

LA County Coordinated Care Initiative Quarterly Stakeholder Workgroup



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Lourdes Birba
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January 20, 2016**

Agenda

- A. Delivering Coordinated Care
- B. Overview of Health Net's Care Coordination Process
- C. How the CCI enables the delivery of Coordinated Care
- D. Approach for Using Data to Facilitate Care Coordination
- E. Focus on Improving Member Engagement
- F. Member Impact
- G. Questions and Discussion



Delivering Coordinated Care

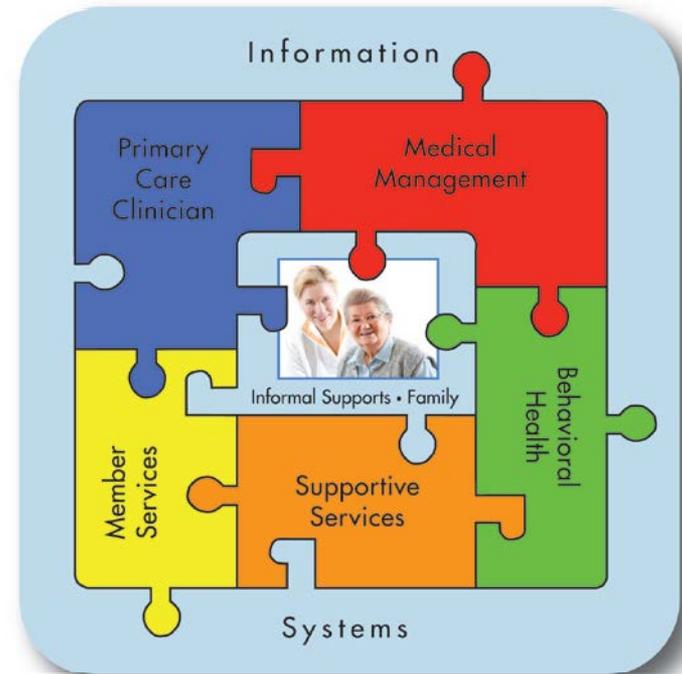


Delivering on the Care Coordination Promise

The current fragmented delivery of care leads to

- Beneficiary confusion
- Poor care coordination
- Inappropriate utilization
- Unnecessary costs.

A Person-Centered Approach, delivered in a Managed Care environment, aims to improve the coordination of care, minimize beneficiary confusion, and ensure that the best care is delivered in the most appropriate setting

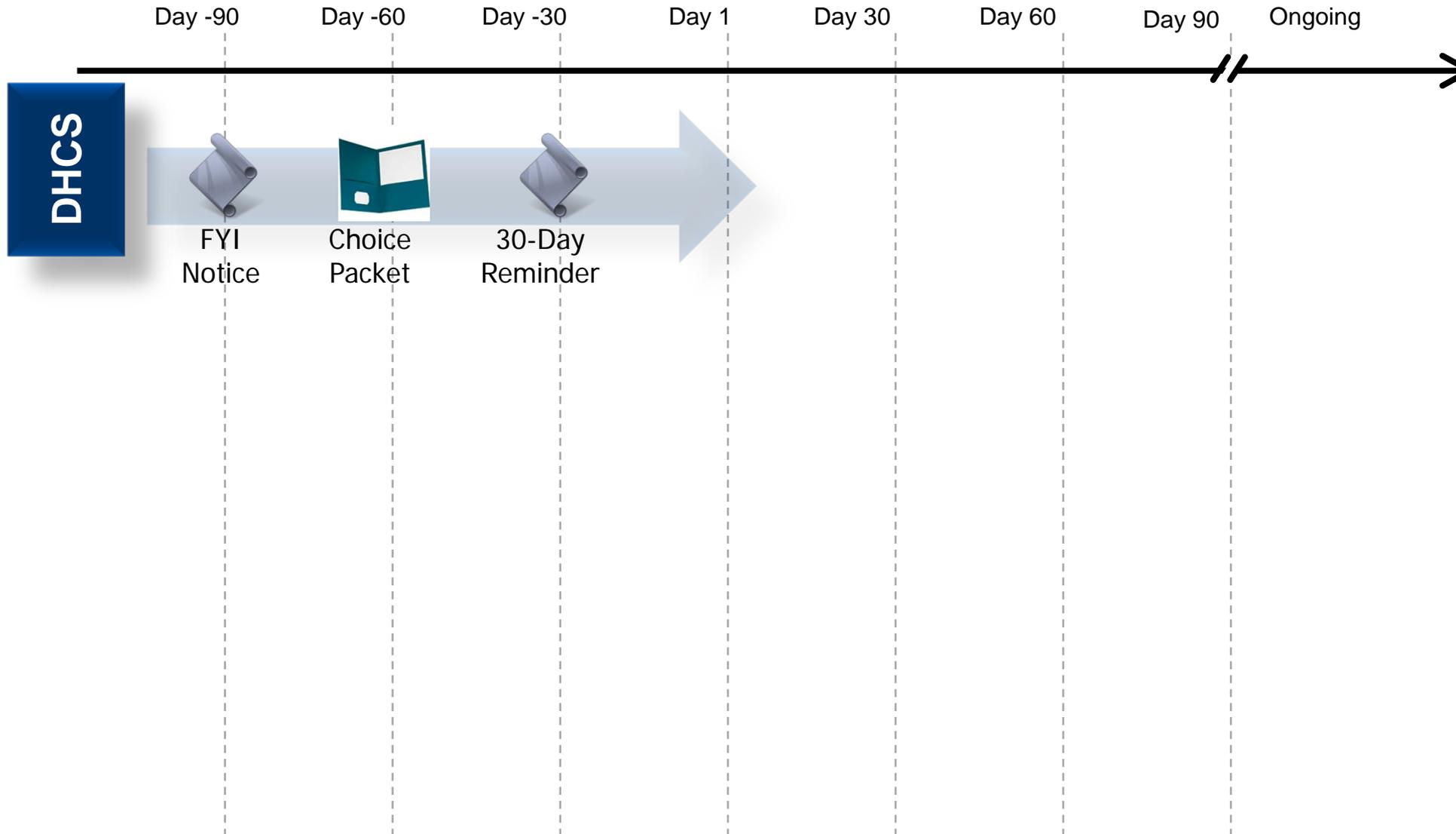


From: Burwell and Saucier. *Care Management Practices in Integrated Care Models for Dual Eligibles*. AARP, 2010.

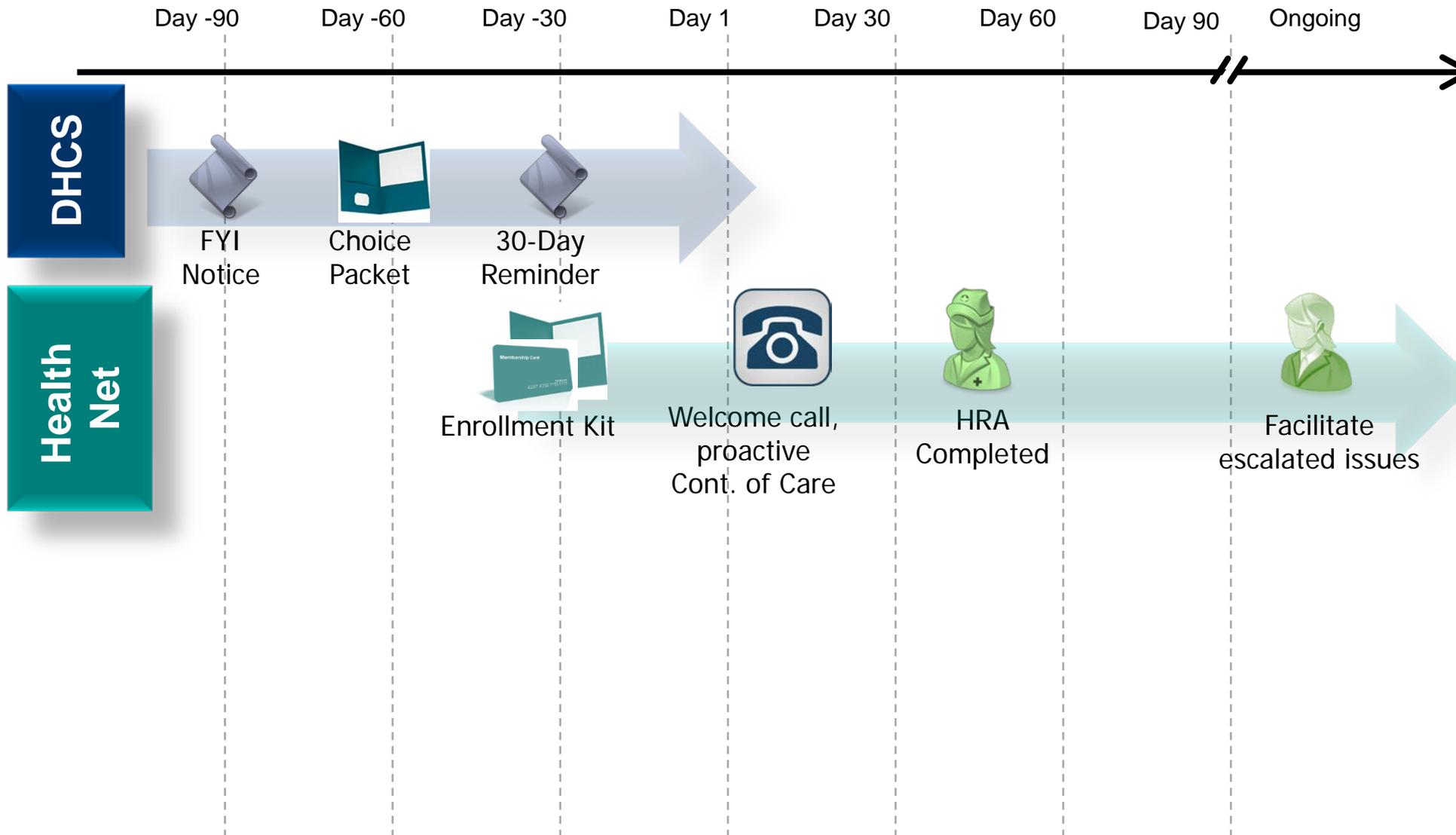
Health Net's Care Coordination Process



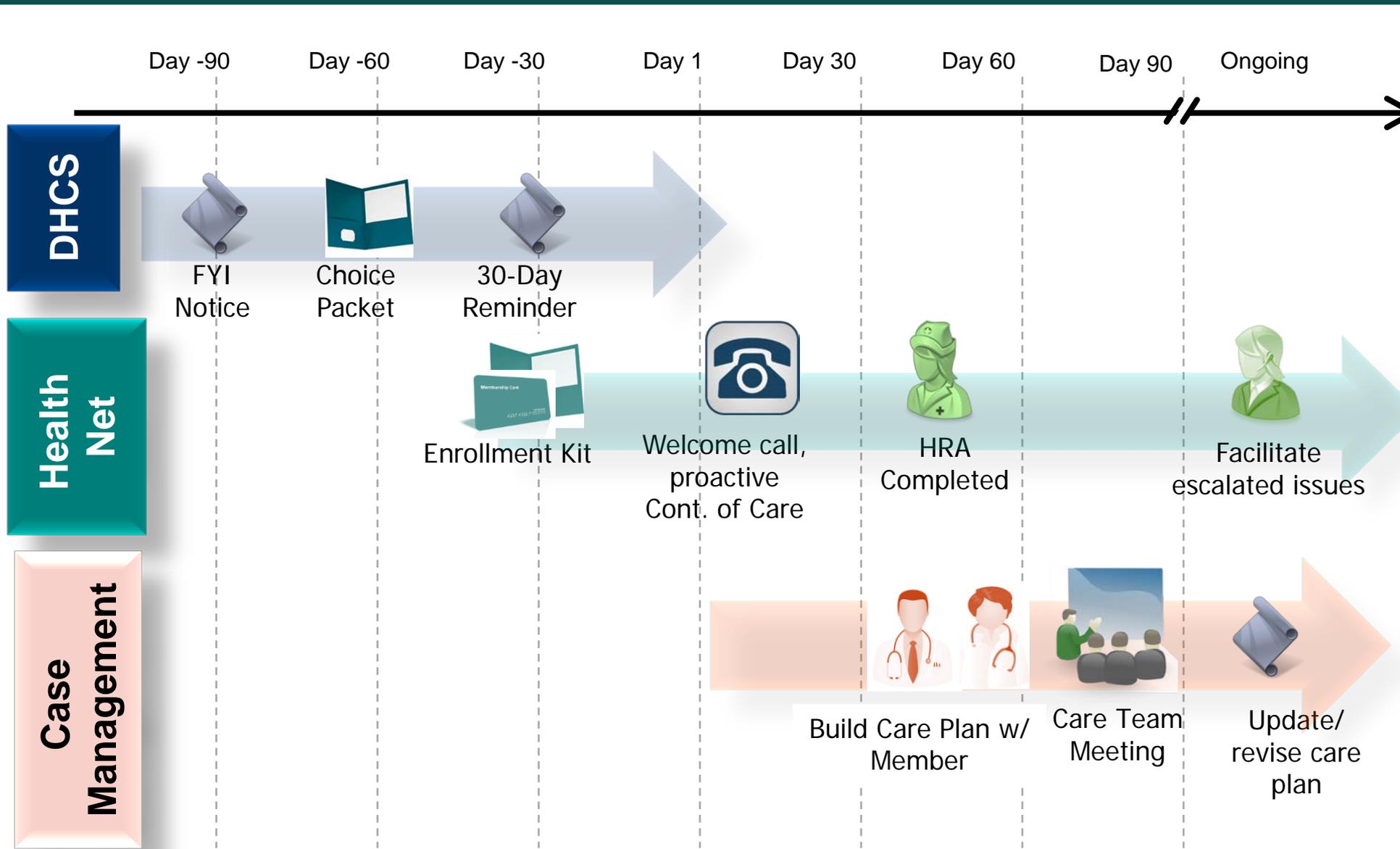
Member Experience



Member Experience

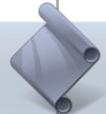


Member Experience



DHCS

Day -90



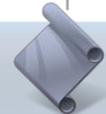
FYI Notice

Day -60



Choice Packet

Day -30



30-Day Reminder

Day 1



Enrollment Kit



Welcome call, proactive Cont. of Care

Day 30



HRA Completed

Day 60



Build Care Plan w/ Member



Care Team Meeting

Day 90



Facilitate escalated issues

Ongoing



Update/revise care plan

Health Net

Case Management

How the CCI enables the delivery of Coordinated Care



FFS World for a Dual Eligible Beneficiary



FFS World for a Dual Eligible Beneficiary



Who knows the beneficiary is accessing services?

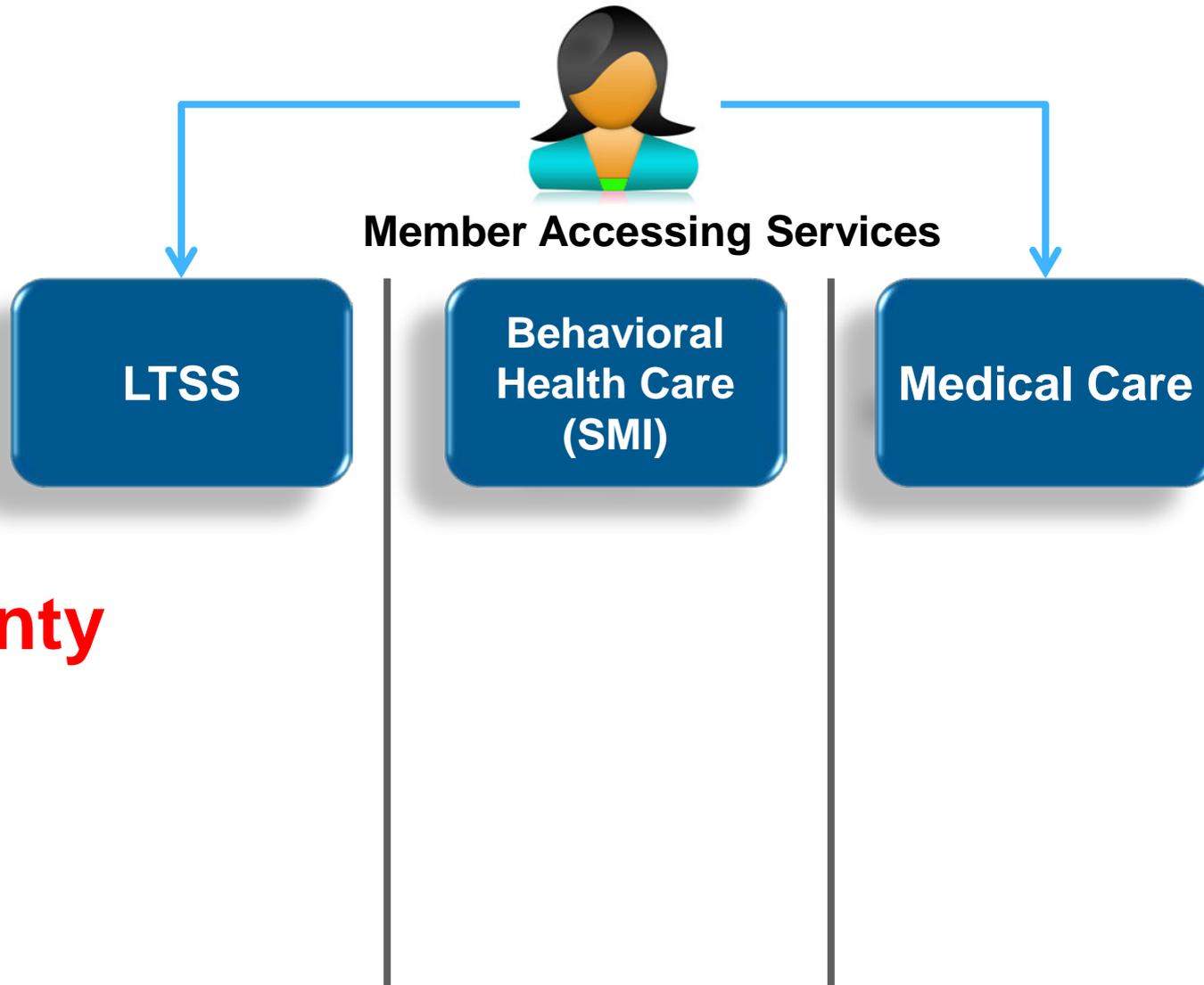
FFS World for a Dual Eligible Beneficiary



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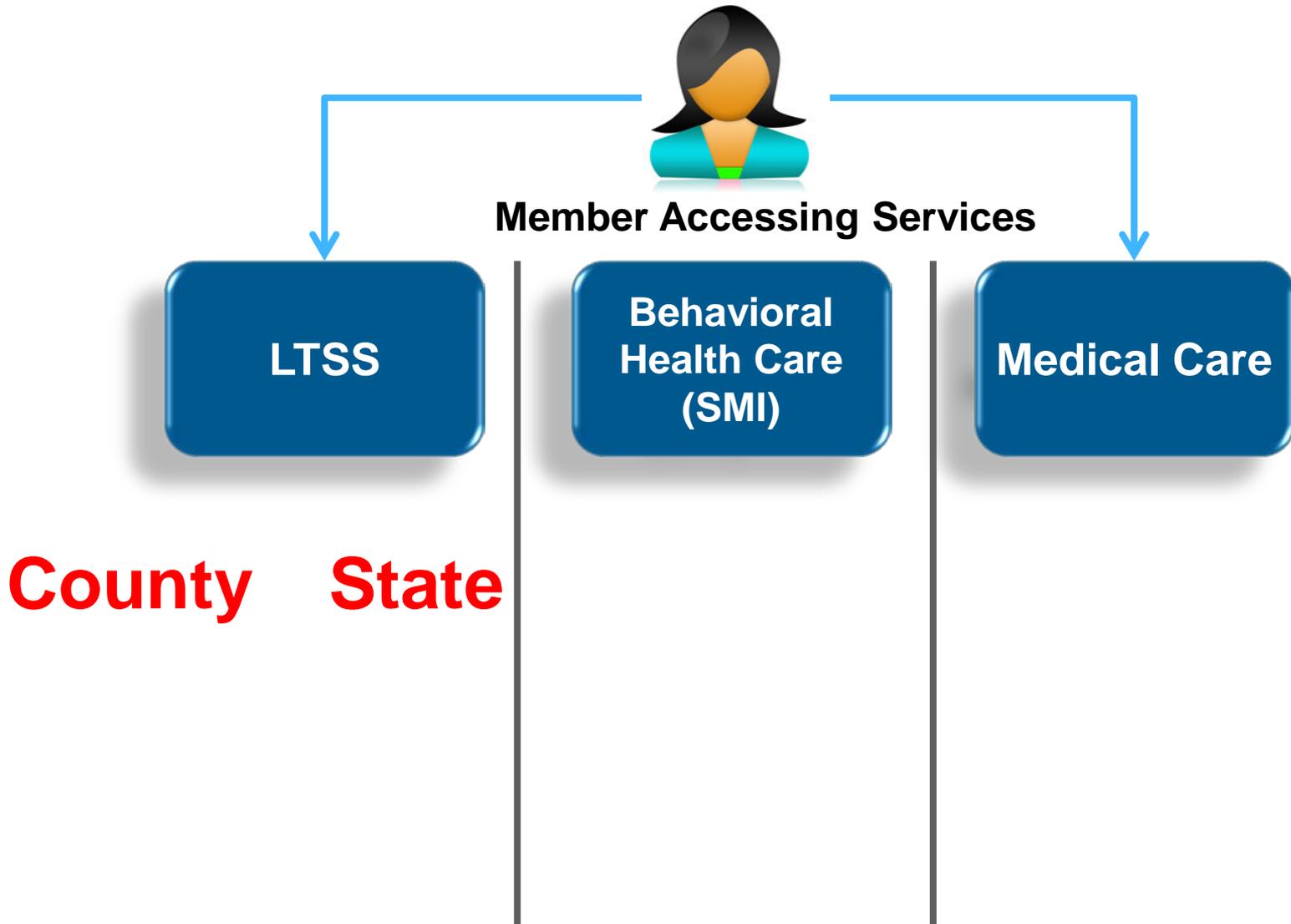
Who holds the data/ information related to the health services?

FFS World for a Dual Eligible Beneficiary

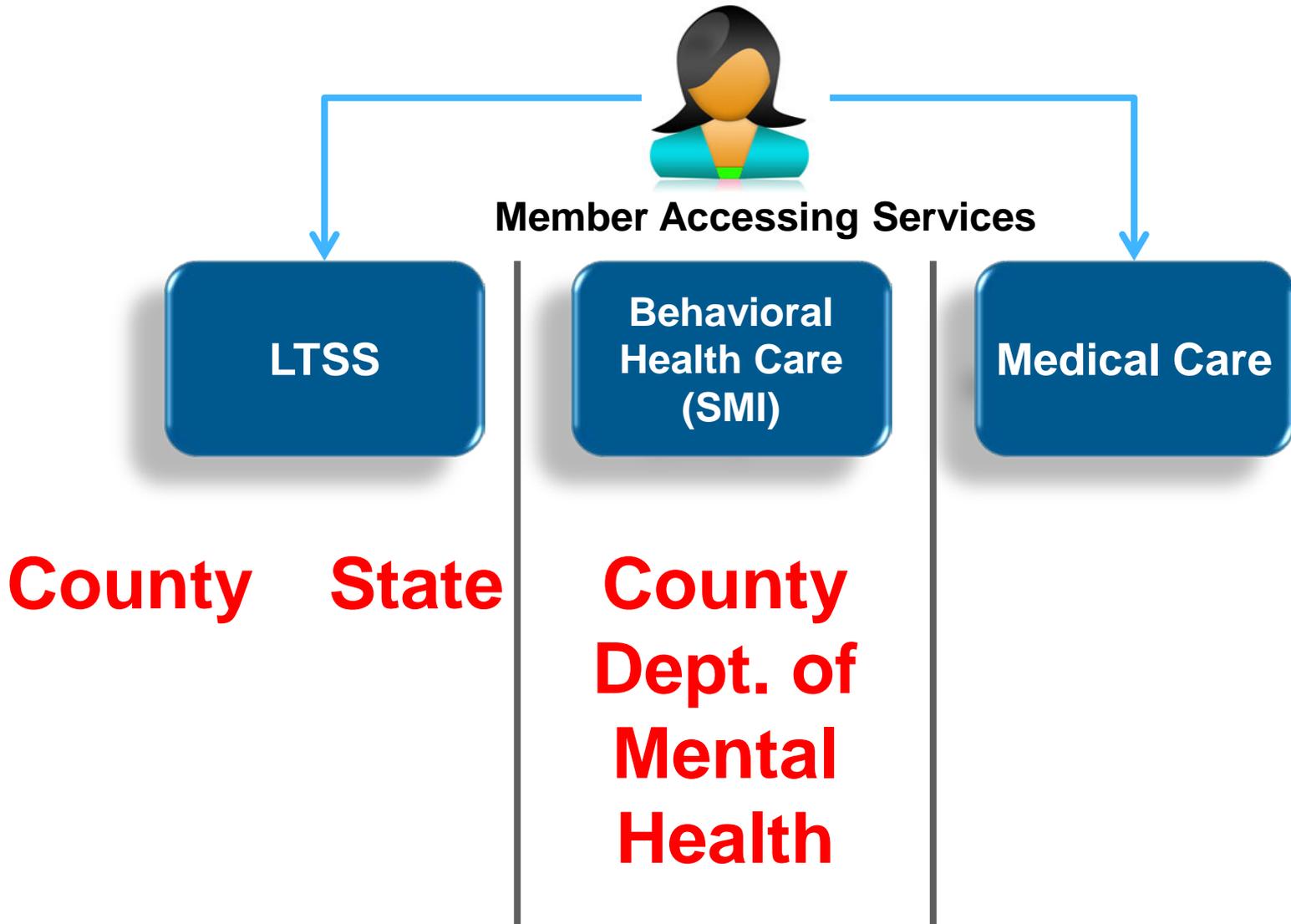


County

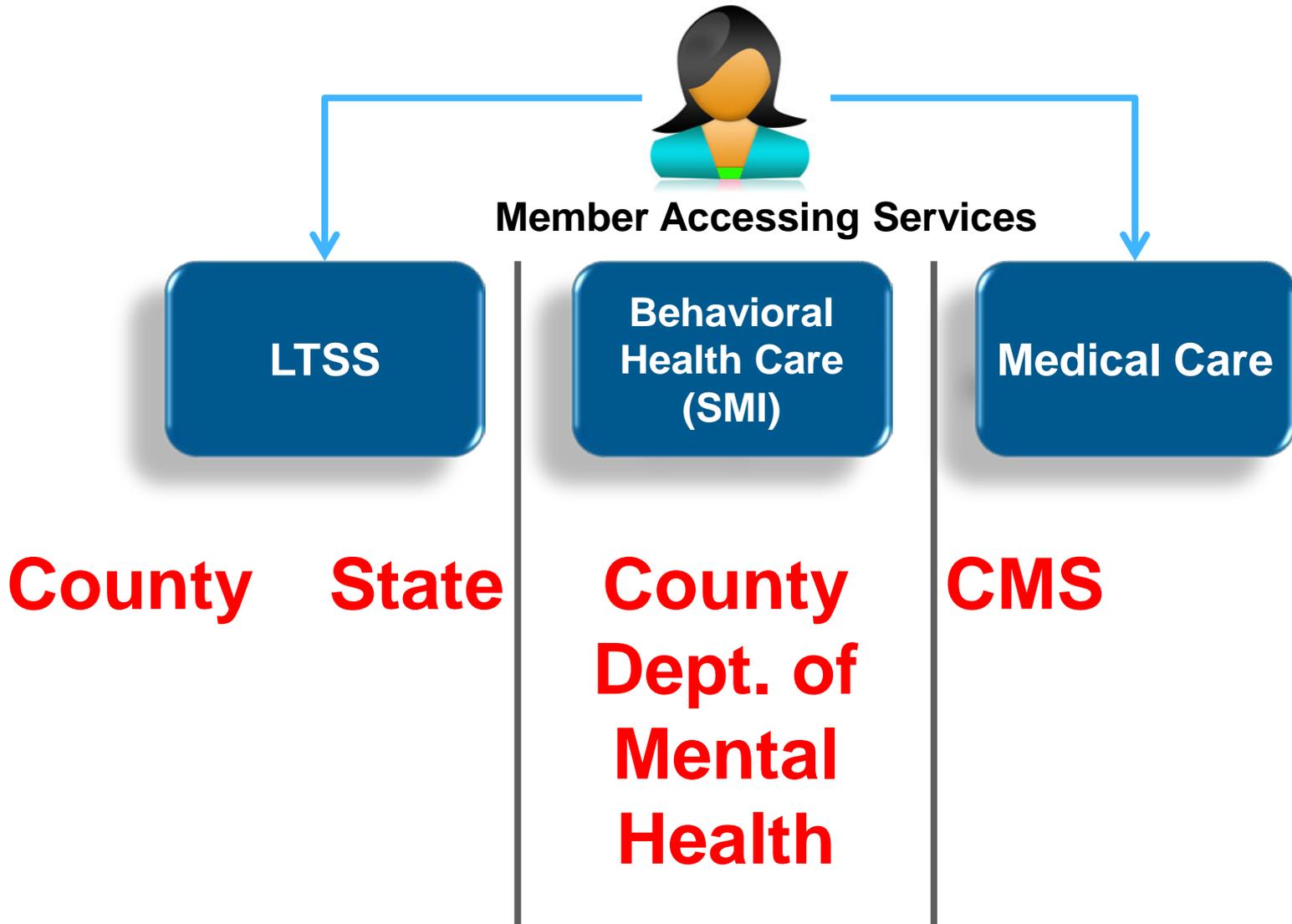
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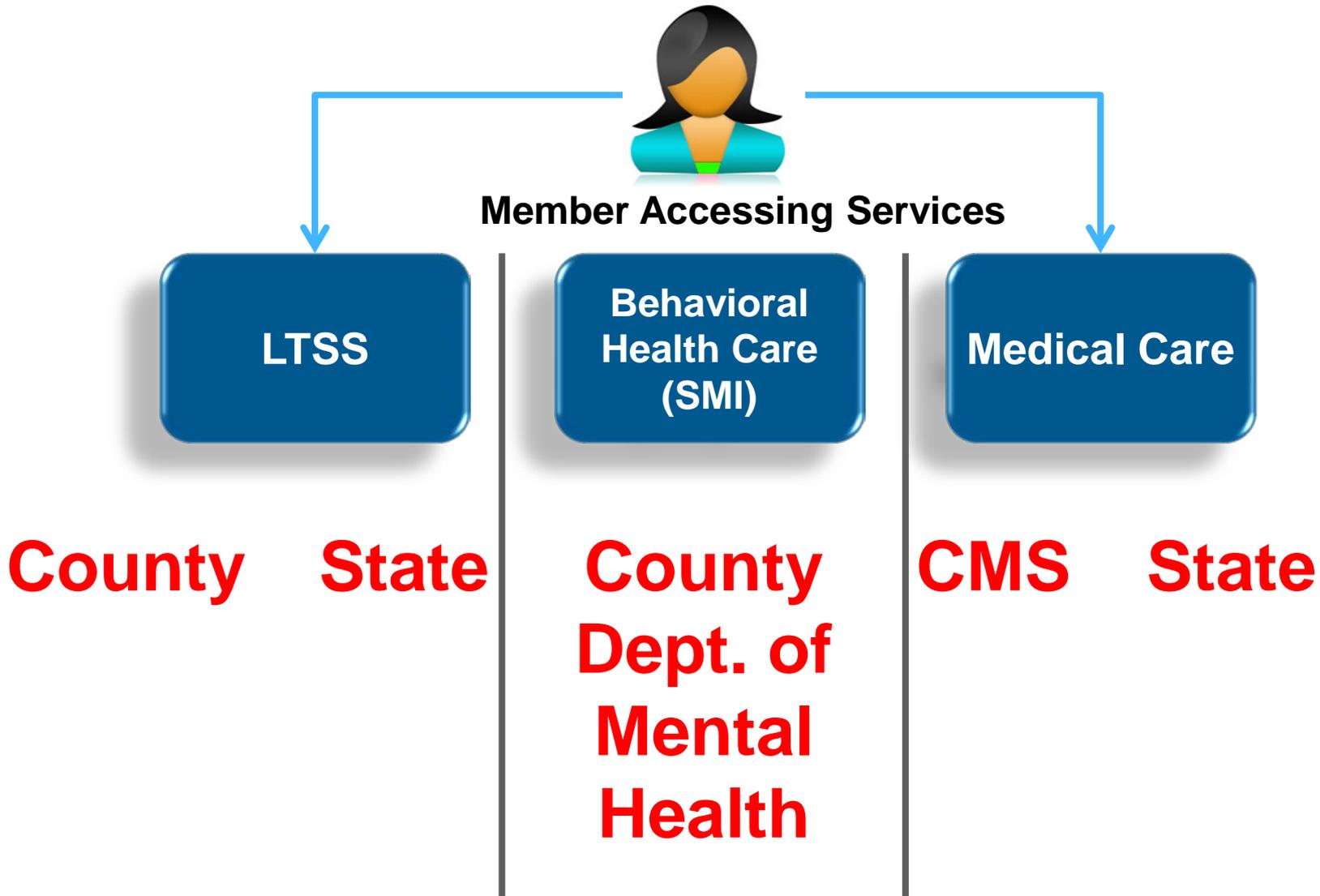
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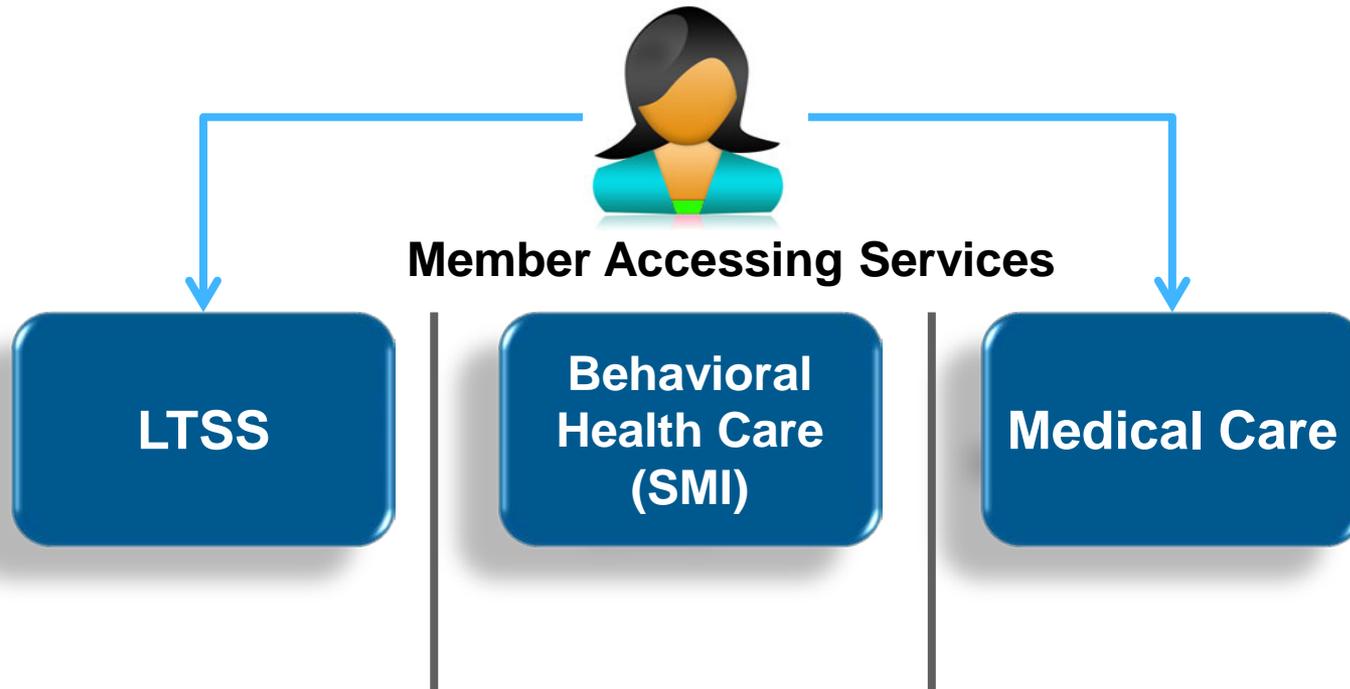
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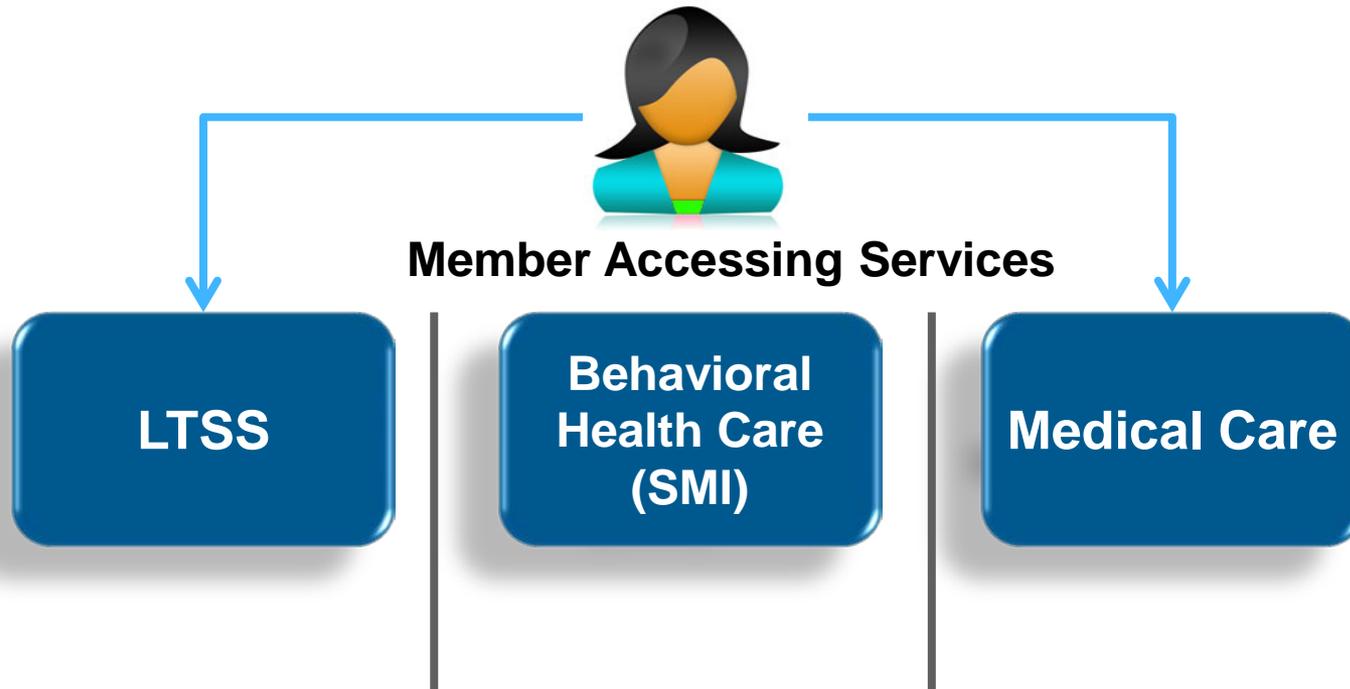


FFS World for a Dual Eligible Beneficiary



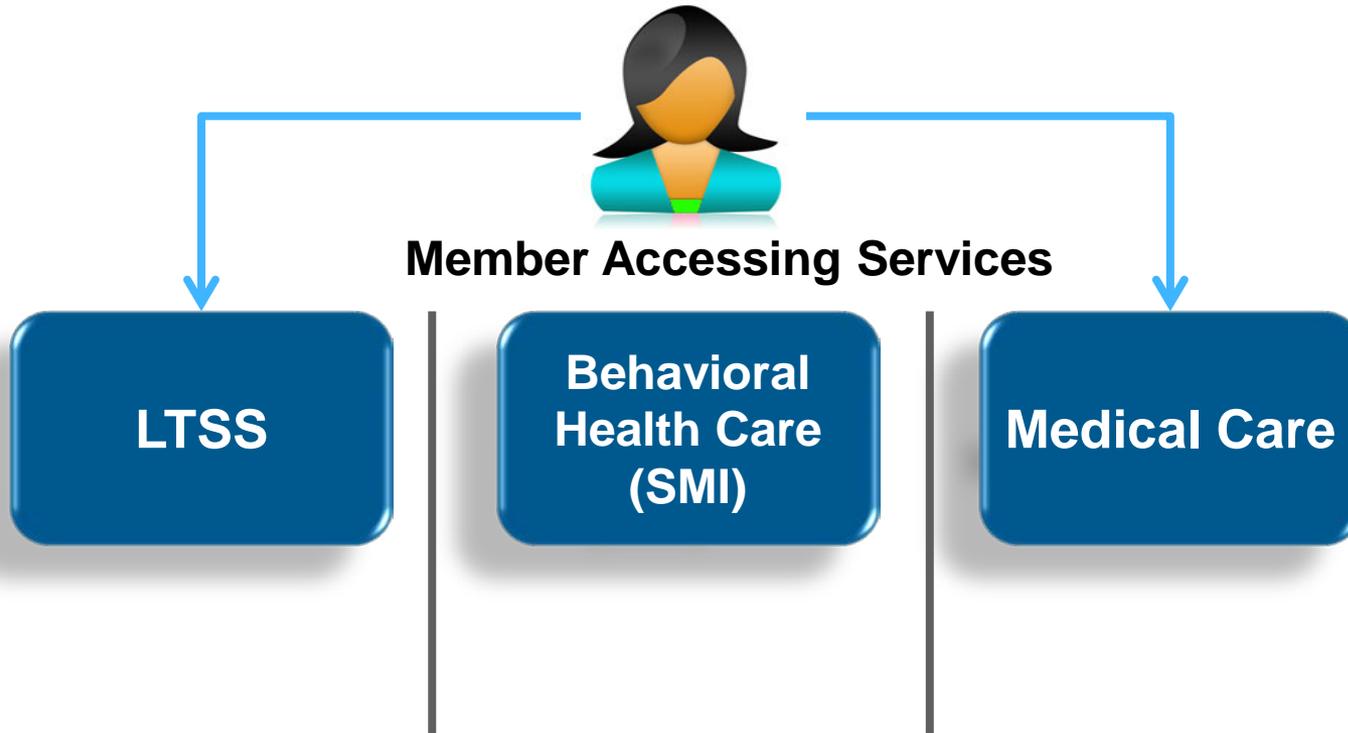
This silo model creates problems for beneficiaries who have multiple and diverse needs, and who are accessing care from multiple provider types

FFS World for a Dual Eligible Beneficiary



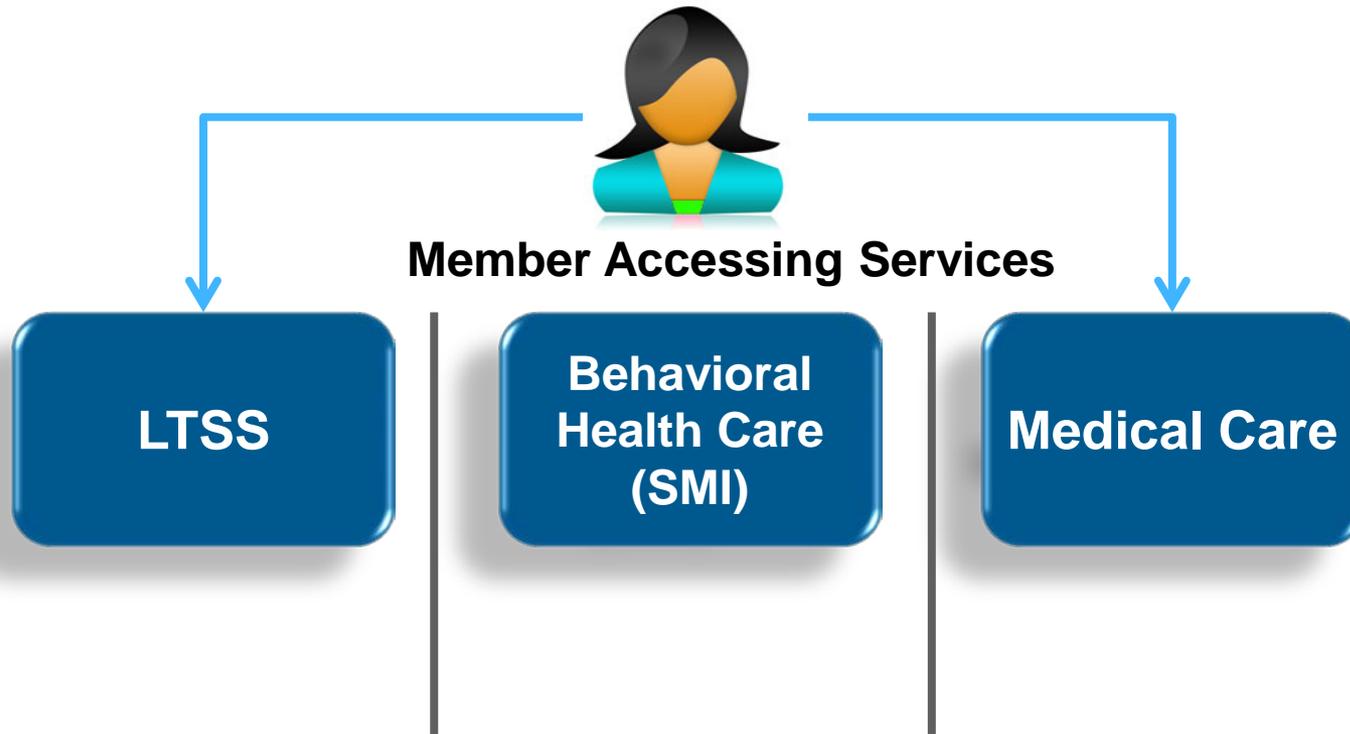
In this model, no one Care Provider ever knows the full spectrum of services or care the member is receiving

FFS World for a Dual Eligible Beneficiary



This can result in....

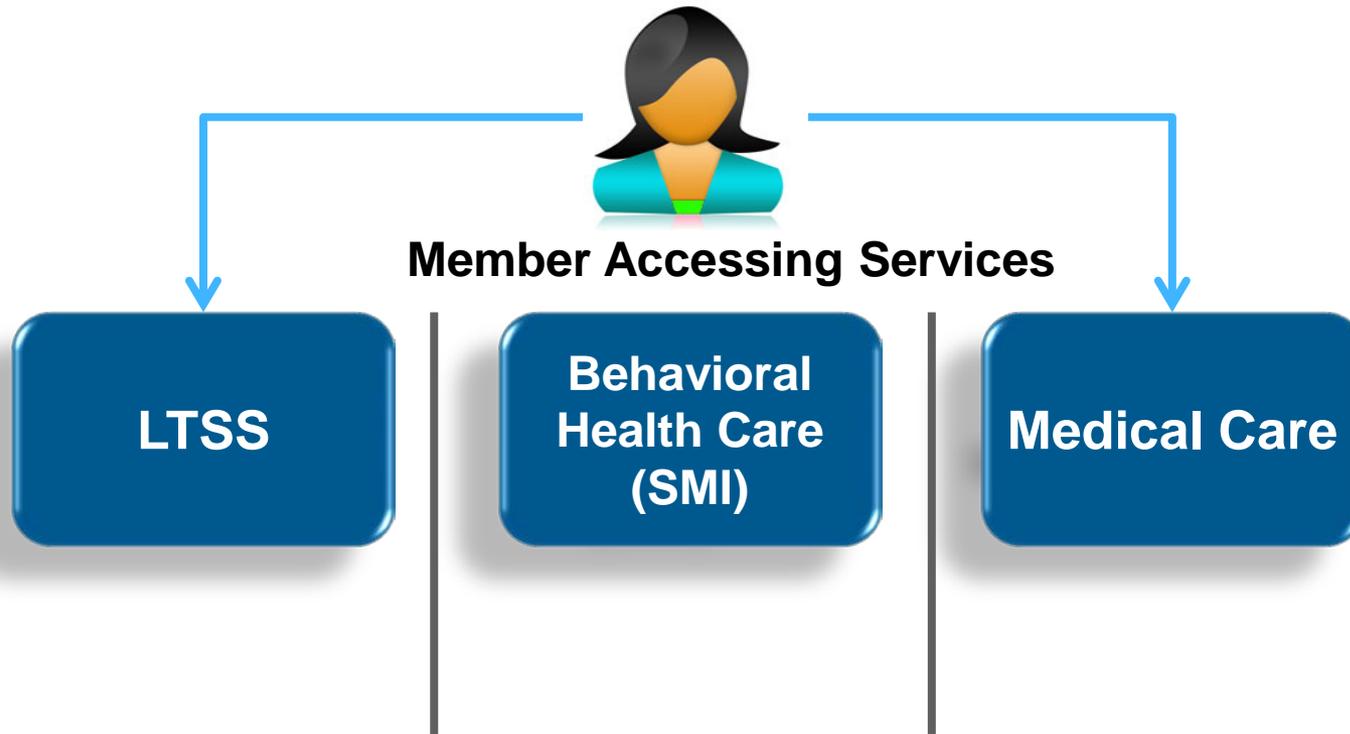
FFS World for a Dual Eligible Beneficiary



This can result in....

- *Serious and avoidable health issues for the member*

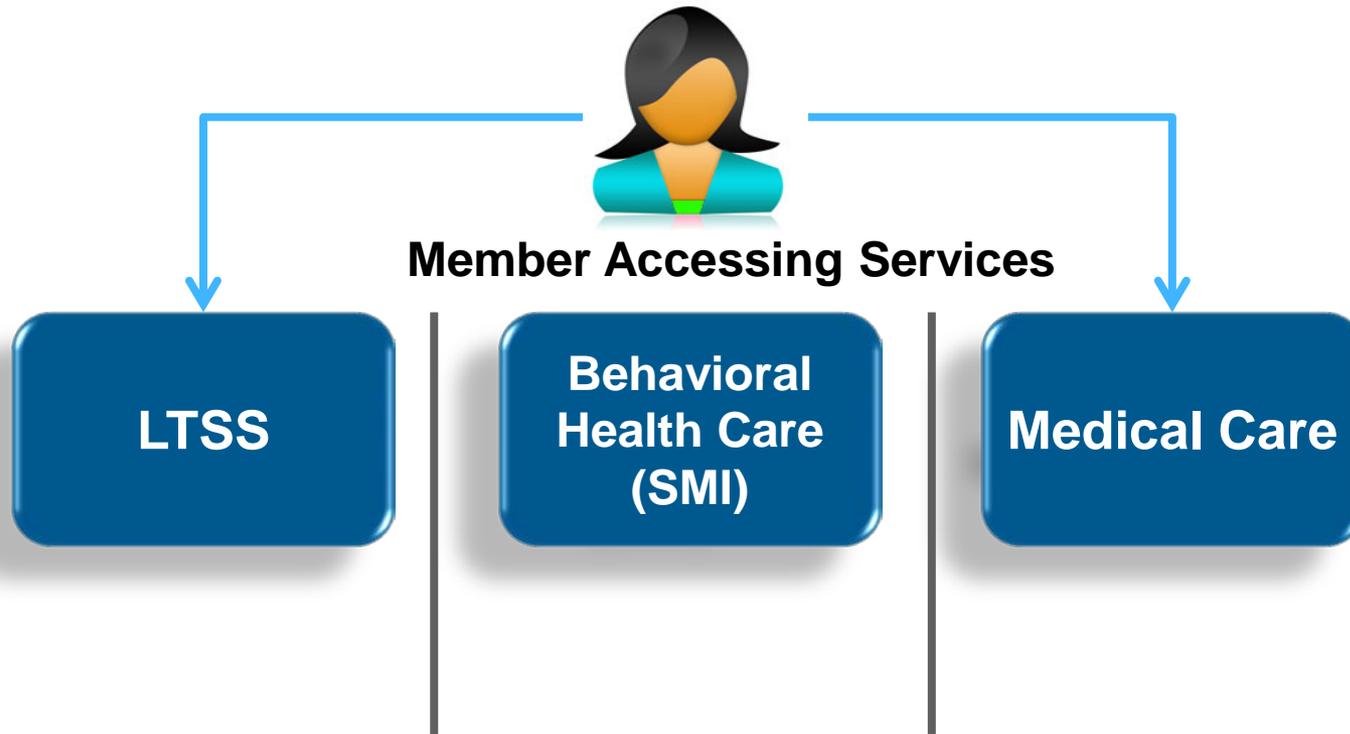
FFS World for a Dual Eligible Beneficiary



This can result in....

- *Serious and avoidable health issues for the member*
- *Undue burden on member/ member family*

FFS World for a Dual Eligible Beneficiary

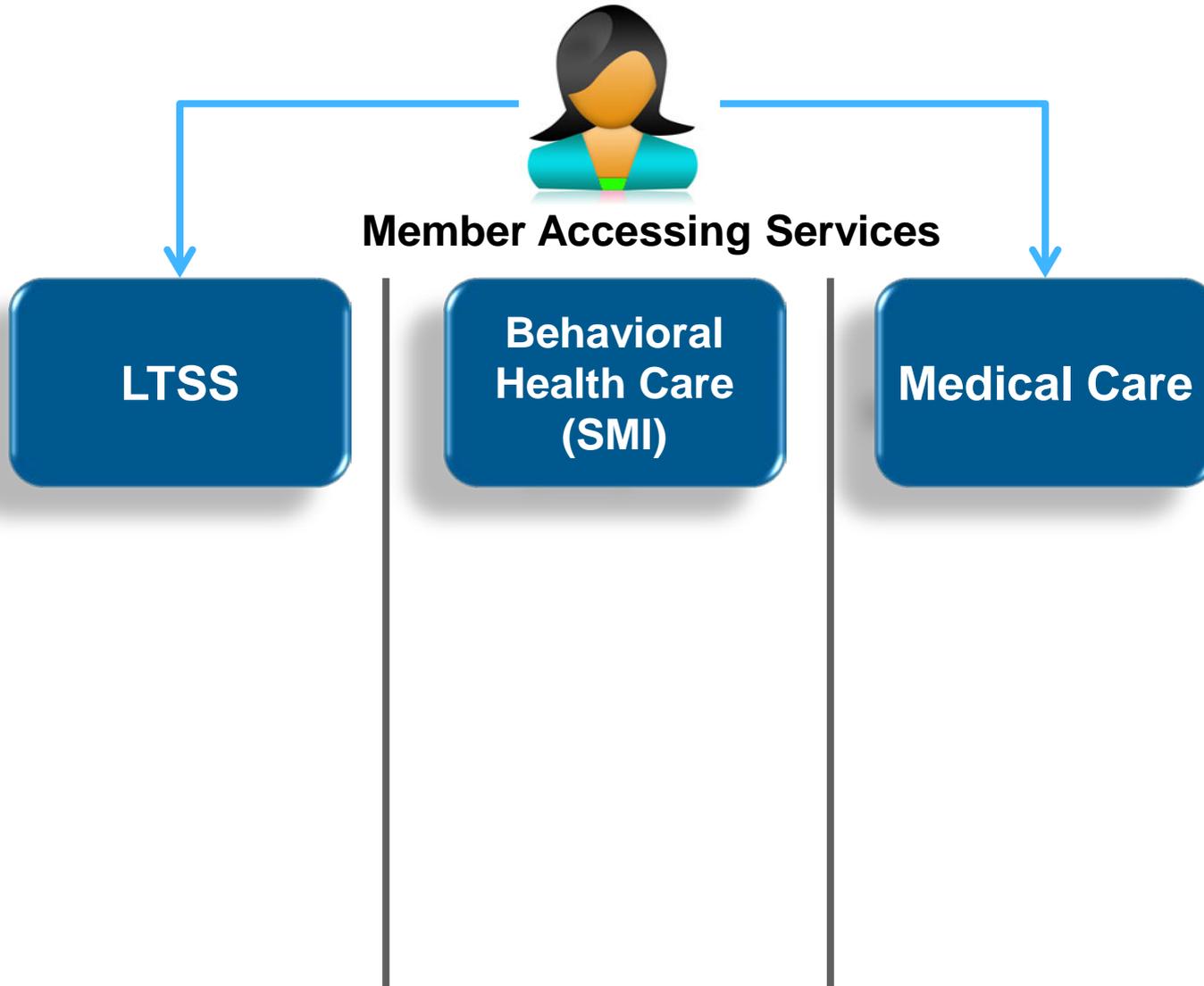


This can result in....

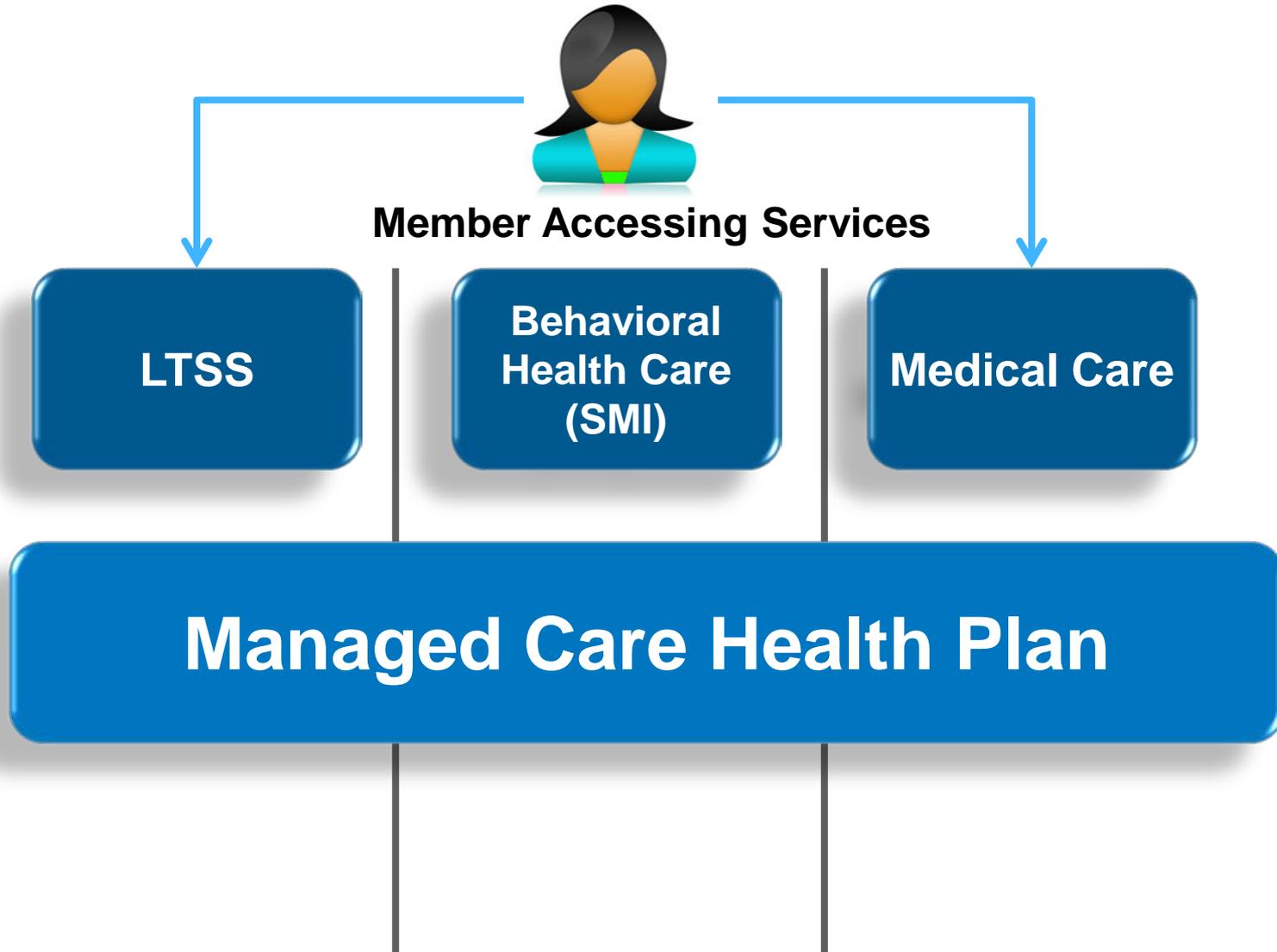
- *Serious and avoidable health issues for the member*
- *Undue burden on member/ member family*
- *Duplicative & unnecessary services*

Managed Care World for a Dual Eligible Beneficiary

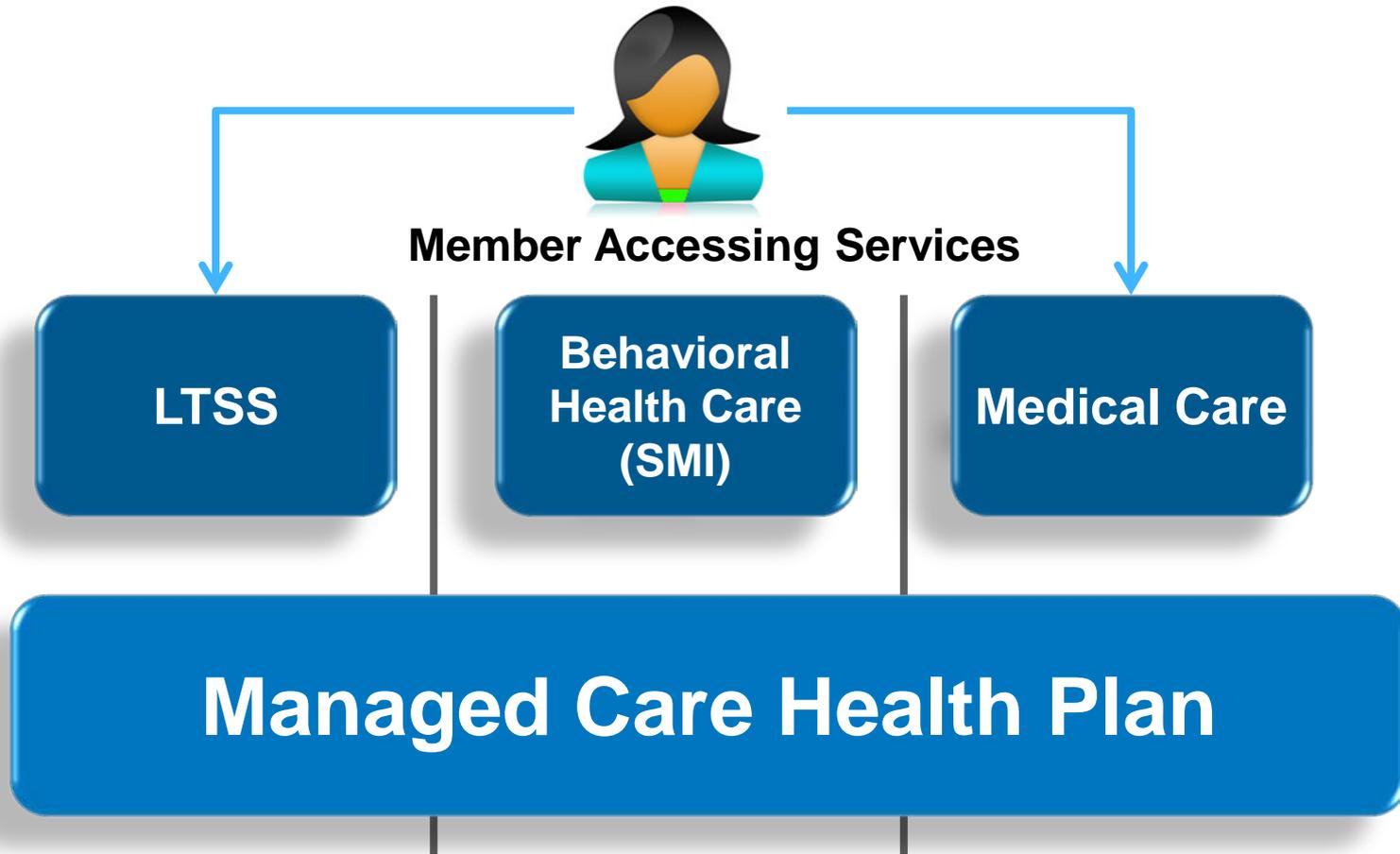
Managed Care World for a Dual Eligible Beneficiary



Managed Care World for a Dual Eligible Beneficiary



Managed Care World for a Dual Eligible Beneficiary



One of the BIG opportunities with managed care, is the Plan has the opportunity to make information accessible to all Care Providers. Information is CRITICAL to enabling true care coordination

“Now that Health Plans have access to a new level of data and information across all care providers.....what are we DOING to build a coordinate care model??”

Health Net's Approach for Using Data & Information to Enable Care Coordination



Health Net's Approach

***CMS
State
County***

**Provides
historical
Medical,
Behavioral,
Pharmacy, and
LTSS Data**

Health Net's Approach

***CMS
State
County***

Health Net

Provides historical Medical, Behavioral, Pharmacy, and LTSS Data

Completes Risk Stratification

Completes HRA with the member

Health Net's Approach

***CMS
State
County***

Health Net

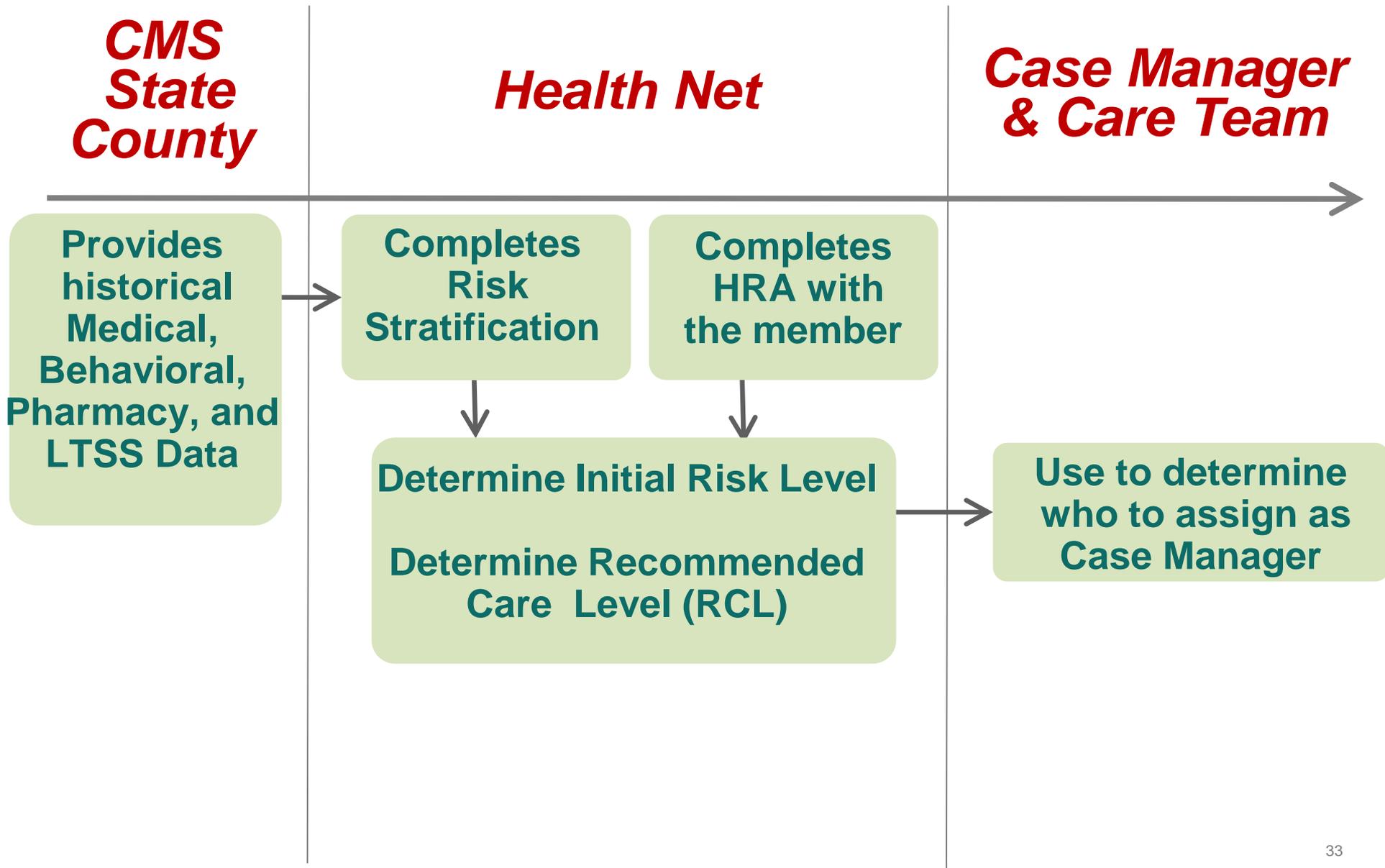
Provides historical Medical, Behavioral, Pharmacy, and LTSS Data

Completes Risk Stratification

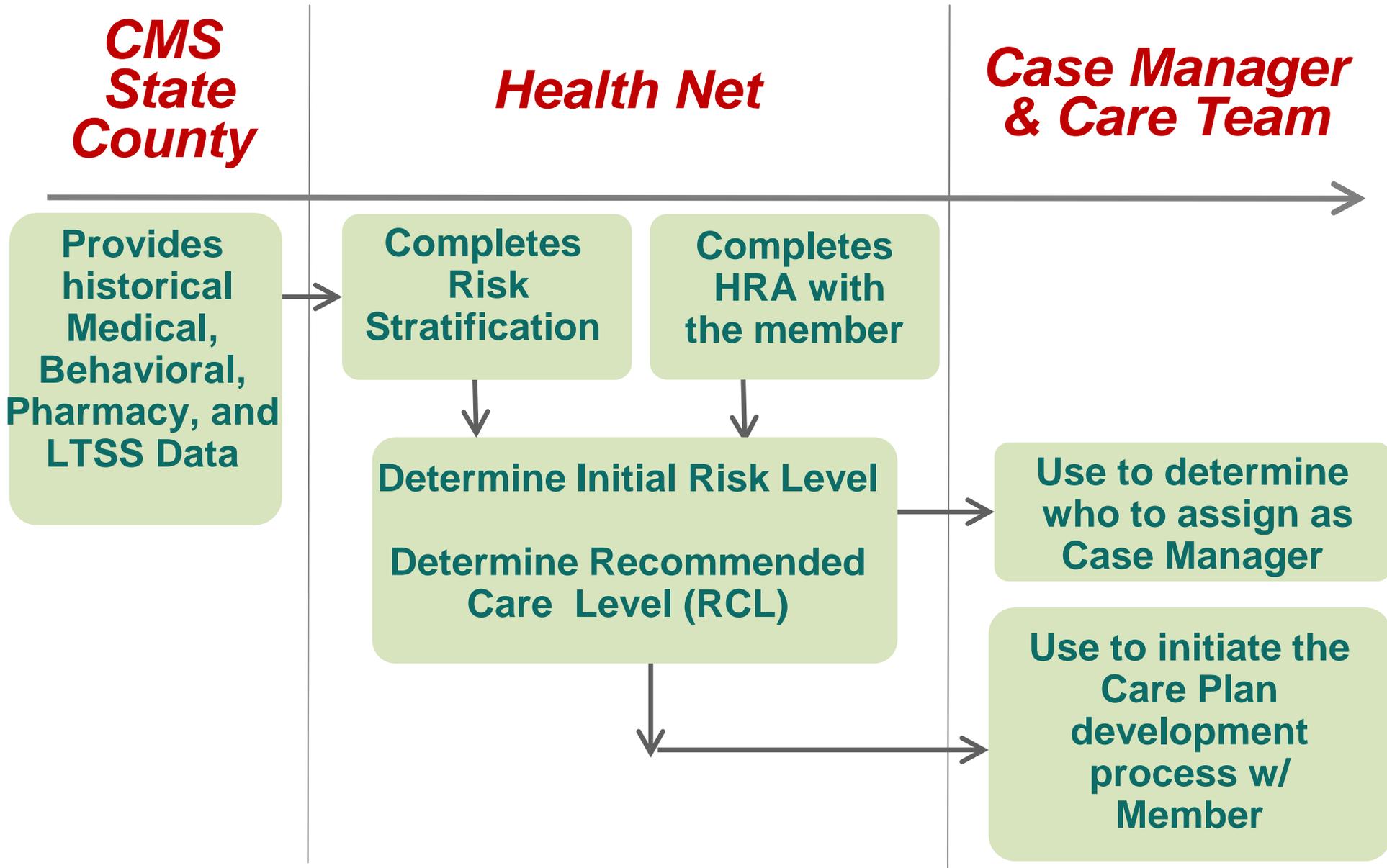
Completes HRA with the member

Determine Initial Risk Level
Determine Recommended Care Level (RCL)

Health Net's Approach



Health Net's Approach



**CMS
State
County**

Health Net

**Case Manager
& Care Team**

Provides historical Medical, Behavioral, Pharmacy, and LTSS Data

Completes Risk Stratification

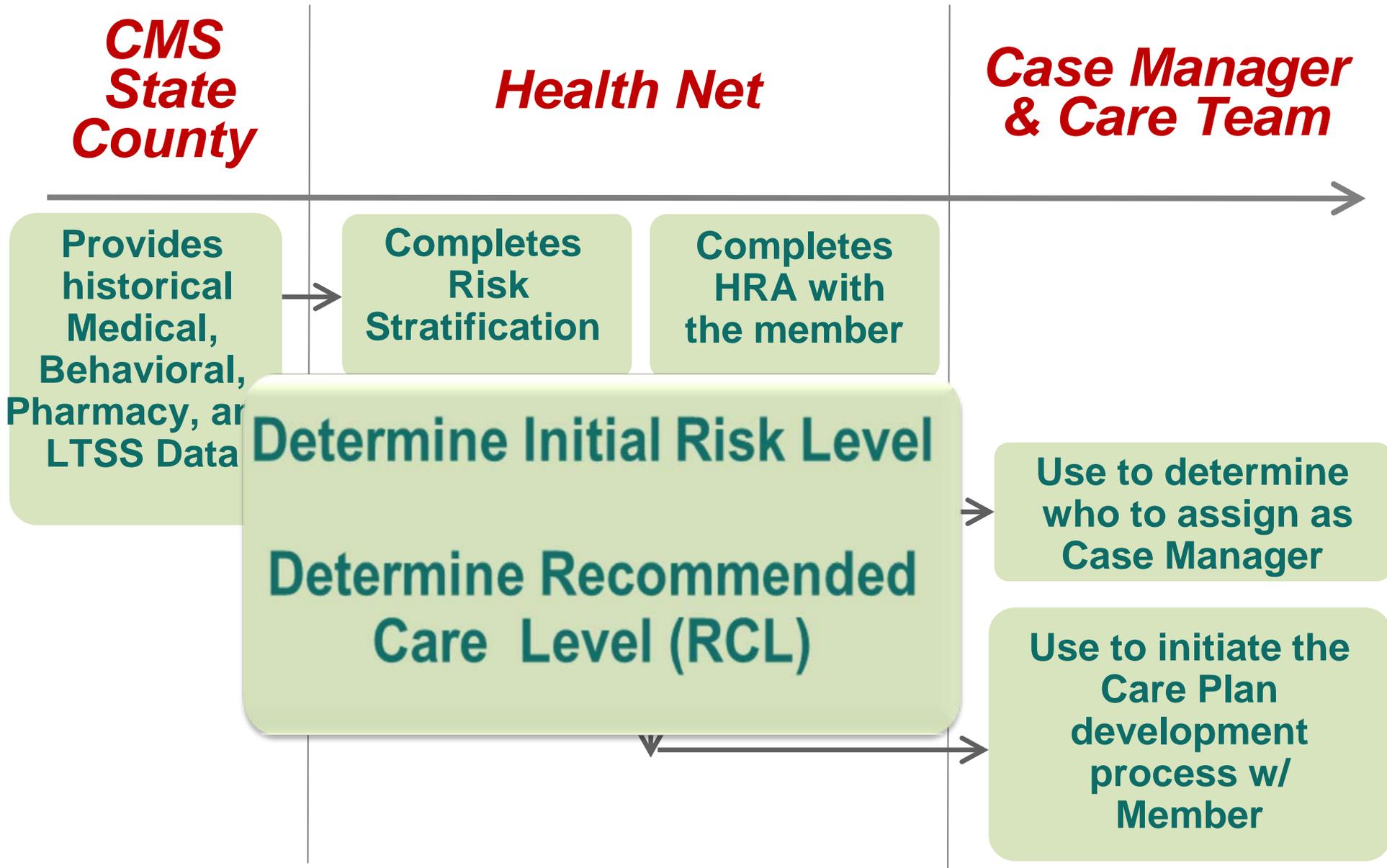
Completes HRA with the member

Determine Initial Risk Level
Determine Recommended Care Level (RCL)

Use to determine who to assign as Case Manager

Use to initiate the Care Plan development process w/ Member

Health Net's Approach



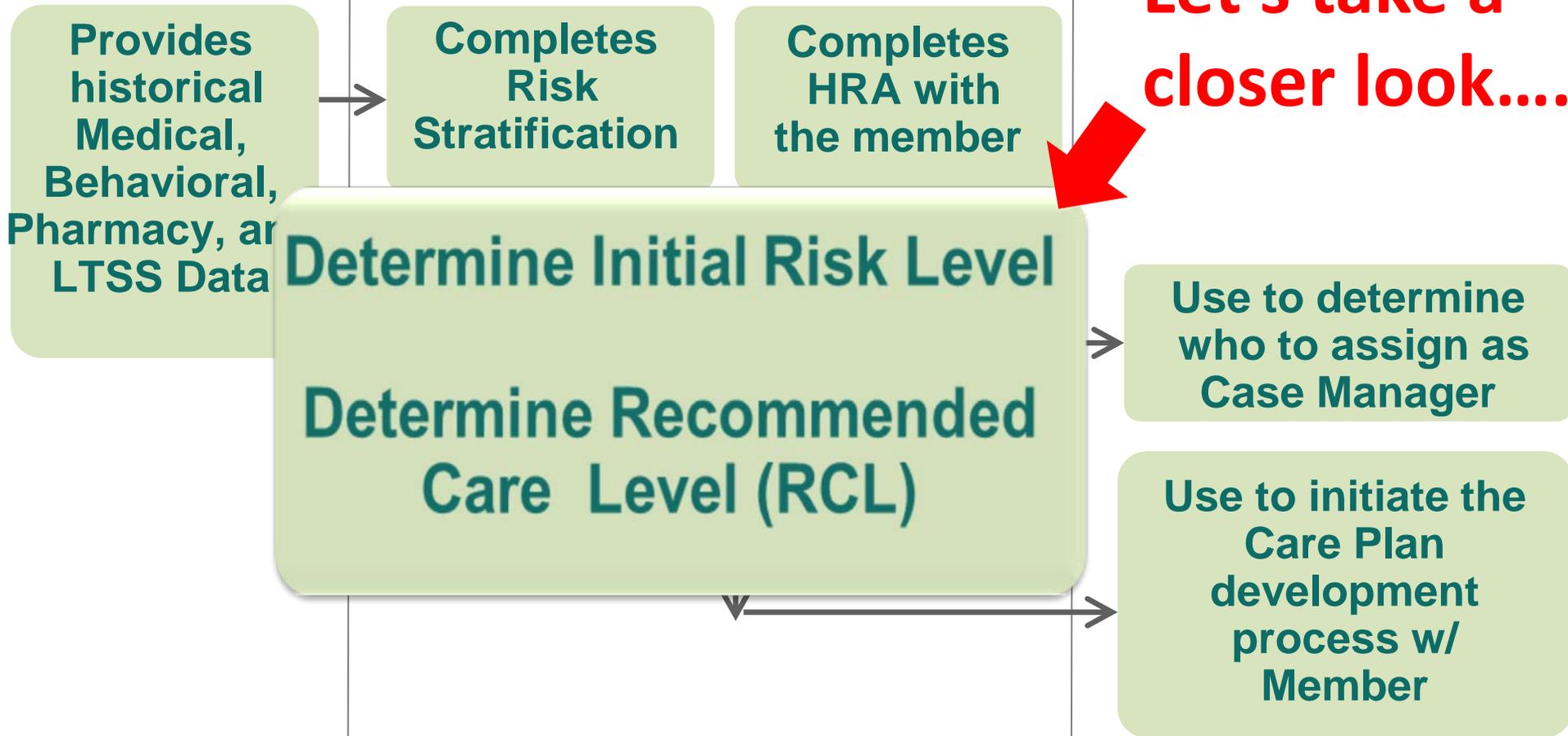
Health Net's Approach

**CMS
State
County**

Health Net

**Case Manager
& Care Team**

**Let's take a
closer look....**



Using Recommended Care Levels

- Health Net uses all of the historical claim and authorization data as well as the HRA data to **risk stratify** our members.
- The **output of the risk stratification provides a Recommended Care Level (RCL)** for each member which is provided to the member's physician and care team.
- The RCL will show if the member is High, Moderate, or Low risk for Medical, Behavioral, and Social needs
- In the example to the right, this member would be **managed by a Behavioral Health care team**, as they stratified as Behavioral RCL High.
- Care managers and care teams use these care levels** to help triage members, direct care, and coordinate medical, behavioral and social needs for the member.

Recommended Care Level

Example

<p>Overall Care Level</p>	<p>High</p>	<p>The overall RCL is the sum of the medical, behavioral and social RCLs. If it is high, member has immediate care needs in one or more of the three care domains</p>
<p>Medical Care Level</p>	<p>Low</p>	<p>A member stratifies as Medical High if member has an acute care history and is at risk of an inpatient stay</p>
<p>Behavioral Care Level</p>	<p>High</p>	<p>A member stratifies as BH High if member has an acute care history for BH (e.g., 1+ BH hospitalization in past 90 days, 3+ BH hospitalizations in past year, etc.)</p>
<p>LTSS Care Level</p>	<p>High</p>	<p>A member stratifies as Social High if member has any noted Nutritional deficiencies, Alzheimers/ dementia,, 2+ falls in past year, etc.</p>

Using Recommended Care Levels

Recommended Care Level

Overall Care Level	High
Medical Care Level	Low
Behavioral Care Level	High
LTSS Care Level	High

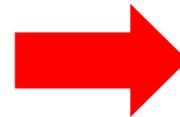
Additional Use of Data:

Health Net and Case Managers also use the **Recommended Care Levels** to help anticipate future needs and proactively manage the member's care to **support members living independently.**

Using Recommended Care Levels

Additional Use of Data:

...For example, a member with an LTSS Care Level of “high” who isn’t receiving any home and community based services, is someone **who may have unmet need** and could benefit from a program like IHSS, or CBAS, etc.



Recommended Care Level

Overall Care Level	High
Medical Care Level	Low
Behavioral Care Level	High
LTSS Care Level	High

H.E.L.P. TEAM

- To support our case managers and encourage the use of LTSS and other Home and Community Based Services to promote independent living, **Health Net created a dedicated team called the Health Net Empowered Living (H.E.L.P.) Team**



Health Net
Public Programs Department
Cal MediConnect H.E.L.P. Program

Public Programs Phone # 800-526-1898
Fax to: 866-922-0783

Member's Name		Member's ID #:	Member's DOB:
Contact Person:	Relationship to member:		Member Phone #:
Date:	PPG Name:		Phone #:
PPG Contact Person Name:			Fax #:
Primary Care Physician (PCP) Name:			Phone #:

Health Net Empowered Living Program (H.E.L.P.) Referral Reason

Must check one of the boxes below:

<p><input type="checkbox"/> <u>Community-Based Adult Services (CBAS)</u></p> <p>Is a facility-based program that provides skilled nursing, social services, physical and occupational therapies, personal care, family care, giver training and support, meals and transportation. Some communities may not have a CBAS program.</p> <p>Eligibility example:</p> <ul style="list-style-type: none"> • Medi-Cal beneficiary must be 18 years of age or older • Certified or certifiable for placement in a nursing facility • Nursing Facility Level of Care A (NF-A) or above 	<p><input type="checkbox"/> <u>Multi-purpose Services Program (MSSP)</u></p> <p>Is an intensive case management program that provides both social and health care management services such as adult day care, housing assistance, chore and personal care assistance, protective supervision, care management, respite care, transportation, meal services, social services, and communication services</p> <p>Eligibility example:</p> <ul style="list-style-type: none"> • Medi-Cal beneficiary must be 65 years of age or older • Certified or certifiable for placement in a nursing facility • Nursing Facility Level of Care A (NF-A) or above
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Please submit the following documentation with the completed referral form:

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 Current history and physical
 ADL check list (from WRA)
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Public Programs Department H.E.L.P. Referral Form, 2/26/14 sc

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- The **H.E.L.P. Team's** role is to manage the LTSS referral process for our members



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- The **H.E.L.P. Team's** role is to manage the LTSS referral process for our members
- Case managers call our **H.E.L.P. Team** for support in submitting and tracking new LTSS or HCBS referrals.



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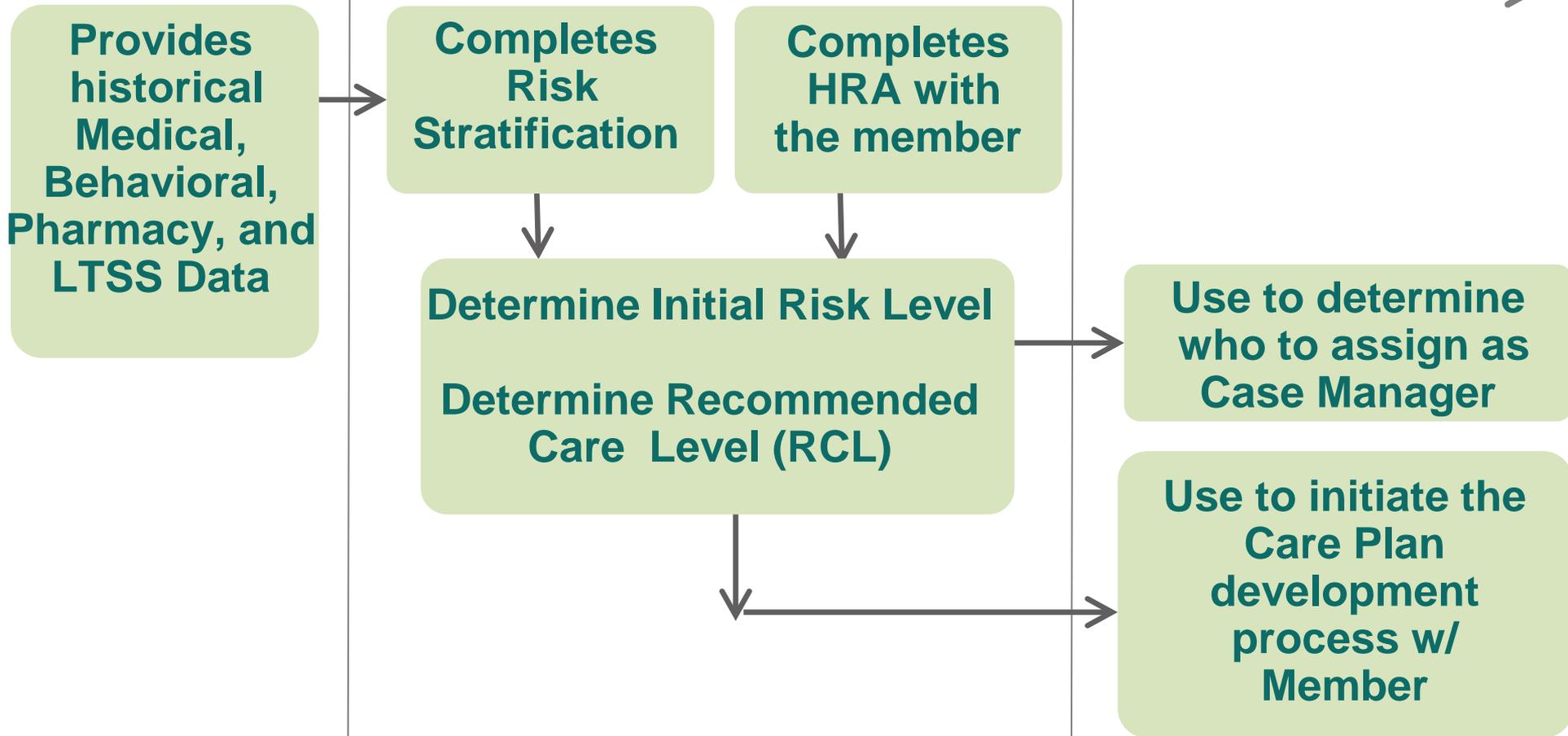
Health Net's Approach for Using the Data to Enable Care Coordination



CMS State County

Health Net

Case Manager & Care Team



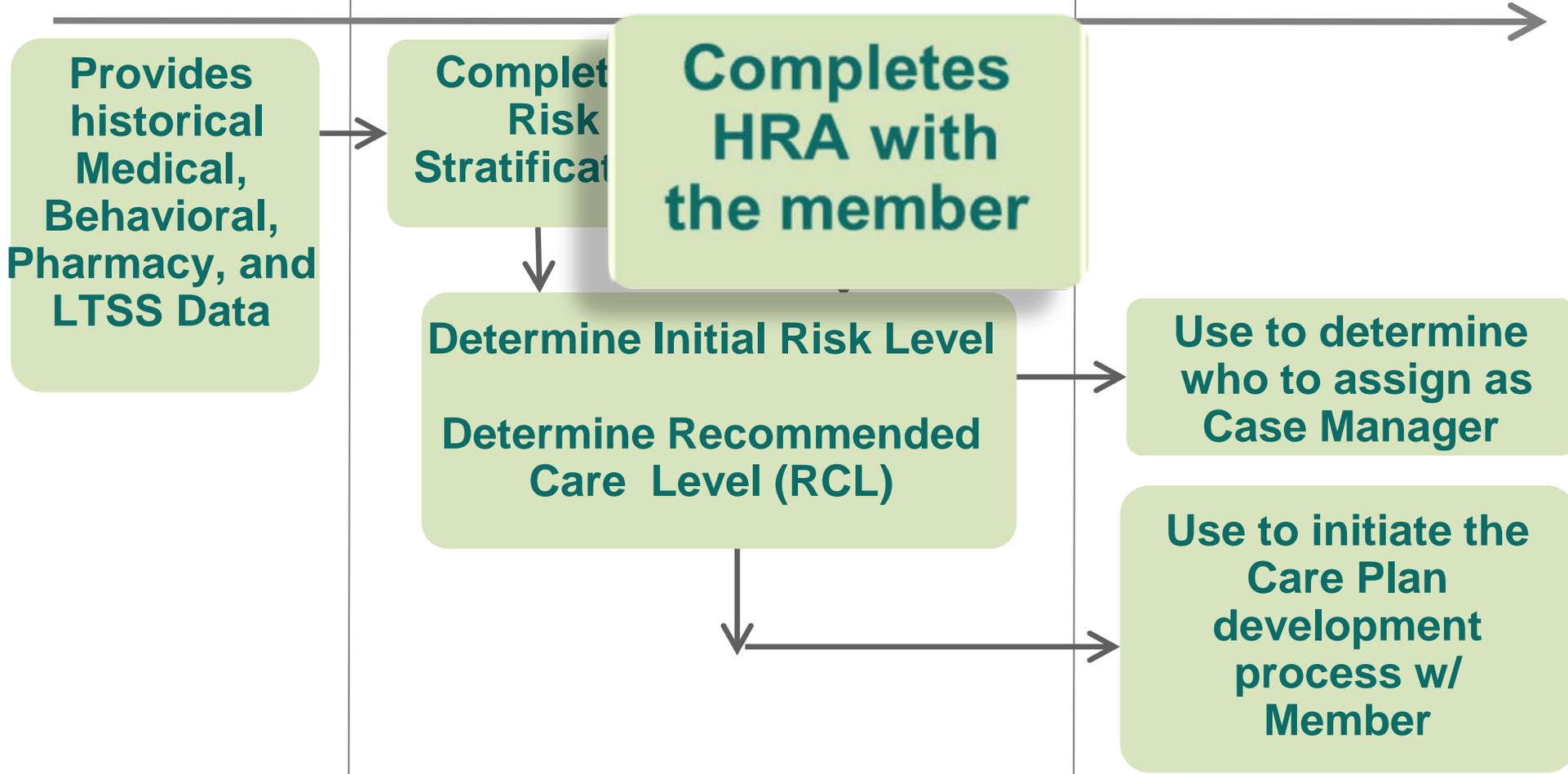
Health Net's Approach for Using the Data to Enable Care Coordination



**CMS
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**Case Manager
& Care Team**



Provides historical Medical, Behavioral, Pharmacy, and LTSS Data

Complete Risk Stratification

Completes HRA with the member

Determine Initial Risk Level
Determine Recommended Care Level (RCL)

Use to determine who to assign as Case Manager

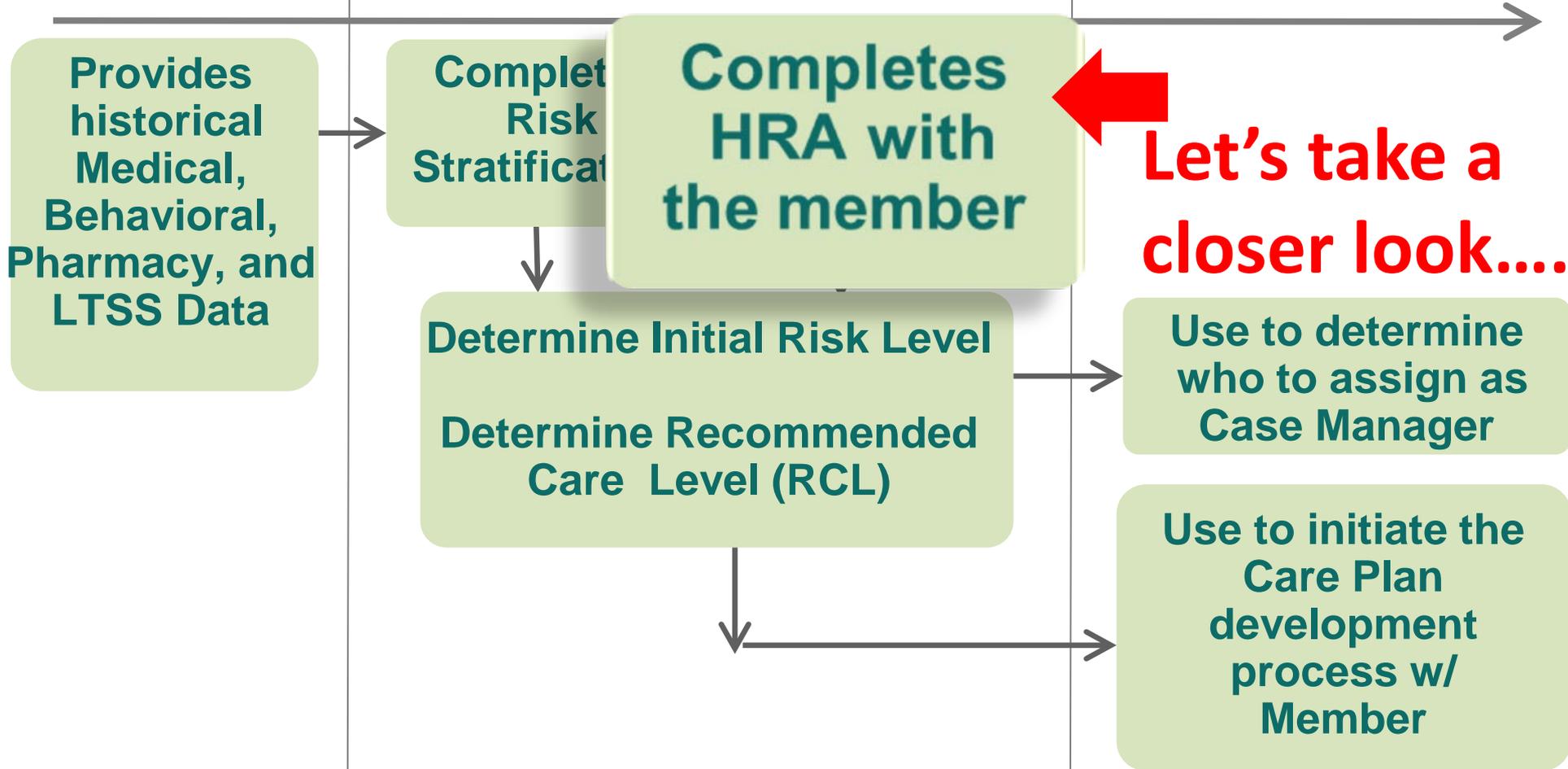
Use to initiate the Care Plan development process w/ Member

Health Net's Approach for Using the Data to Enable Care Coordination

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**Case Manager
& Care Team**



10 Red flags

26 Yellow flags

Patient: Mary Smith
Member ID: YYYYYY
Gender: Female

Age: 68
Language: Vietnamese
Assessed on: May 14, 2014

Conditions

Patient has ever been told by a clinician that she had...? If yes, under current treatment?

Cardiovascular

- Angina
- CHF
- Hypertension
- MI in past year
- Stroke

Neurological / Cognitive

- Alzheimer's or dementia
- Parkinson's
- Spinal cord or neurologic damage

Musculoskeletal

- Arthritis of hand or wrist
- Arthritis of hip or knee
- Back pain or sciatica

Metabolic

- Diabetes
- Thyroid problems

Infectious

- HIV/AIDS

Activities of daily living

Level of difficulty doing the following without equipment or help.

Basic ADLs

- Difficulty bathing
- Difficulty dressing
- Difficulty eating
- Difficulty toileting

Instrumental ADLs

- Difficulty using the phone
- Difficulty doing housework
- Difficulty getting places outside of walking distance
- Difficulty shopping
- Difficulty handling own money

Physical functioning

Physical health quality of life (PCS scale)

Adjusted by age and gender. See notes on SF-12v2.

Ability to fulfill life roles at current level of physical health (RP scale)

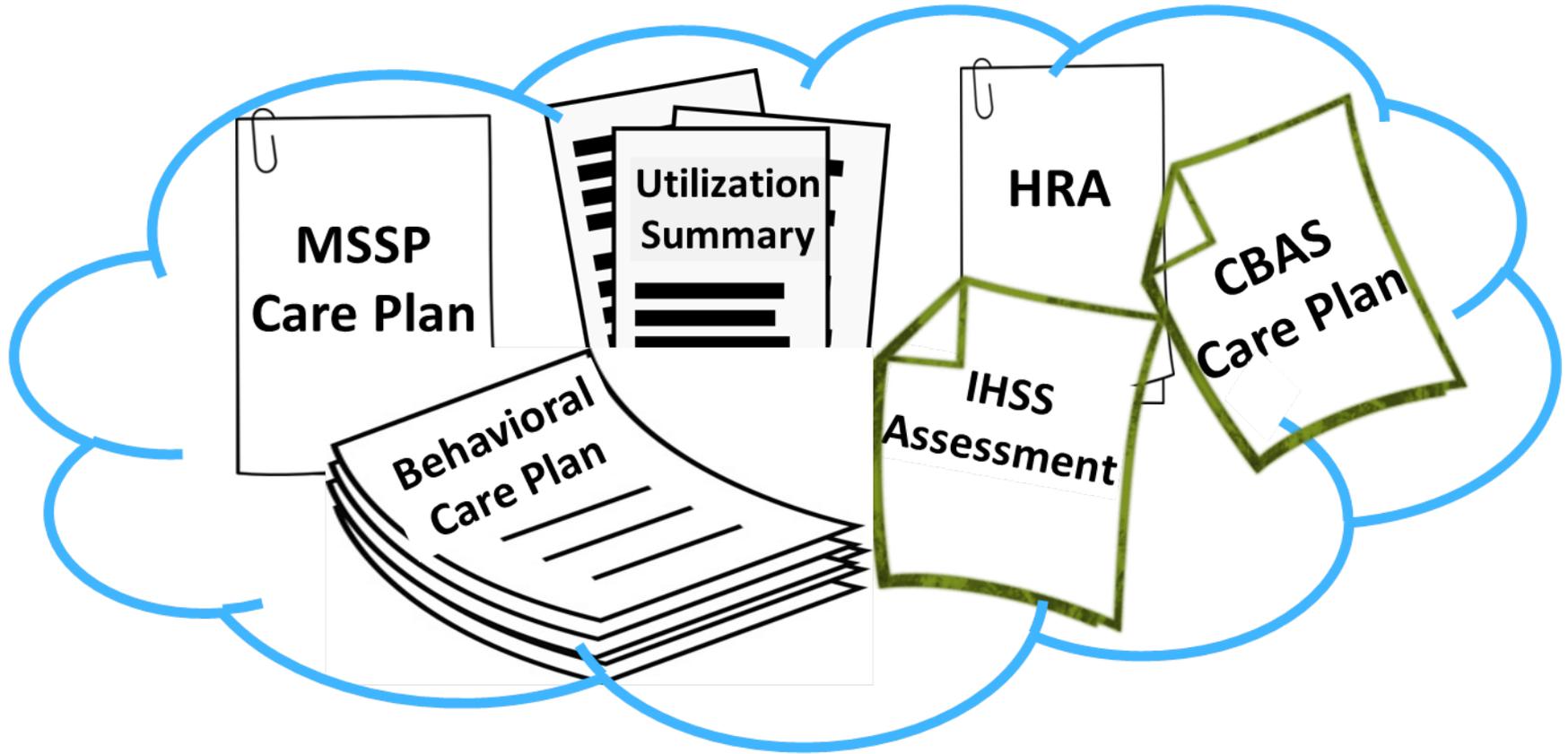
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Disabilities

- Impaired hearing
- Impaired vision
- Limb amputation

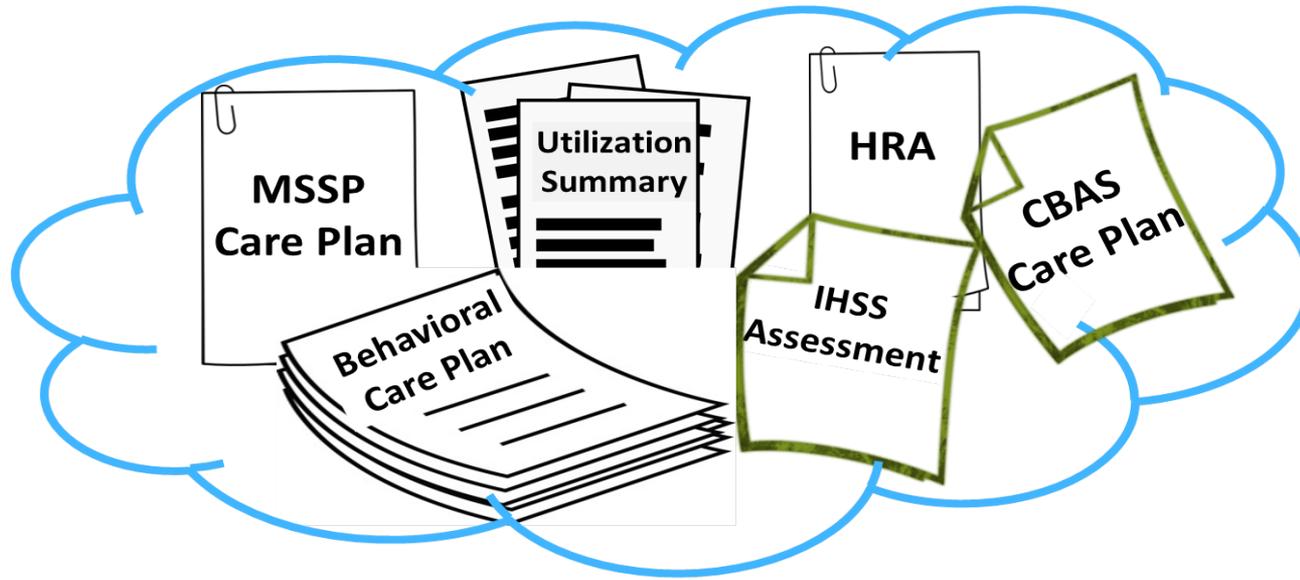
***“But doesn’t Health Net delegate?
How does all of this work for
delegated groups?”***

Provider Portal



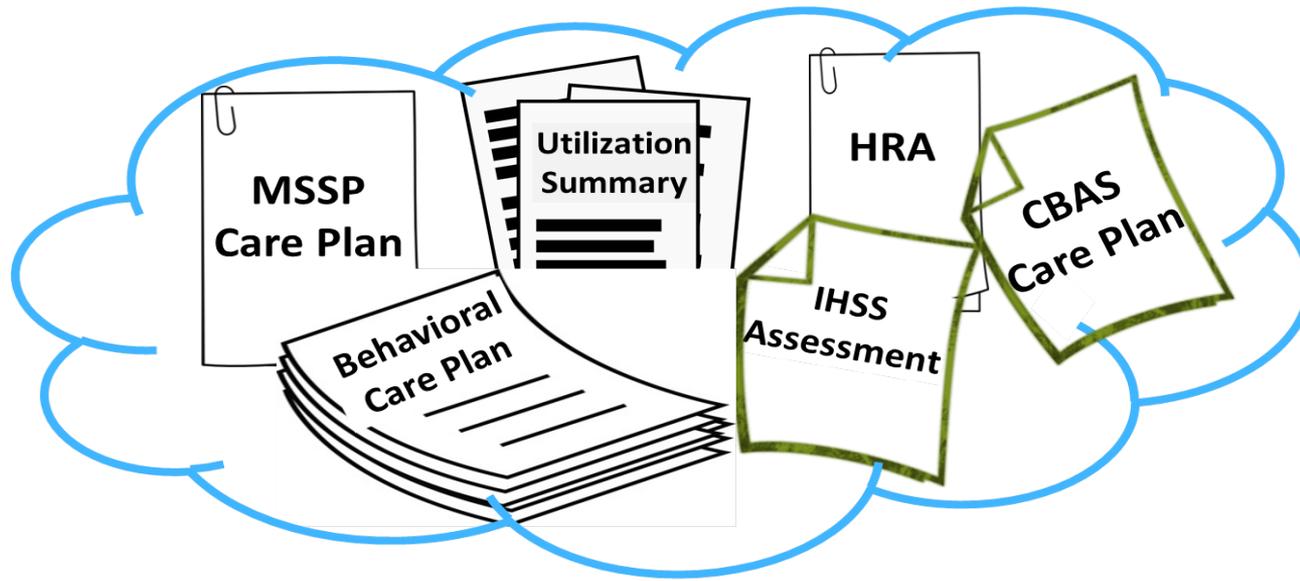
Health Net has built the “Provider Portal” which is our Electronic Platform for enabling Care Coordination with our Provider Groups who are delegated for Care Management.

Provider Portal



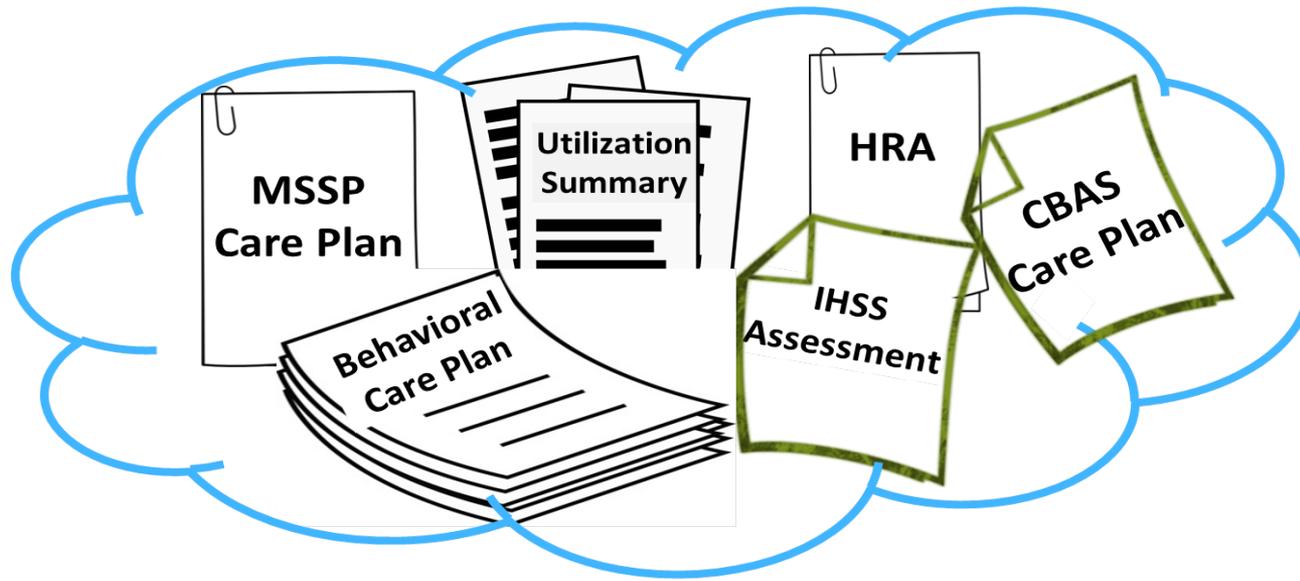
....The **Case Manager** uses the information available on the Provider Portal to understand what type of care the member is receiving and coordinate with those providers as needed.

Provider Portal



....The Provider Portal is the electronic platform that enables the **Interdisciplinary Care Team Process**

Provider Portal

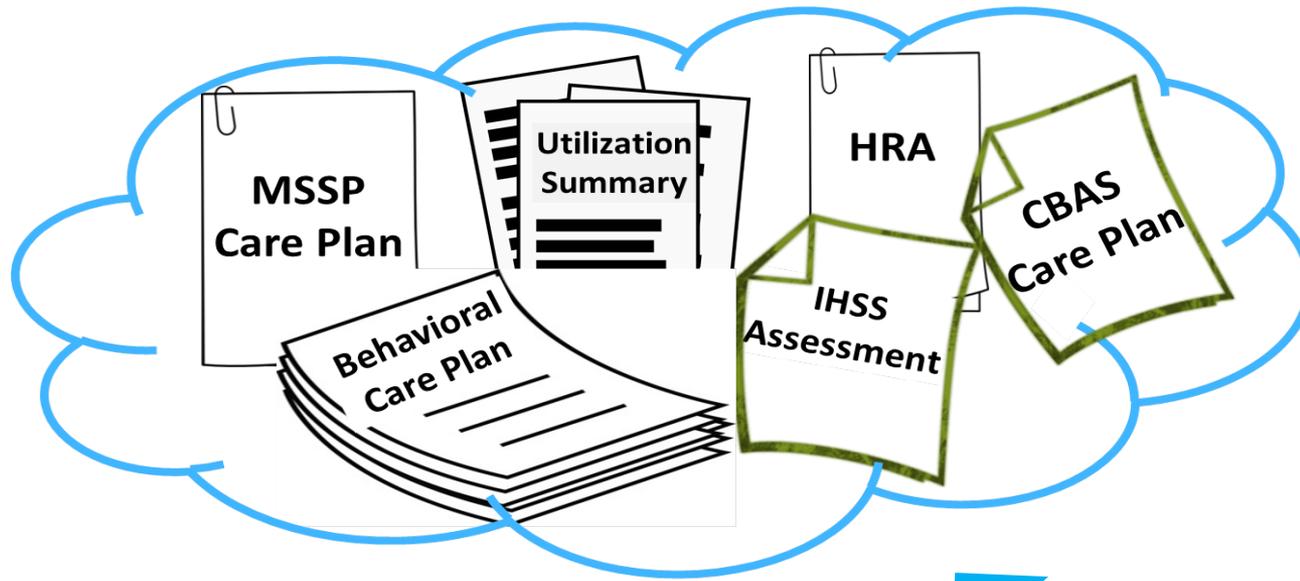


....Not only does the member have access to the Portal



Member

Provider Portal



....The member's doctor also has access...

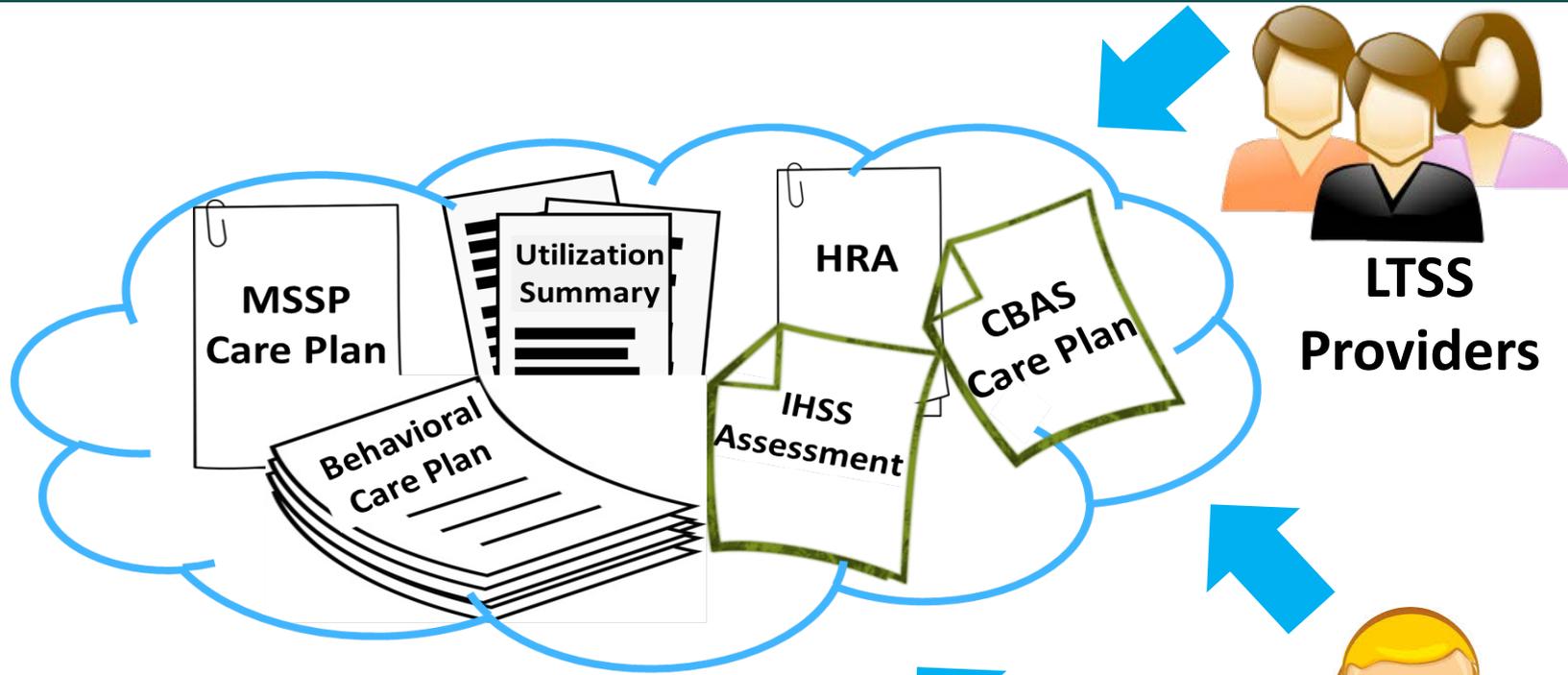


Member



**Primary Care
Physician**

Provider Portal



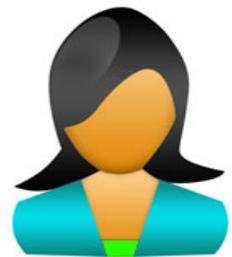
LTSS Providers



Pharmacist



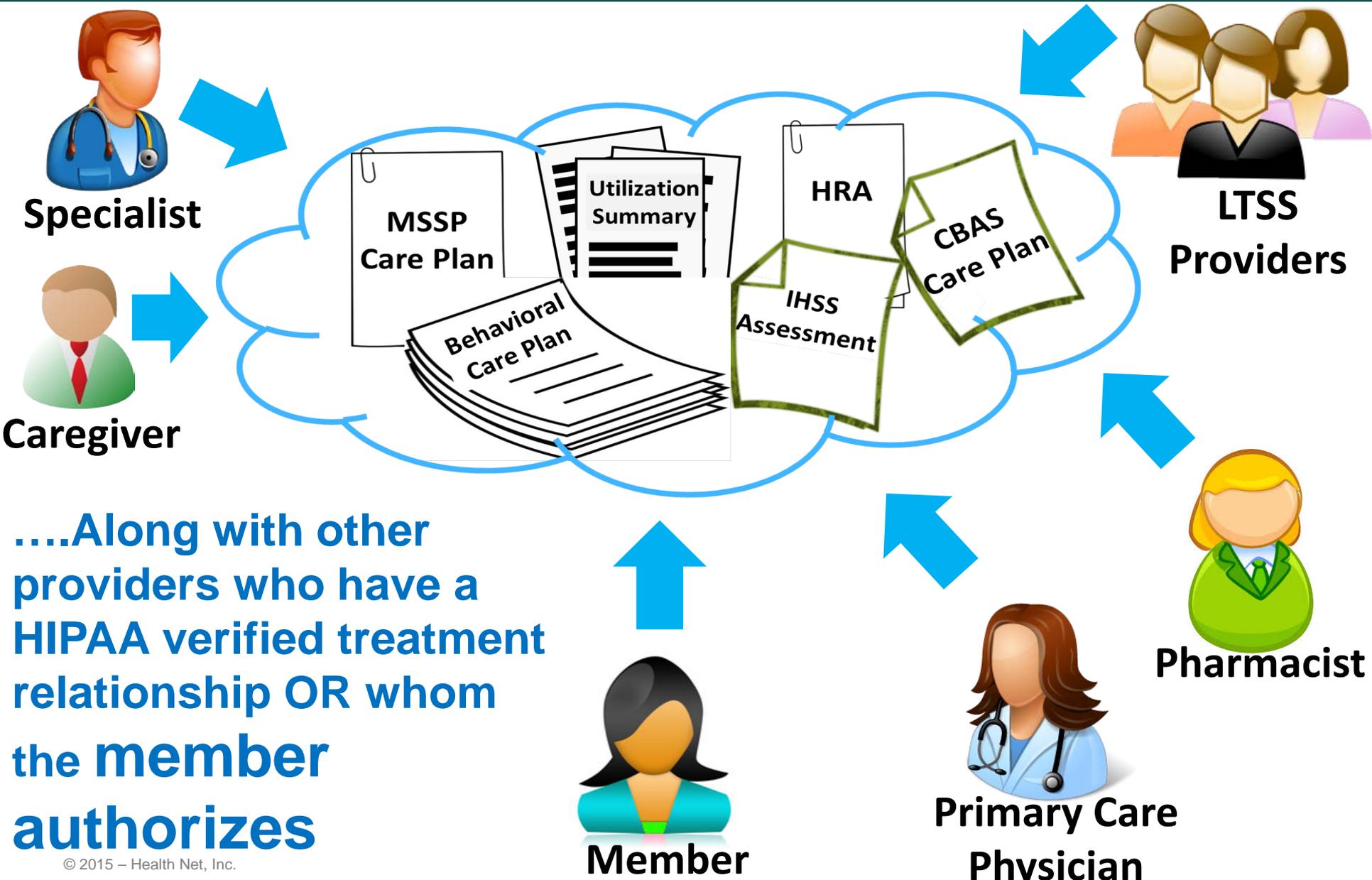
Primary Care Physician



Member

....Along with other providers who have a HIPAA verified treatment relationship OR whom the member authorizes

Provider Portal



Ensuring Strong Performance

Provider Group Selection



Delegation Process



Ongoing Performance Oversight

- ✓ DSNP Model of care
- ✓ Have complex CM infrastructure
- ✓ Medicare & Medi-Cal experience
- ✓ Have strong hospital partner
- ✓ Have needed geographic coverage

- ✓ Pre Delegation audit
- ✓ Contract Negotiation
- ✓ 90 Day Post “Go Live” Audit
- ✓ Annual Reassessments

- ✓ Annual Policy and Procedure Audits
- ✓ Quarterly UM audits
- ✓ Quarterly File Review Audits
- ✓ Monthly KPIs monitoring via performance dashboard and PPG report cards
- ✓ Bi-Monthly training/ “Huddles” for best practice sharing/ open dialogue
- ✓ Qtrly In person performance 1:1s

Focus on Improving Member Engagement



Focus on Improving Member Engagement

Alzheimer's Collaboration

- Goal: Provide education to care coordinators to support improving the quality of life of both patients with Alzheimer Disease and related Dementias and their caregivers.
 - Timely action should:
 - Provide care coordinators with the knowledge, tools and resources to most effectively assist members and their caregivers with managing the disease process.
 - Improve overall satisfaction for the member and caregivers.
-

IHSS Caregiver Engagement Pilot

- Goal: Afford interested members the ability to allow their caregiver's to communicate with the care coordinator and/or other members of the care team to act more quickly to address issues that may arise as the member's conditions change using a simple training and communication process.
- Timely action should:
 - Protect the member's independence, safety and autonomy by improving communication & discussing options of care
 - Better support the member by allowing their care team to advocate for the appropriate services for the member when they need it
 - Improve overall service and satisfaction for the member
 - Provide the member with better care and result in better health

Focus on Improving Member Engagement

Alternative Contact Information

- Goal: To improve contact information and enable care teams to actively engage difficult to find members.
 - Timely action should:
 - Home visits to facilitate completion of HRA
 - Use alternative sources of information to locate members
 - Deploy “investigative” staff to find members
-

Welcome Calls

- Goal: To deliver an unparalleled level of service that proactively meets the complex needs of members, starting with welcome calls placed within the first couple of weeks of enrollment
- Timely action should:
 - Ensure that new members receive enrollment kits and ID cards
 - Ensure members are assigned to the PCP of their choice
 - Inform them of the HRA process and what to expect
 - Ensure awareness of the CMC benefits and how to use them
 - Identify and arrange for Continuity of Care, appointments, and/or Transportation needs
 - Capture the members most current contact information
 - Welcome and reassure and provide contact information.

Focus on Improving Member Engagement

Partner with Advocates

- Goal: Obtain and welcome input from advocacy organizations to inform program focus and changes necessary to improve services for members..
 - Timely action should:
 - Be responsive to the needs of members.
 - Strive to achieve high impact sustainable change.
 - Open to innovation.
-

Member Impact



Cal MediConnect Delivers on the Promise

Addressing root cause first is more likely to impact outcomes.

Social Supports Converge with Health Care

- Social and behavioral factors contribute to functional status and the onset and progression of disease

Social Supports & Services

Case : Basic Needs

Member is in his 50s with history of multiple heart conditions, Hepatitis, depression and severe anxiety. He had been living in a rented poorly maintained home that the owner refused to repair and his social security payments were very low. He received IHSS services but his care giver was working an additional 10 to 12 unauthorized hours a month and the member had not been able to get additional hours approved.

“When new housing was found for me, I finally felt like it is much calmer here”. He states “no one could ever figure out why my payments (Social Security) were so low, but now I’m happy that I received help and now having my case looked into. I’m doing much better than when we first started talking.”

Cal MediConnect Delivers on the Promise

Members need and appreciate care coordination support

- Approximately 15% of In home supportive service providers are a spouse and 51% are other relatives, some of whom also have health care needs

Improved Care Coordination

Case: Supporting the family caregiver

Our Member, a bi-lingual woman in her 60s with multiple medical conditions, is the full time caretaker for her mother who has Alzheimer's. When Member joined Cal MediConnect, she reported feeling overwhelmed as she felt she couldn't provide her mother with the care she needed given her own personal conditions.

"I am feeling better and more hopeful and it's all because of you. If you hadn't kept calling me and encouraging me, I would still be where I was before."

Cal MediConnect Delivers on the Promise

Behavioral Health Integration

Case: Critical Behavioral Health Intervention

A female member in her 40s diagnosed with Bipolar I Disorder, Schizoaffective Disorder and Major Depressive Disorder has had suicide attempts, which led to inpatient hospitalization. She has one co-occurring medical issue—liver damage as a result of a bout of Hepatitis C—that requires monitoring but no treatment at this time. Member lives in the basement of a church and has a recent history of domestic violence.

The case manager submitted a referral to the LA County Full Service Partnership (FSP) Program. The county navigator outreached to the member in the hospital and member requested to return to the Native American Counseling Center (NACC), from which she had received services in the past. Member was accepted into the NACC and has her first appointment with the mental health therapist scheduled. Together they will determine the member's priority needs and create a care plan. Member will receive weekly home visits by her case manager, a social worker to assist her with housing, a psychotherapist and group therapy. Member will also receive psychiatric medication management.

This member acknowledges that she is in the first stages of a journey to regain the life and independence that she once enjoyed and she is optimistic and hopeful to have the resources she needs to get ahead.

Care Team Connections

- **Over 80%** of members who have stayed enrolled for 6 or more months have had a meaningful care team connection and/or helped develop their care goals and plan for the year.

- Our high performing provider groups have been able to connect with members to discuss their care goals and/or participate in the care team **95% of the time**

Program Feedback & Monitoring



SCAN Foundation survey

Survey Objective: To evaluate and track over time the transitioning of beneficiaries to coordinated care under Cal MediConnect.

- **High-level findings:**

- Large majorities of CMC enrollees express confidence or satisfaction with the health care services they are receiving
- More than 7 in 10 CMC enrollees are satisfied with aspects of health services that were measured in the survey
- CMC enrollees were somewhat less likely to express very high levels of confidence and satisfaction than opt outs in areas such as managing their health conditions and choice of doctors
- Large majorities of individuals not in CMC are satisfied with their fee for service providers

Considerations to SCAN Foundation survey

- Most CMC enrollees are satisfied and confident about their care, despite challenges of starting a new program of this magnitude, where plans are expected to do more for less
 - This is a positive reflection that individuals that have been enrolled in CMC health plans are satisfied and confident
- The results are likely impacted by retention levels: We believe that if members stayed in the plans longer, confidence and satisfaction would increase
- CMC health plans deliver on stringent program requirements, high quality standards, and strong beneficiary protections not required in fee for service
- Competition among the plans push all to strive for continuous improvement, to the benefit of members
- Ultimately, there is always opportunity for improvement and our interest is to continue to improve the program with your feedback

Appendix



Quality Withhold Metrics

2014 - 2015

HRA - Members with an HRAs completed within 90 days of enrollment

Consumer Advisory Board - Establishment of consumer advisory board or inclusion of consumers on governance board consistent with contract requirements

Customer Service - how easy it is for members to get info/help from the plan when needed (“did plans give you the info you needed?”, “did the plan treat you w/ respect?”, “were the forms easy to fill out?”)

Encounters – 80% timely encounters submissions

Getting Appointments Quickly- Percent of best possible score the plan earned on how quickly members get appointments and care (how often did you get care as soon as you needed it, how often did you get an appointment when needed, did you see the Dr. w/in 15 min of appointment time)

Care Plan Goals - Members with a documented discussion of care goals in care plan

County BH Coordination Members receiving Medi-Cal specialty mental health and/or drug Medi-Cal services receiving coordinated care plans as indicated by having an ICP with the primary behavioral health provider

Case Management Outreach - Members who have a case manager and have at least one case manager contact during the reporting period

MOUs w/ County BH - Policies and procedures attached to the MOU with county BH agency(ies) around assessments, referrals, coordinated care planning, and information sharing

Physical Access - Established physical access compliance policy and individual who is responsible for physical access compliance

Quality Withhold Metrics

2015 - 2016

Encounters* – 80% timely encounters submissions

Care Plan Goals - Members with a documented discussion of care goals in care plan

Case Management Outreach - Members who have a case manager and have at least one case manager contact during the reporting period

Plan All Cause Readmissions* - Enrollees discharged from a hospital who were readmitted within 30 days.

Annual Flu Vaccine* - Percent enrollees surveyed through CAPHS saying they received a flu shot prior to flu season

Follow-up after hospitalization for mental illness* - % of member discharges who were hospitalized for treatment of selected BH disorders and who had an outpatient visit, an intensive outpatient encounter or partial hospitalization with a BH practitioner within 30 days of discharge

Reducing the risk of falling* – Percent of Enrollees who report via the HOS survey that they discussed their problems around falling, walking or balancing with their doctor and got treatment for it.

Controlling blood pressure* - Percentage of Enrollees who had a diagnosis of hypertension and whose blood pressure was adequately controlled (<140/90) during the measurement year.

Part D medication adherence for oral diabetes medications* - Percent of Enrollees with a prescription for oral diabetes medication who fill their prescription 80% or more of the time.

Behavioral Health Shared Accountability Outcome Measure - Reduction in emergency department use for seriously mentally ill and substance use disorder Enrollees

Ensuring Strong Performance



Questions

