

# Maximize Patient Wellness with Annual Preventive Care

# Ensure members receive the care they need and keep them on track for better health outcomes

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Members are covered for	Codes	
Annual wellness visit (AWV) This unique-to-Medicare visit allows you and your patient to meet and discuss their health to create a personalized prevention plan.	1 per calendar year	G0438, G0439 <sup>1</sup>
Routine physical exam (RPE) This Medicare Advantage supplemental benefit is a comprehensive physical examination to screen for disease and promote preventive care.	1 per calendar year	99381-99387¹ (new patient) 99391-99397² (established patient)
Outpatient office visit	1 per calendar year	99203-99205² (new patient) 99213-99215² (established patient)

 $<sup>^{\</sup>rm 1}$  Contracted Federally Qualified Health Centers must include G0468 when billing AWV.

# Topics to discuss during your patient's AWV:

Make sure the services listed below are billed with the right codes. Use the correct CPT II code, ICD 10 code, and CPT/HCPCS code for each service completed at the visit. (I.E. pain assessments, medication reviews, etc.)

- Update the member's medical record: including demographics, other treating providers and family history.
- Conduct a social determinants of health assessment.
- Discuss advanced care planning.
- Screen for cognitive impairment, including depression, mental wellness and emotional health.
- Conduct medication reconciliation and extendedday fill opportunities (mail order or 90 days at retail).
- Complete pain and functional assessments; include use of durable medical equipment.
- · Assess bladder leakage and care options.

- Create a preventive screening schedule and refer members for tests, labs, X-rays (eye exams, colonoscopy, mammograms), counseling and care programs.
- Complete the health risk assessment, including functional abilities, activities of daily living, instrumental ADLs, and create an action plan.
- Create patient's list of balance/fall risk factors and conditions; include interventions and treatment options.
- Check routine measurements: height, weight, blood pressure, etc.
- Review current opioid prescription and screen for potential substance use disorders.

<sup>&</sup>lt;sup>2</sup> Can be billed with the AWV with a modifier 25.

# Topics to discuss during your patient's RPE:

Health history

Vital signs

Heart, lung, head/neck, abdominal, neurological, dermatological, extremities and gender specific exam.

## Quick reference - Medicare Advantage care

#### For people with diabetes

- · Annual diabetic retinal eye exam.
- Review adherence to diabetes medications (consider 90-day fills for maintenance medications) and evaluate the addition of a statin to help prevent heart and blood vessel diseases.
- · Blood pressure monitoring.
- Testing and control of HbA1c.
- · Kidney function tests.
- · Medical attention for nephropathy.

#### Important cancer screenings

- Colon cancer screening (colonoscopy, fit DNA test, Cologuard).
- · Breast cancer screening.
- · Prostate cancer screening.
- · Lung cancer screening.

#### As needed

Osteoporosis screening and management after fracture.

#### Care for older adults

- Medication review and reconciliation by physician or other provider.
- Functional status assessment.
- Pain assessment.
- · Advance care planning.
- · Depression screening.

#### **Adult Vaccinations**

- COVID-19 initial and follow-up.
- Influenza yearly.
- Pneumococcal one time (may need booster).
- Meningococcal.
- Tetanus, diphtheria, pertussis (Td/Tdap).
- · Zoster (shingles).
- · Hepatitis A.
- · Hepatitis B.

## Tips to ensure healthy outcomes

- Always share tests and screenings results with members, and discuss how they can access them via a patient portal.
- Be sure to submit all applicable conditions, via ICD 10 codes.
- Leverage CPT category II codes to ensure outcomes in order to reduce chart collection events.

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