

# Health Net Community Resource Center

Located inside the



Greater Sacramento  
Urban League

Transforming the Health of the Community, One Person at a Time

HEALTH AND WELLNESS CLASSES, SERVICES AND MORE  
FREE AND OPEN TO ALL!

## April 2020 Calendar of Services and Events

### Walk in Services

- ✚ Change Primary Care Physicians
- ✚ Schedule Doctor Appointments
- ✚ Set up Transportation and/or Interpreter Services
- ✚ Connect to Disease Management, Case Management, and other Member Programs
- ✚ Explain Health Plan and/or Provider Correspondence
- ✚ Understand Health Benefits
- ✚ Fill out Medi-Cal Redetermination Paperwork
- ✚ Assist with Billing Inquiries and Accept Premium Payments
- ✚ Referral Assistance to Community Programs and Social Services

Tuesday	April 14	10-2 PM	Blood Pressure & Glucose Screenings	FREE for the whole community.
Wednesday	April 15	1-2 PM	Sex Education Workshop by Family Practice Associates	FREE for the whole community.
Thursday	April 16	10-12 PM	Haircuts and Manicures by Paul Mitchell School	FREE for the whole community

Call 916 309-2099 for more information!

#### Location:

3725 Marysville Blvd.  
Suite 130 & 160  
Sacramento, CA 95838  
(916) 309-2099

#### Hours:

Monday – Friday  
8:00 a.m. – 5:00 p.m.  
Closed for lunch 12-1 PM  
[www.healthnet.com](http://www.healthnet.com)  
[www.hndental.com](http://www.hndental.com)

#### Space is limited

(First come, first serve).  
Classes are subject to change, re-scheduling or cancellation without notice.

