



Collaborative Partnership in Sacramento County

1/30/2025

Health Net Community Solutions and California Black Infant Health Program



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Announcement

Announcement

- Everyone is muted upon joining and will be muted throughout the event.
- Please use the chat (if available) or Q&A tool to ask questions or to provide comments/feedback.
- Today's presentation will be shared after the webinar. You can also find a copy of the presentation on the Provider Portal.
- Thank you for your time attending the webinar today.

Agenda

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1. Health Net Community Solutions W30-6+ Performance Improvement Project (PIP) and Activities Presentation – 10 minutes
2. California Black Infant Health Program's Presentation – 35 minutes
3. Q&A – 15 minutes

Performance Improvement Project and Activities

What is Performance Improvement Project (PIP)?

- Medi-Cal Managed Care Plan (MCMCs) **are required** to conduct or participate in a minimum of two PIPs per year. DHCS provides guidance to each MCMC on topic selection.
- A PIP is a focused effort to improve specific administrative or clinical performance to improve access to and quality of MCMC Plan.
- PIP must utilize the outcome-focused improvement strategies and must be documented and submitted on forms/reports supplied by the Health Services Advisory Group (HSAG), the California Department of Health Care Services (DHCS)' external quality review organization (EQRO).

PIP Topic



- ❖ DHCS has assigned to Health Net (HN) for the 2023-2026 Performance Improvement Project the topic of: **Infant Well Care Visits specifically focusing on improvements in the Black or African American population.**
- ❖ The HEDIS[®] measure is Well-Child Visits in the First 30 Months of Life – Well-Child Visits in the First 15 Months. Children who turned 15 months old during the measurement year: Six or more well-child visits (W30-6+). The population of focus is **Black or African American infants in the W30-6+ denominator** in 5 Counties: Sacramento, San Joaquin, Stanislaus, Tulare, and Los Angeles.

Statewide W30-6+ Rates Among Race/Ethnicity (MY2023)

Health Net Five Counties - Final MV2023			
Race/Ethnicity	Six or more wellchild visits by fifteen months of life		
	Y	Total	Rate%
American Indian or Alaska Native**	9	21	42.9%
Asian	279	478	58.4%
Black/African American	201	570	35.3%
Hispanic*	2,963	5,351	55.4%
Native Hawaiian or Other Pacific Islander**	9	25	36.0%
Other	172	304	56.6%
Unknown	234	499	46.9%
White	338	716	47.2%
Total	4,205	7,964	52.8%



Statewide 3x120 Rates Among Race/Ethnicity (MY2023)

Health Net Five Counties - Final MV2023			
Race/Ethnicity	Three or more wellchild visits by 120 days of life		
	Y	Total	Rate%
American Indian or Alaska Native**	8	20	40.0%
Asian	170	425	40.0%
Black/African American	146	481	30.4%
Hispanic*	1,962	4,673	42.0%
Native Hawaiian or Other Pacific Islander**	8	24	33.3%
Other	144	304	47.4%
Unknown	95	224	42.4%
White	237	628	37.7%
Total	4,205	7,964	52.8%



MY2023 W30-6+ Rates in Sacramento County

Race/Ethnicity	DEN	NUM	Rate	
Hispanic	334	212	63.47%	
Asian	189	129	68.25%	
White	182	95	52.20%	
Black	133	54	40.60%	
Two or More Races	120	65	54.17%	
Other	50	33	66.00%	
Unknown	41	22	53.66%	
Native Hawaiian or Other Pacific Islander	5	3	60.00%	Benchmark Rate
American Indian or Alaska Native	3	1	33.33%	58.38%

PIP Aim Statements

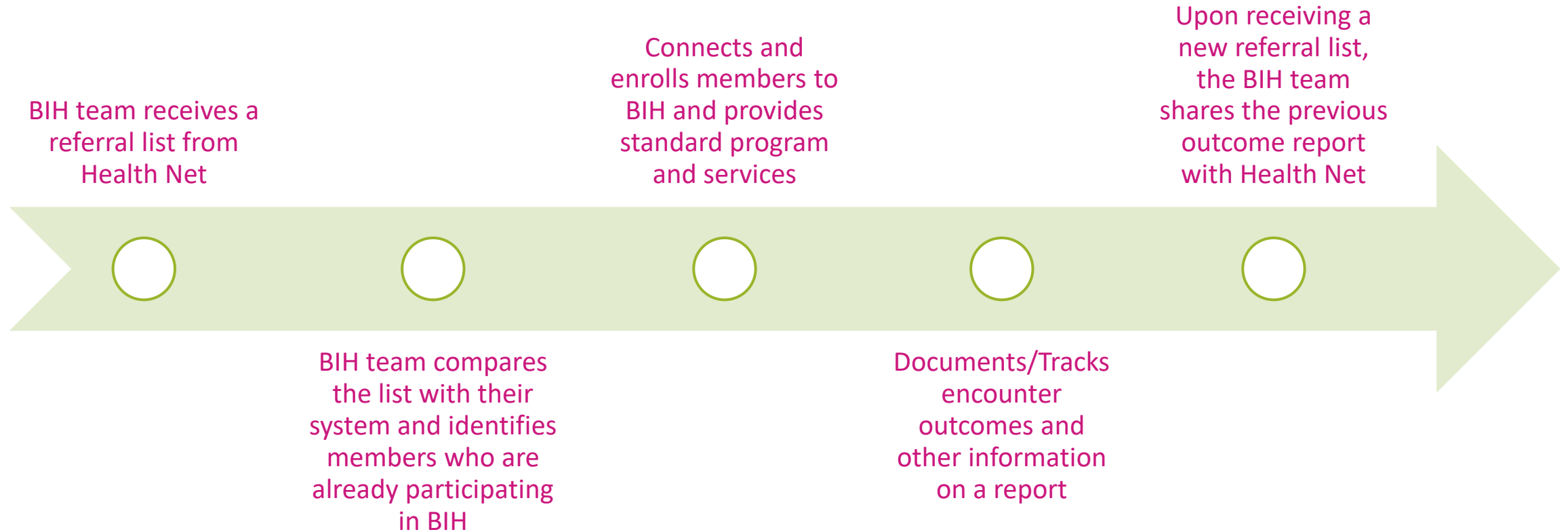
1. Do targeted interventions lead to statistically significant improvement in the percentage of Black or African American children 15 months of age in the 5 Counties that had six or more well-child visits during the remeasurement year.
2. Do targeted interventions lead to statistically significant improvement in the percentage of Black or African American children who complete three or more infant well-care visits within 120 days of life in the 5 Counties during the remeasurement year.

In Collaboration with California Black Infant Health Program



- 1. Connect with the referred Health Net members and provide BIH program services.**
 - Trusted partner to reach members and connect members with resources that meet their needs
 - Trusted partner to help Health Net continue building trust among the Black/African American community, to empower members to advocate for quality care, and to encourage member engagement and participation
- 2. Document encounter outcomes and other tracking outcomes**
 - Scheduling of members clinical appointments, referral source, BIH program enrollment, etc.
 - Member incentives distribution
- 3. Exchange report and other information**
- 4. PIP workgroup meeting**
 - At least one BIH staff from each County attends the workgroup to share findings and discuss barriers
 - Collaborative space to brainstorm future activities and collect feedback

Referral Process



Partnership Flyer



Hello Health Net Members,

The Sacramento County Black Infant Health (BIH) Program is partnering with Health Net to support you through pregnancy and 1 year after the birth of your baby.

BIH offers no-cost program services, including:

- ***prenatal and postpartum group activities that will empower you to reduce stress***
- ***one-on-one support and referrals to services or resources to meet your needs***
- ***space to gather with other mothers or birthing people to discuss motherhood and healthy relationships***
- ***access to a team of professionals who honor the history or traditions of Black/African American culture***

To enroll in BIH, please talk to our clinic staff, scan the QR code below to submit an interest form, or call 916-875-2229.

BIH Enrollment Criteria:

1. Black/African American woman or birthing person,
2. 16 years of age and older, AND
3. Less than 30 weeks pregnant or up to 6 months postpartum.



Milestones and Accomplishments

Milestones and Accomplishments

- Since July 2024, Health Net has referred a total of **264** Black or African American pregnant and postpartum members to BIH Sacramento.
 - At least **26** referred members are enrolled as new BIH participants. The outreach and enrollment are ongoing.
- Since October 2024, member incentives are available and have been distributed to Health Net members who complete a BIH's prenatal or postpartum group class.
- Health Net's BIH participants are grateful for the collaboration and support. The collaborative project has received many positive feedback from members and BIH leadership.

Additional Resources



Implicit Bias Training

- Online course developed by Dr. Sayida Peprah-Wilson
- Meets the requirements of California State Laws
 - AB-1407, AB-241, SB-464
- Register now by scanning the QR code or at <https://drsayida-uplifts.inc.mykajabi.com/offers/jADrx8iV/checkout>
- Available for all Health Net providers and clinic staff at no cost



Strengthening Cultural Humility, Dismantling Implicit Bias in the Healthcare Setting

90-Minute Self-Paced Online Course

Health Net has partnered with Dr. Sayida Peprah-Wilson to provide an on-demand training on implicit bias with a focus on maternal health and perinatal health.

Course Overview

Studies have identified implicit bias as a contributor to disparities in the outcome of marginalized and minority communities. Mitigating implicit bias among providers has been identified as a strategy to improve client/patient-provider communication and service/treatment decisions, contributing to improved quality of care and outcomes.

This training will focus on increasing cultural conscientiousness, sensitivity and humility. It will also broaden participant's awareness of their own implicit biases (subtle, unconscious assumptions about others) and equip them with tools to engage with patients/clients, in more open, respectful and empathetic ways.

Learning Objectives

By the end of this course, participants will be able to:

- Identify implicit and explicit biases
- Define types of biases including confirmation bias, affinity bias and halo effect
- Describe principles of cultural humility and cultural safety
- Practice skills for cross-cultural communication

Course meets the requirements of California State Laws on implicit bias training



AB-1407

Requires nursing schools and programs to include implicit bias training as a core part of their curriculum.



AB-241

Requires implicit bias training for physicians and surgeons.



SB-464

Requires implicit bias training for perinatal care staff at hospitals.

Course also meets the implicit bias training requirements for California Department of Health Care Services (DHCS) Medi-Cal doula providers

REGISTER NOW



presented by
Dr. Sayida Peprah-Wilson

*Psychologist, Doula, and
Founder of Diversity Uplifts, Inc.*

W30-6+ Resources

- **Provider Quality Resources on Children's Health**

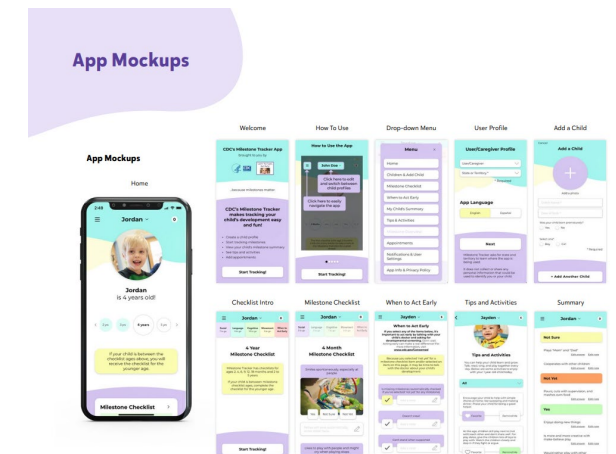
- https://www.healthnet.com/content/healthnet/en_us/providers/working-with-hn/hedis-measure-specifications.html
- Billing codes and best practices are included.

- **Member's Wellness Programs and Resources**

- General: https://www.healthnet.com/en_us/health-and-wellness.html
- Digital Health Education Resources: <https://www.healthnet.com/content/dam/centene/healthnet/pdfs/general/ca/health-wellness/hn-digital-health-ed-resources.pdf>

- **CDC's Milestone Tracker App**

- Free to download on iOS and Android devices in English and Spanish
- Promotional toolkit (printable flyer, poster, web button, etc.) are available
- More information at <https://www.cdc.gov/ncbddd/actearly/milestones-app.html>



California Black Infant Health (BIH) Program (Sacramento County)

Empowering Black Birthing People

Program Focus

BIH addresses the problem of poor birth outcomes and health inequities affecting Black birthing people and their infants:

- Chronic Stress
- Social Isolation
- Limited access to services
- Racial Inequities
- Economic Hardship
- Disempowered communities

Program Model

Group intervention plus enhanced 1:1 supportive services designed to:

- Identify their strengths
- Address their health and social needs and concerns
- Bolster social support and reduce isolation
- Provide health education
- Refer women to appropriate services

BIH Goals: The Hallmark of the Program



- ▶ Improve infant and maternal health of Black Birthing People by promoting health knowledge and healthy behaviors
- ▶ Increase the ability of Black Birthing People to develop effective stress reduction strategies
- ▶ Decrease Black-White health disparities and social inequities for Black Birthing People and infants
- ▶ Empower Black Birthing People and build resiliency
- ▶ Promote social support and healthy relationships
- ▶ Connect Black Birthing People with services
- ▶ Engage the community to support Black Birthing families' health and well-being with education and outreach efforts

Why is BIH Important?

Health Disparities:

- Black infants are twice as likely to die before their first birthday compared to white infants.
- Black mothers experience higher rates of pregnancy-related complications and deaths.

Root Causes:

- Systemic inequities, racism in healthcare, and lack of culturally responsive care.

Critical Role of BIH:

- Provides advocacy, education, and tailored interventions to address these disparities.

Our Unique Focus

Reducing Stress to improve overall health for participants and their families

- ▶ Stress Reduction Exercises
- ▶ Practicing Gratitude
- ▶ Learning Strategies for Health Nutrition and physical activity

Social Support to buffer the negative effects of stress

- ▶ Encouraging black birthing individuals to develop and sustain supportive and strong social connections
- ▶ Developing more effective interpersonal skills

Empowerment to make and sustain health-promoting choices

- ▶ Learning how to set and achieve personally meaningful goals
- ▶ Building awareness of personal strengths
- ▶ Developing stronger positive connections to their cultural heritage
- ▶ Making progress toward positive behavior change.

Key Program Components

Prenatal and Postpartum Support:

- Education on nutrition, infant safe sleep practices, breastfeeding, and maternal health.

Social Support Groups:

- Creating a safe space for Black birthing people to share experiences, build community, and reduce isolation.

Individual Case Management:

- One-on-one guidance on accessing healthcare, housing, and other essential services.

Who is Eligible for BIH

Eligibility Criteria:

- **Self-Identification:** Must identify as African American or Black.
- **Pregnancy Status:**
 - Pregnant or within 6 months postpartum.
- **Residency:** Must reside in Sacramento or surrounding areas.
- **Age Range:** 16 years and older (age limits may vary by program).
- **Willingness to Participate:** Open to group-based sessions and/or case management support.

How Medical Providers Can Support BIH

1

Connect eligible mothers to the BIH program early during prenatal care.

2

Partner with BIH to integrate culturally appropriate practices in care.

3

Promote awareness of disparities in maternal and infant health among colleagues.

The Impact of BIH

Improved Health Outcomes

- Increased prenatal care visits and safe sleep practices.
- Reduced preterm births and low birth weight among participants.

Empowered Black Birthing People:

- Equipping black birthing individuals with knowledge, tools, and community support to navigate motherhood confidently.



Questions

Contact Information & Referrals

Make Referrals to Sacramento County BIH:

- **Online Enrollment Form:**
<https://blackinfanthealth.org/enroll/>
- **Referral Form Available:**
 - An online fillable referral form can be completed.
<https://dhs.saccounty.gov/PUB/Documents/Maternal-Child-Adolescent-Health/Universal%20Nuring%20Referral%20Form%20fillable.pdf>
 - Detailed instructions for submitting the form are included within the document to ensure it reaches the appropriate team.



Thank you

Sacramento County Maternal, Child, and Adolescent Health Programs:

Nurse Family Partnership (NFP)
African American Perinatal
Health Program (AAPH)
Community Nursing

Leesa Hooks, Sacramento County MCAH Director

Nkechi Michel, MCAH Program Planner



African American Perinatal Health Program (AAPH)

- Public Health Nurse home visitation program from pregnancy through the child's first birthday.
- Designed to improve birth outcomes for African American women to decrease infant sleep-related deaths, low birth weight and preterm birth

African American Perinatal Health Program (Cont'd)



PHN Home Visits help with:

- Maternal & infant assessments
- Mother's personal health
- Life course development
- Promoting quality prenatal care
- Providing postpartum support and education
- Chronic disease management
- Mother-child bonding
- Linkages to community resources



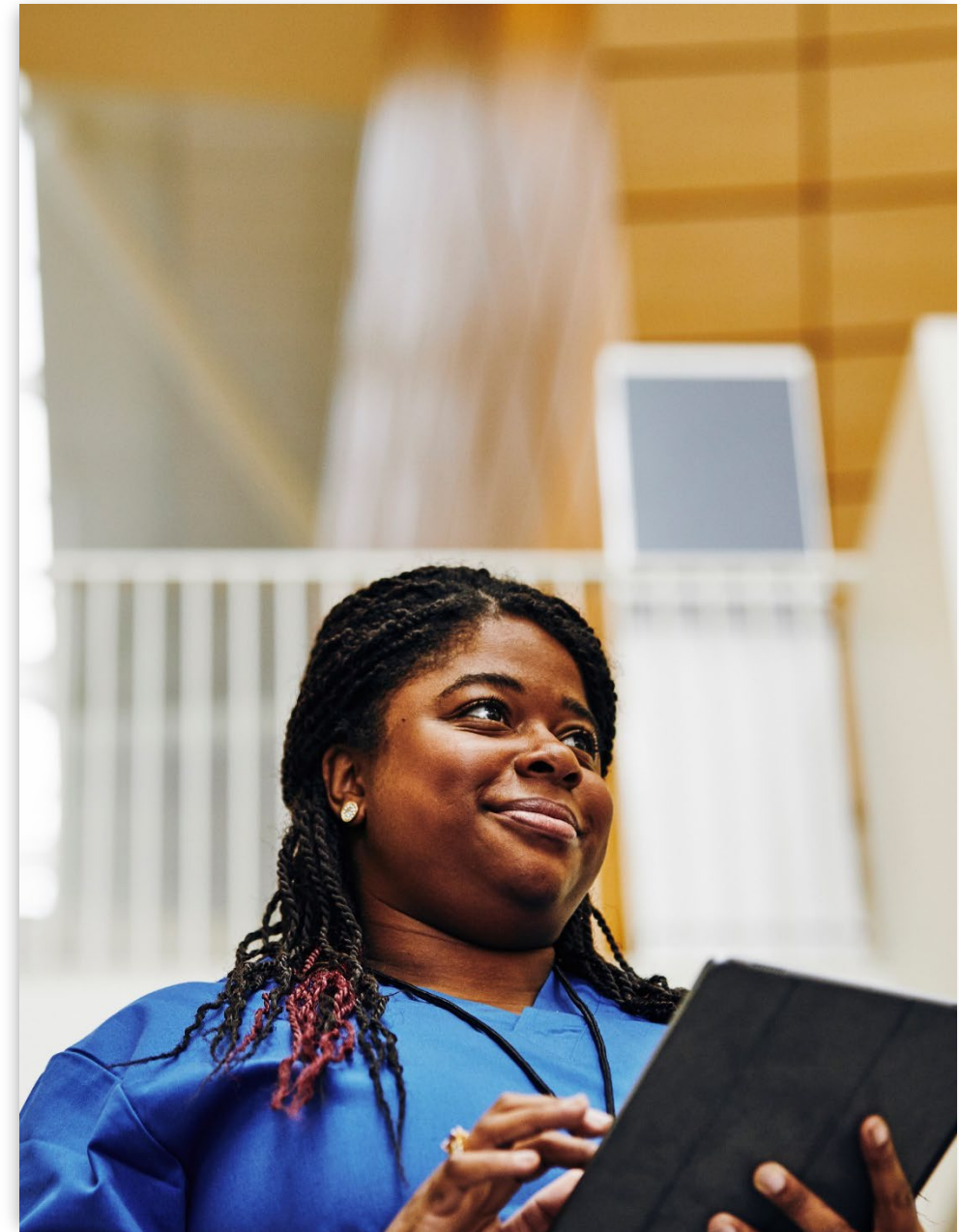
- Improve Pregnancy Outcomes
- Improve Child Health and Development
- Improve Economic Self-Sufficiency of the Family
- Pregnancy (< 28 weeks GA) through age 2
- Early experience influence the developing brain

Community Nursing

Families with children ages 0-18 with high-risk medical conditions, developmental delays, parent/child bonding concerns, etc.

Addresses pregnancy and childbirth related issues

At risk families that are high utilizers of the medical system and/or have barriers to accessing care



SACRAMENTO COUNTY



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Summary

Nurse home visiting programs provide essential perinatal services for at-risk women and children.

PHNs in these programs work with families to aim to increase adherence to well-child visits and immunization schedules.



SACRAMENTO COUNTY



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Thank You!



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SACRAMENTO COUNTY



**PUBLIC
HEALTH**

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Q&A

Thank You!

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