

# Help Patients Get the Right Behavioral Health Treatment through MHN

You may need to refer a patient to MHN, Health Net's\* behavioral health administrator, as part of their treatment plan. Use these tips to coordinate care and help your patients get the right care.

## Encourage patients to access their behavioral health services

Actions for you and the patient ...	Talk with patients about contacting MHN ...
Partner with the patient to call MHN's customer service number during an office visit.	<i>"Let's call MHN together to find a provider that fits what you need."</i>
Let patients know they can call MHN directly to get a list of available providers, including the best telehealth options.	<i>"MHN's customer service can help you find a behavioral health provider or specialist. They can also help review telehealth choices."</i>
Find an MHN network provider through their online directory.	<i>"MHN's website can help you choose a provider – even one with telehealth service."</i>



## Assure your patients that MHN works with county agencies

The California Department of Healthcare Services Mental Health Services Division oversees county mental health plans. Each county provides access to specialty mental health services and substance use disorder (SUD) services (also known as chemical dependency services). These Medi-Cal specialty and SUD services are excluded from Health Net's coverage responsibilities. For Medi-Cal members with a severe level of impairment and/or SUD, MHN can help you and your patient by working with the county agencies to get patients the right mental health or SUD care that's needed.

## Share information to improve treatment results

- Share medical records with the patient's behavioral health provider.
- When referring a patient to a behavioral health provider, share if the patient has any of the following:
  - A medical condition that could impact behavioral health treatment.
  - Lab test results that could impact a reaction to certain medications.
  - Responses to brief interventions.

(continued)

- Ensure you have a signed consent form to redisclose patient information to the designated behavioral health specialist and MHN. Give a signed copy of the document(s) to the patient, or the patient’s parental or legal guardian.
- Ask the behavioral health specialist to share necessary information with you. This supports a comprehensive treatment plan.

## Access the MHN provider directory

- Visit [www.mhn.com/find-a-provider.html](http://www.mhn.com/find-a-provider.html).
- Check the Health Net Plan that applies, then click *Next*.
- Choose one of three search options shown in the table below:

Telehealth	Distance	Provider Attributes and Location
<ul style="list-style-type: none"> <li>• For telehealth options, check the box next to ‘Search by Telehealth.’</li> <li>• For a specific telehealth option (listed below), enter the name in ‘Last Name, Group or Facility Name.’</li> <li>• Finally, check ‘View Search Results.’</li> </ul>	<ul style="list-style-type: none"> <li>• Search by Distance, Address, City, or State and Zip Code.</li> <li>• If you want telehealth options, check the box next to ‘Provides Telehealth Service.’</li> <li>• Finally, check ‘View Search Results.’</li> </ul>	<ul style="list-style-type: none"> <li>• Search by Last Name, Group or Facility Name, National Provider Identifier (NPI), License Number, Admitting Facility, Area code, Address, City, State and Zip Code, and County.</li> <li>• Finally, check ‘View Search Results.’</li> </ul>

## Telehealth services at-a-glance

Telehealth options <sup>1</sup>	Commercial <sup>2</sup> / Marketplace	Cal MediConnect	Medi-Cal	Ages served	SUD <sup>3</sup> Treatment
California Telemedicine Associates, PC (Babylon)	✓		✓	18+	No
Telehealthdocs	✓	✓	✓	10+	No
Telemed2u	✓		✓	6+	No
Inpathy®	✓		✓	6+	Call to confirm
HealthLink Now	✓		✓	6+	Call to confirm
Bright Heart Health, Inc				18+	Yes, and pain management
Bright Heart Health Medical Group			✓	18+	Yes, and pain management
Octave Behavioral Health	✓			18+	Yes
Daybreak Health	✓		✓	12–19	No

<sup>1</sup>All telehealth options use Zoom for online video medical appointments except Inpathy, which uses Athena.

<sup>2</sup>Commercial plans: HMO, POS, HSP, PPO, EPO.

<sup>3</sup>SUD – Substance use disorder. This column applies to Commercial/Marketplace only.

\*Health Net of California, Inc., Health Net Community Solutions, Inc., Health Net Life Insurance Company, and Managed Health Network, LLC are subsidiaries of Health Net, LLC and Centene Corporation. The MHN family of companies includes Managed Health Network and MHN Services, LLC (MHN). Health Net and MHN are registered service marks of Health Net, LLC. All other identified trademarks/ service marks remain the property of their respective companies. All rights reserved.



## How to contact MHN

- **24/7 telephonic crisis support: 800-322-9707.**
- **Referrals (including telehealth) or help getting an appointment, if needed: 888-327-0010.**
- **For interpreter or language assistance: 888-426-0023.**