



# California Community Transitions

Los Angeles Coordinated Care  
Initiative Advisory Committee

July 15, 2015



# Purpose and Intent

- Uphold the preferences of eligible individuals in the least-restrictive setting of their choice
- “Rebalance” Medi-Cal spending by
  - Increasing the use of home and community-based, rather than institutional, long-term care





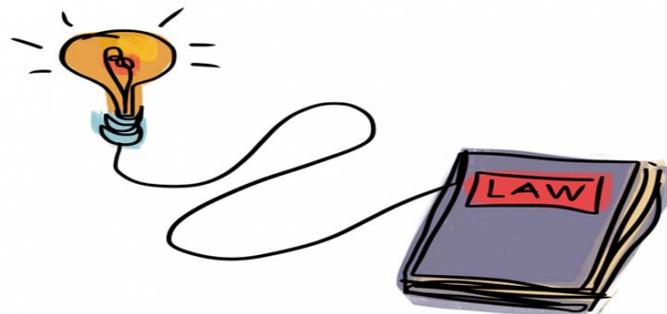
# History

- U.S. Supreme Court's Olmstead Decision (1999)
- CMS releases the Money Follows The Person (MFP) Demonstration Grant
- CA receives MFP grant & implements the California Community Transitions (CCT) Demonstration Project
- Initial MFP Demonstration was set to expire in 2011, in 2010, the ACA extended the grant end date from 2011 to 2016
- To date, CCT has helped transition 2,307 people from inpatient facilities to the community setting of their choice

# Olmstead Guiding Principles



- All individuals have the right to self-determination, independence, and choice
- Public entities must provide services to eligible individuals in the setting of their choice, when such services are appropriate



# CCT Eligibility Requirements



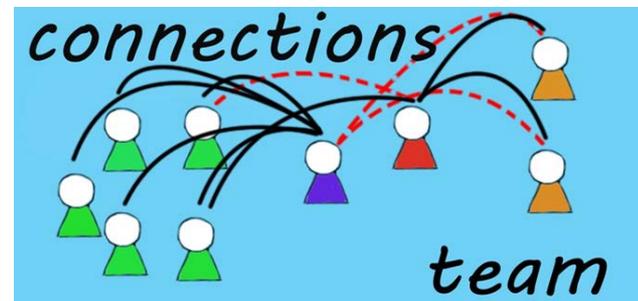
- Persons of all ages.
- Continuous residence in an inpatient nursing facility for at least 90 days-- short-term rehab days not included.
- Medi-Cal Eligibility for at least one day.
- Continue to require the same “level of care” provided in a health care facility.





# CCT Services

- Pre-Transition Coordination
- Home Set-Up
- Habilitation
- Family and Informal Caregiver Training
- Personal Care Services before IHSS
- Home Modification
- Vehicle Adaptation
- Assistive Devices
- Transitional Case Management



HCBS Waivers/  
Programs/Services



IHSS

Employment

Community

AT/DME

Health  
Care  
Services

Community  
Services

Independent  
Living Centers

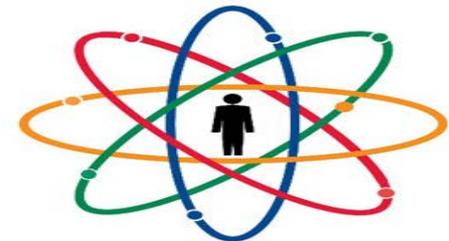
Nursing Home  
Resident





# CCT Goals

- Transition services bundled with an emphasis on outcomes
- Focus is on the whole person, identifying and mitigating risk early on and throughout the entire transition process
- Integrated care for all participants to allow for continued success of participant in the community



# The Future of CCT

