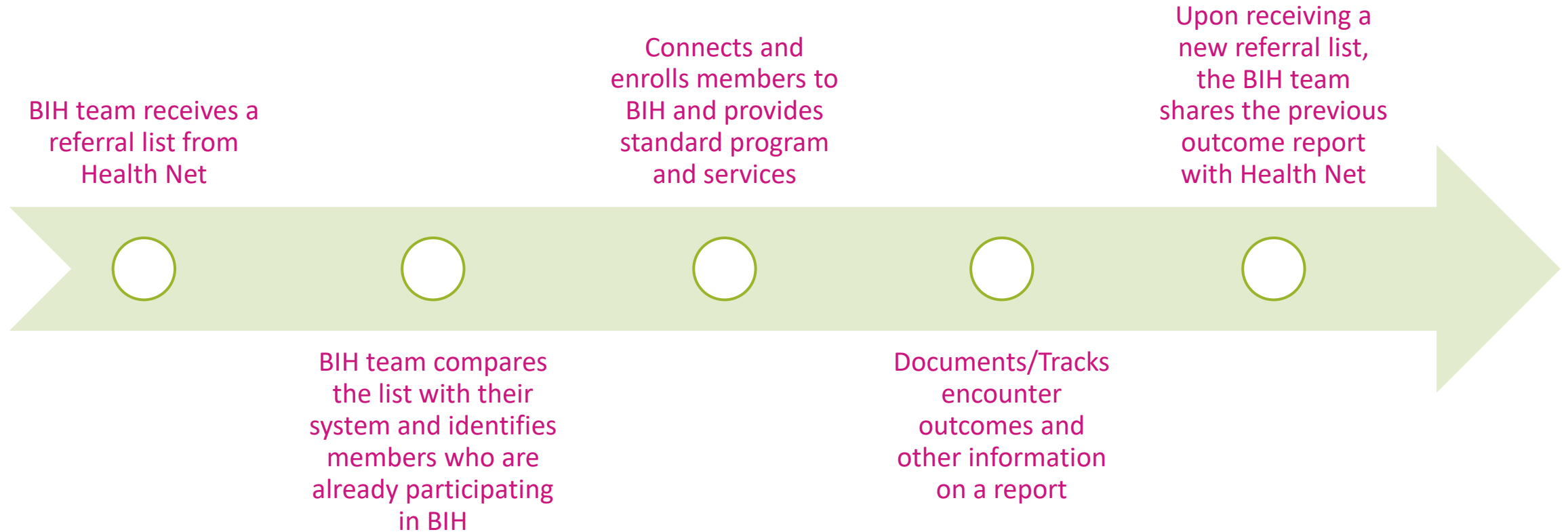
1. Do targeted interventions lead to statistically significant improvement in the percentage of Black or African American children 15 months of age in the 5 Counties that had six or more well-child visits during the remeasurement year.
2. Do targeted interventions lead to statistically significant improvement in the percentage of Black or African American children who complete three or more infant well-care visits within 120 days of life in the 5 Counties during the remeasurement year.

In Collaboration with California Black Infant Health Program



- 1. Connect with the referred Health Net members and provide BIH program services.**
 - Trusted partner to reach members and connect members with resources that meet their needs
 - Trusted partner to help Health Net continue building trust among the Black/African American community, to empower members to advocate for quality care, and to encourage member engagement and participation
- 2. Document encounter outcomes and other tracking outcomes**
 - Scheduling of members clinical appointments, referral source, BIH program enrollment, etc.
 - Member incentives distribution
- 3. Exchange report and other information**
- 4. PIP workgroup meeting**
 - At least one BIH staff from each County attends the workgroup to share findings and discuss barriers
 - Collaborative space to brainstorm future activities and collect feedback

Referral Process



Partnership Flyer



Hello Health Net Members,

The Long Beach Black Infant Health (BIH) Program is partnering with Health Net to support you through pregnancy and 1 year after the birth of your baby.

BIH offers no-cost program services, including:

- ***prenatal and postpartum group activities that will empower you to reduce stress***
- ***one-on-one support and referrals to services or resources to meet your needs***
- ***space to gather with other mothers or birthing people to discuss motherhood and healthy relationships***
- ***access to a team of professionals who honor the history or traditions of Black/African American culture***

To enroll in BIH, please talk to our staff, scan the QR code below to submit an interest form, or call (562) 570-4323.

BIH Enrollment Criteria:

1. Black/African American woman or birthing person,
2. 18 years of age and older, AND
3. Less than 30 weeks pregnant or up to 6 months postpartum.



Milestones and Accomplishments

Milestones and Accomplishments

- Since July 2024, Health Net has referred a total of **164** Black or African American pregnant and postpartum members to BIH Long Beach.
 - At least **17** referred members are enrolled as new BIH participants. The outreach and enrollment are ongoing.
- Since October 2024, member incentives are available and have been distributed to Health Net members who complete a BIH's prenatal or postpartum group class.
- Health Net's BIH participants are grateful for the collaboration and support. The collaborative project has received many positive feedback from members and BIH leadership.



Additional Resources



Implicit Bias Training

- Online course developed by Dr. Sayida Peprah-Wilson
- Meets the requirements of California State Laws
 - AB-1407, AB-241, SB-464
- Register now by scanning the QR code or at <https://drsayida-uplifts.inc.mykajabi.com/offers/jADrx8iV/checkout>
- Available for all Health Net providers and clinic staff at no cost



Strengthening Cultural Humility, Dismantling Implicit Bias in the Healthcare Setting

90-Minute Self-Paced Online Course

Health Net has partnered with Dr. Sayida Peprah-Wilson to provide an on-demand training on implicit bias with a focus on maternal health and perinatal health.

Course Overview

Studies have identified implicit bias as a contributor to disparities in the outcome of marginalized and minority communities. Mitigating implicit bias among providers has been identified as a strategy to improve client/patient-provider communication and service/treatment decisions, contributing to improved quality of care and outcomes.

This training will focus on increasing cultural conscientiousness, sensitivity and humility. It will also broaden participant's awareness of their own implicit biases (subtle, unconscious assumptions about others) and equip them with tools to engage with patients/clients, in more open, respectful and empathetic ways.

Learning Objectives

By the end of this course, participants will be able to:

- Identify implicit and explicit biases
- Define types of biases including confirmation bias, affinity bias and halo effect
- Describe principles of cultural humility and cultural safety
- Practice skills for cross-cultural communication

Course meets the requirements of California State Laws on implicit bias training



AB-1407
Requires nursing schools and programs to include implicit bias training as a core part of their curriculum.



AB-241
Requires implicit bias training for physicians and surgeons.



SB-464
Requires implicit bias training for perinatal care staff at hospitals.

Course also meets the implicit bias training requirements for California Department of Health Care Services (DHCS) Medi-Cal doula providers

REGISTER NOW



presented by
Dr. Sayida Peprah-Wilson

*Psychologist, Doula, and
Founder of Diversity Uplifts, Inc.*

W30-6+ Resources

- **Provider Quality Resources on Children's Health**

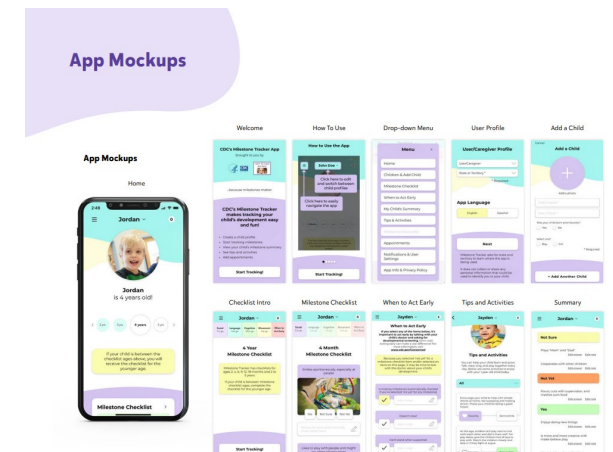
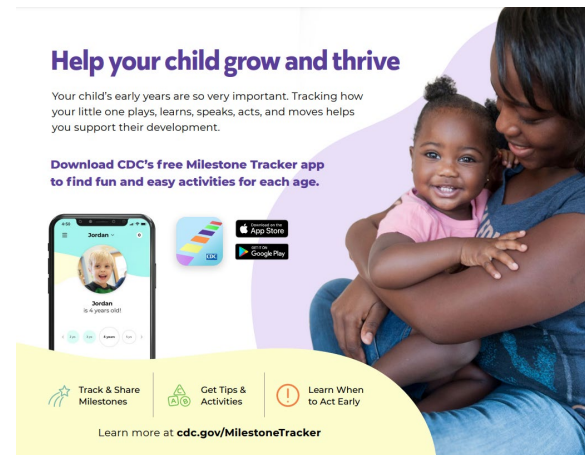
- https://www.healthnet.com/content/healthnet/en_us/providers/working-with-hn/hedis-measure-specifications.html
- Billing codes and best practices are included.

- **Member's Wellness Programs and Resources**

- General: https://www.healthnet.com/en_us/health-and-wellness.html
- Digital Health Education Resources: <https://www.healthnet.com/content/dam/centene/healthnet/pdfs/general/ca/health-wellness/hn-digital-health-ed-resources.pdf>

- **CDC's Milestone Tracker App**

- Free to download on iOS and Android devices in English and Spanish
- Promotional toolkit (printable flyer, poster, web button, etc.) are available
- More information at <https://www.cdc.gov/ncbddd/actearly/milestones-app.html>



California Black Infant Health (BIH) Program (Long Beach)



City of Long Beach Black Infant Health Program

Presented by:
Jasmine Doxey, MPH
and
Angie Dixon-Hamlett, LCSW

January 2025

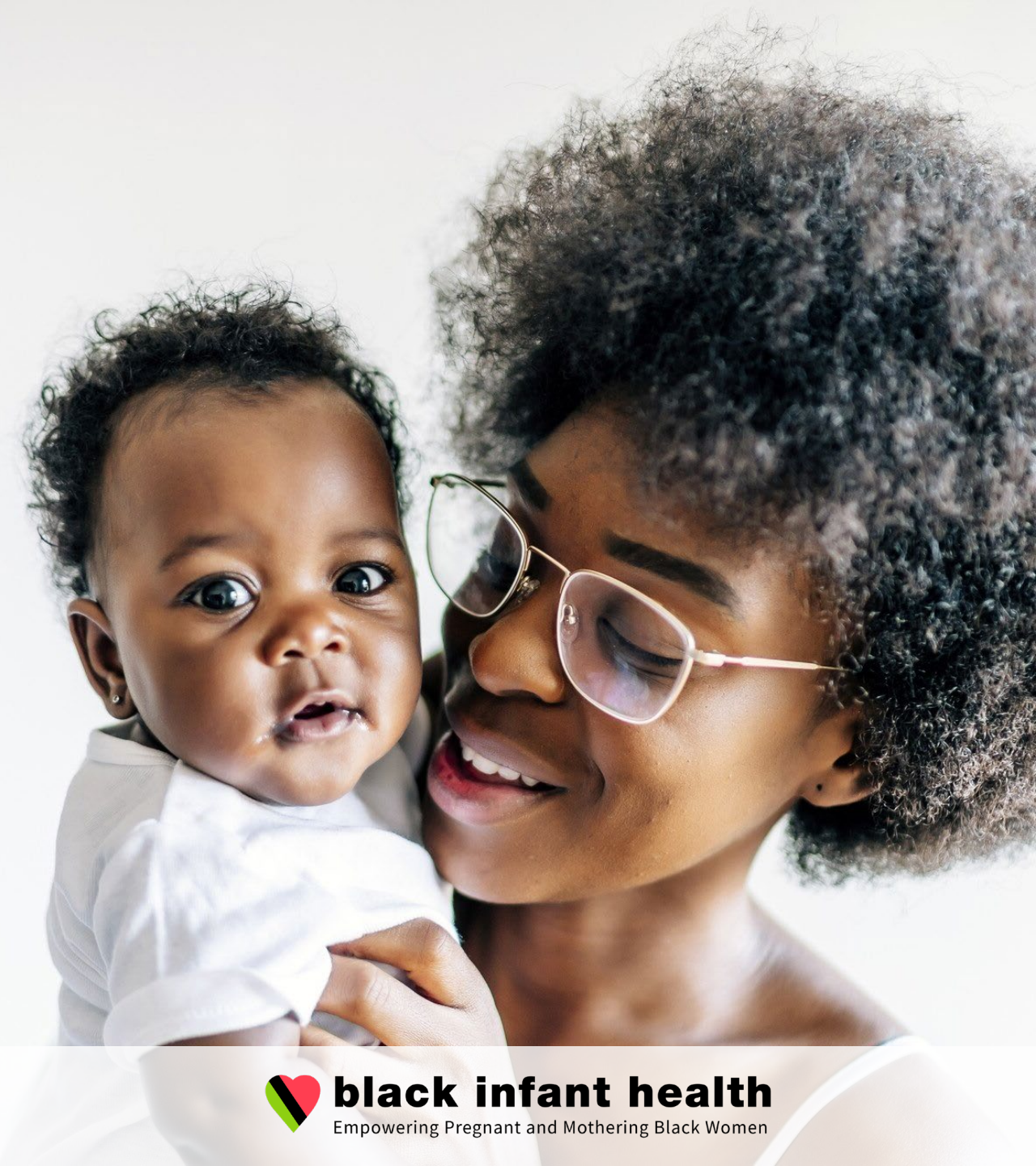


WHY BLACK INFANT HEALTH?

- Infant mortality is a key indicator of population health.
- 30 years of research has shown that increasing access to prenatal care is not “the cure” to African-American infant and maternal mortality.
- California’s Black Infant Health (BIH) Program was developed in 1989 to provide prenatal and postpartum education, case management, and social support and empowerment activities as methods to improve Black birth outcomes..
- Evidence suggests that negative Black birth outcomes may be linked to chronic stress associated with social factors including a history of racial discrimination.
- The current BIH model additionally emphasizes social stressors over a woman’s life-course as contributing factors when addressing adverse birth outcomes.

WHY BLACK INFANT HEALTH?

- Black women are much more likely than White women to die of pregnancy-related complications.
- Black babies have higher rates of infant mortality, low birth weight, and prematurity than any other ethnic group.
- Black babies are more than twice as likely as White babies to die before their first birthdays.
- One in every seven Black infants in California is born too soon and too small.
- Black women at all income levels and social statuses experience worse birth outcomes.



black infant health

Empowering Pregnant and Mothering Black Women

OUR MISSION

**Be Empowered.
Dream Big.**

The California Black Infant Health (BIH) Program aims to improve health among Black/African-American mothers/birthing persons and their babies by empowering pregnant and mothering Black women/birthing persons to make healthy choices for a brighter future.

**Take Care of Your Health:
Reduce Stress & Connect with Others**



OUR MISSION

The BIH Program aims to address the problem of poor birth outcomes affecting Black women and their infants by encouraging a commitment to self-love and healthy living through our group intervention and individual client services.

Our goal is to increase healthy birth outcomes and ultimately improve survival rates for Black infants and mothers/birthing persons.



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Empowering Pregnant and Mothering Black Women

BIH ENROLLMENT REQUIREMENTS

- Must identify as Black/African American
- Black woman/birthing person
- 16 years or older
- Currently pregnant or up to 6 months postpartum
- Living in or delivering baby in the greater Long Beach area or Orange County

The BIH Program focuses exclusively on empowering Black/African American women by connecting them with the vital care and support needed to promote healthy behaviors during pregnancy and continuing after her baby is born.



BIH AND LIFE COURSE PERSPECTIVE

RISK FACTORS

- Fear
- Poverty
- Poor Health

Lack of:

- Love
- Social Support
- Trust Culture
- Wealth
- Equity

Exposure to:

- Violence
- Crime
- Social Disorder
- Racism
- Discrimination
- Profiling

Limited Access to:

- Education/Literacy
- Income/Wealth
- Health Care
- Healthy Food
- Safe Housing
- Fair & Equal Judicial Representation

BLACK/WHITE DISPARITY



PROTECTIVE FACTORS

- Love
- Social Support
- Good Health
- Wealth
- Equity
- Privilege

Access to:

- Education
- Income/Wealth
- Health Care
- Public Safety
- Protection
- Community Resources
- Leisure
- Recreation
- Safe Housing
- Fair & Equal Judicial Representation

BIH PARTICIPANT CORNERSTONES



LOVE



COMMUNITY

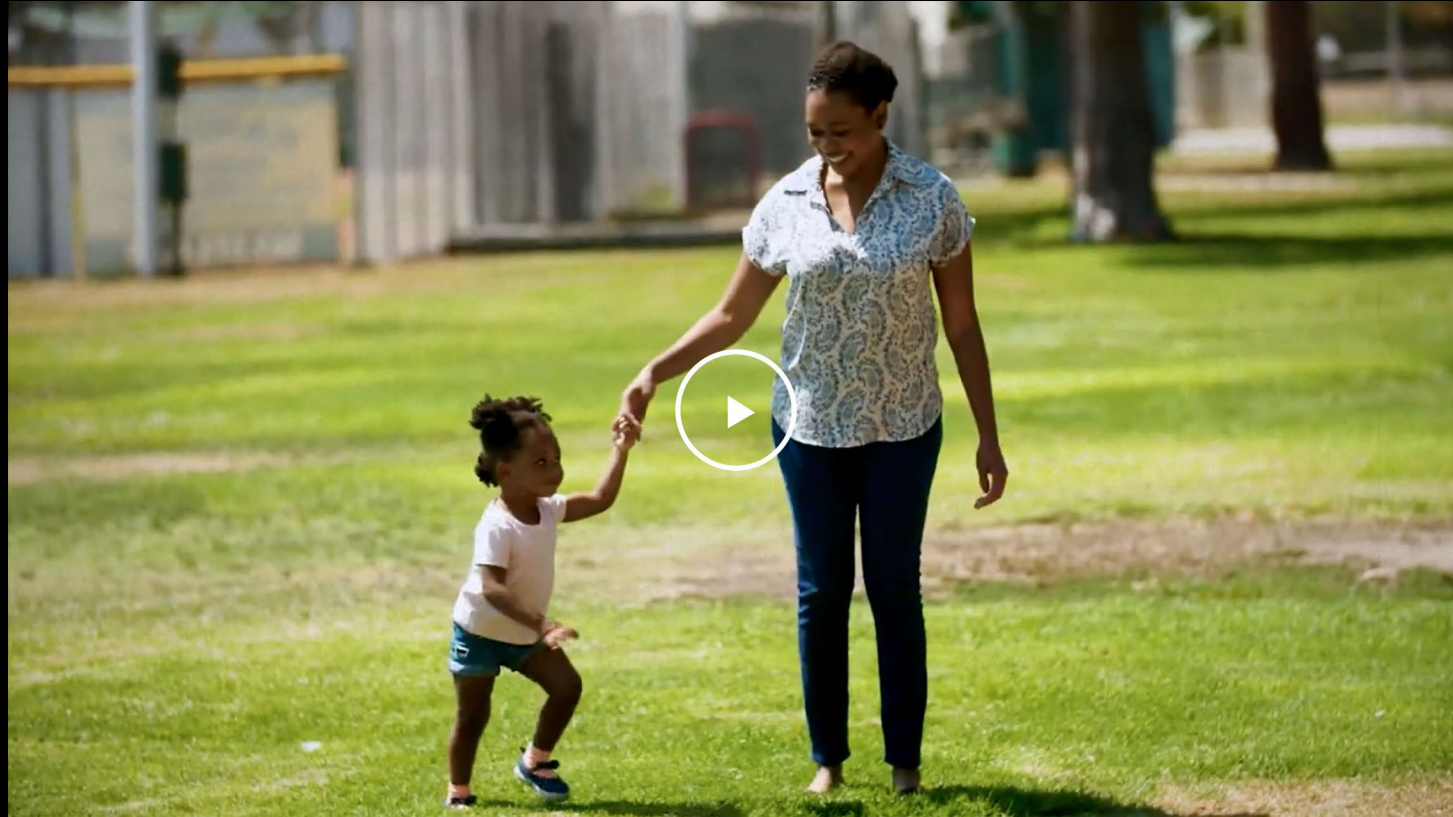


AUTHENTICITY



CONNECTED

HEAR FROM BIH PROGRAM PARTICIPANTS





BIH OFFERS FREE SERVICES

- 20 Intimate Group Sessions or 1:1 Case Management
 - ▶ 10 sessions for pregnant women
 - ▶ 10 more sessions after baby is born
- Transportation Assistance (to and from group sessions & doctor appointments)
- Healthy Meals during each group session
- Incentives and Resources
- Individual Life Planning (to help women/birthing persons plan for her future)
- Health and Family Support Referrals (as needed)
- Support Services from a Public Health Nurse and Social Worker (as needed)
- Doula Support and Referrals

BIH PARTICIPANT GROUP and 1:1 SUPPORT ONLY



BIH PRENATAL / POSTPARTUM TOPICS



BIH OFFERS SPECIALTY WORKSHOPS

Workshops are scheduled based on facilitator availability.

- Breastfeeding/Lactation Education
- Vision Board
- PHN Engagement Workshops
- Child Passenger Safety
- Feminine Hygiene
- Healthy Nutrition
- Financial Literacy
- SIDS/Safe Sleep for Infants
- School Readiness Parent Education
- Stress/Depression Management



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Empowering Pregnant and Mothering Black Women



BIH SPONSORS EVENTS

Community Outreach & Recruitment

Taste of Soul – Los Angeles

Other Various Community Event Tabling

Prenatal and Postpartum Graduation

Monthly Resource Events

Baby/Mom Items, Gift Cards, PPE, Fresh Food, Food Staples, Books, etc.

Holiday Food/Gift Distribution

BIH Public Awareness Campaign Title Sponsorship:

KJLH Women's Health Expo – Long Beach

Black Joy Parade - Oakland





BIH LONG BEACH COLLABORATES

Discrimination and Sociocognitive (DSC) Study

- *Partners with BIH Long Beach to enroll postpartum persons into a study to better understand the link between discrimination and health outcomes.*

HealthNet (LA County) Project Improvement Plan

- *Partners with BIH Long Beach to enroll prenatal and postpartum Health Net members into the Black Infant Health Program.*

UCI Healthy Sleep, Healthy Hearts For Two Study

- *Partners with BIH Long Beach to enroll prenatal persons into a program designed to promote a serene pregnancy and a healthier heart/lifestyle.*

Rooting for Better Health Research Project

- *Partners with BIH Long Beach to enroll early prenatal persons into a project studying the effects of stress on mothers and their babies during pregnancy and after birth through saliva and hair samples.*



black infant health

Empowering Pregnant and Mothering Black Women

GET CONNECTED

Phone: (562) 570-4323

Fax: (562) 570-8187

Email: BlackInfantHealthLB@longbeach.gov

LBDHHS Intranet: <https://longbeach.gov/health/services/directory/black-infant-health/>

BIH Statewide Website: <https://www.blackinfanthealth.org>

(To Enroll, Scroll down to the digital form and select Long Beach, under "location near you", complete the form and click Submit. A BIH team member will contact you)

BIH Statewide Social Media:

Facebook: Black Infant Health California

Instagram: blackinfanthealthca

Twitter: @blackinfant_ca

BIH YouTube Channel: <https://www.youtube.com/@blackinfanthealthcaliforni2470>

FIND US HERE

BIH QR CODE



Take a Moment
and Screenshot
our QR Code

OUR LOCATION

Miller Family Health Education Center

3820 Cherry Avenue

Long Beach CA 90807

OUR BIH LONG BEACH TEAM

Gwendolyn Manning | (562) 570-4417 | Program Coordinator

Angela Dixon-Hamlett, LCSW | (562) 570-4325 | Program Supervisor/Mental Health Professional

Danielle McIntosh | (562) 570-1752 | Public Health Nurse

Wendy Hurwit | (562) 570-4323 | Data Lead/Group Facilitator

Stephanie Fields | (562) 570-4525 | Family Health Advocate/Group Facilitator

Kurshawnda Harris | (562) 570-4410 | Family Health Advocate/Group Facilitator

Jasmine Doxey | (562) 570-4528 | Family Health Advocate/Group Facilitator

Kylie Pham | (562) 570-4501 | Community Outreach Liaison/Group Facilitator

Adrienna Alexander | (562) 570-4327 | CSUDH Social Worker Student Intern

Jasmine Pollard | (562) 570-4418 | CSUDH Social Worker Student Intern

Nancy Riano, RN, PHN | (562) 570-4254 | MCAH Director / Nursing Services Officer



BLACK INFANT HEALTH

There is no greater joy than giving birth to a healthy baby. BIH offers a variety of FREE services to Black pregnant/postpartum women and birthing persons-- within a safe, culturally affirming "Sister Circle" or a nurturing one-on-one setting. We believe when Black women receive the support they need for a healthy birth, we pave the way for a healthier Black family and community. We welcome you to begin your motherhood journey with our BIH Circle of Support.

Thank You!

blackinfanthealth.org



**black
infant
health** 
Empowering Pregnant and
Mothering Black Women



Q&A

Thank You!

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