

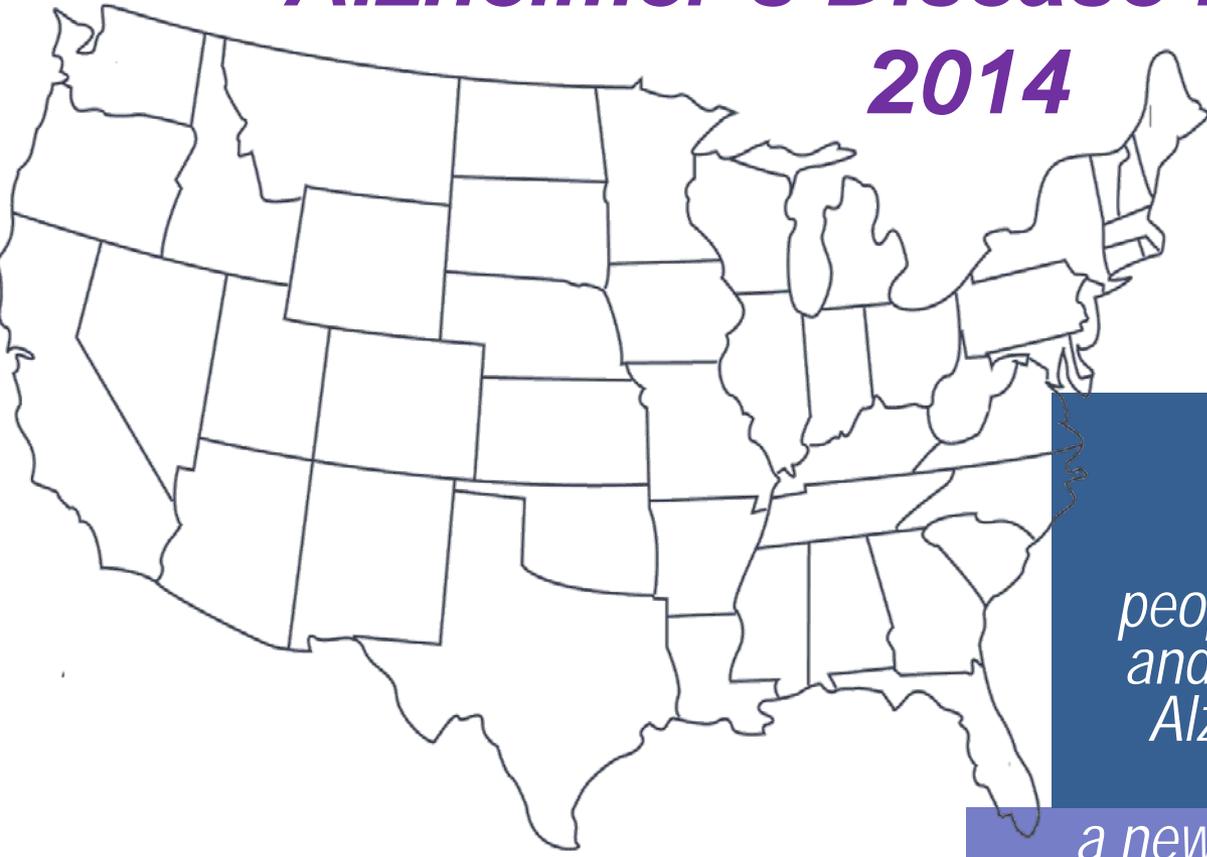
Improving Managed Care for People with Alzheimer's Disease

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The Impact of Alzheimer's Disease

Alzheimer's Disease in the USA

2014



5.2
million people
have Alzheimer's

1/9
people age 65
and older has
Alzheimer's

1/3
people age 85
and older has
Alzheimer's

a new case
every
67
seconds

6th
leading
cause of death

Alzheimer's Association, 2014 Alzheimer's Disease Facts and Figures,
Alzheimer's & Dementia, Volume 10, Issue 2
Slide courtesy of Cordula Dick-Muehlke, PhD



Impact of Alzheimer's Disease in California

60,000-84,000
dual eligible seniors
in California have
ADRD

10% of
nation's
Alzheimer's
patients live
in California

By 2030, the number of
people with Alzheimer's
disease in California will have
doubled to 1.1 million

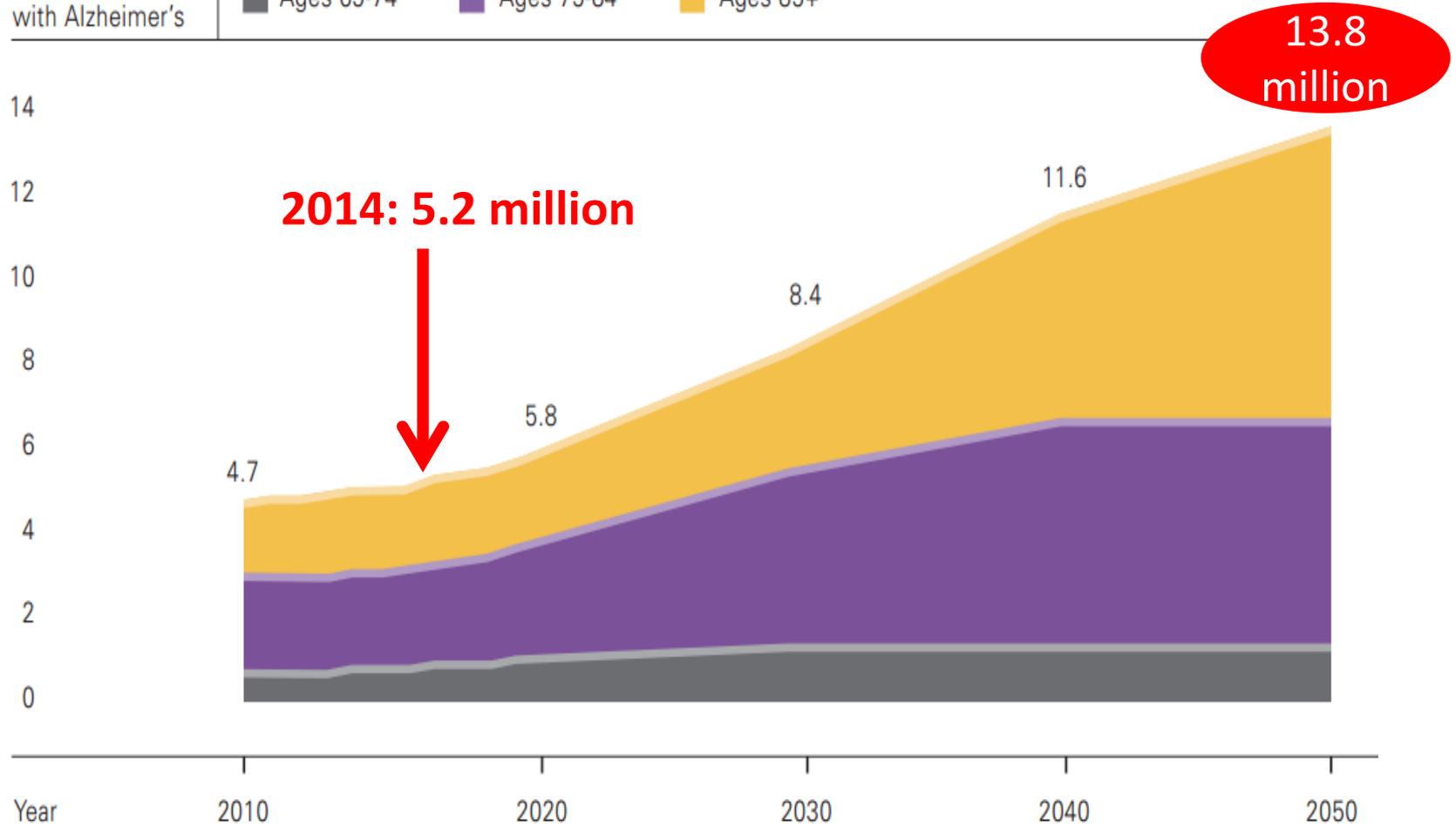
Generation Alzheimer's (Alzheimer's Association, 2011)
AD Facts and Figures in CA (Alzheimer's Association, 2009)
Alzheimer's Association California Southland Chapter (2012)
Plassman, BL, et al. (2013). Amer Acad of Neurology. 1-6.
Slide courtesy of Cordula Dick-Muehlke, PhD

figure 5

Projected Number of People Age 65 and Older (Total and by Age Group) in the U.S. Population With Alzheimer's Disease, 2010 to 2050

Millions of people with Alzheimer's

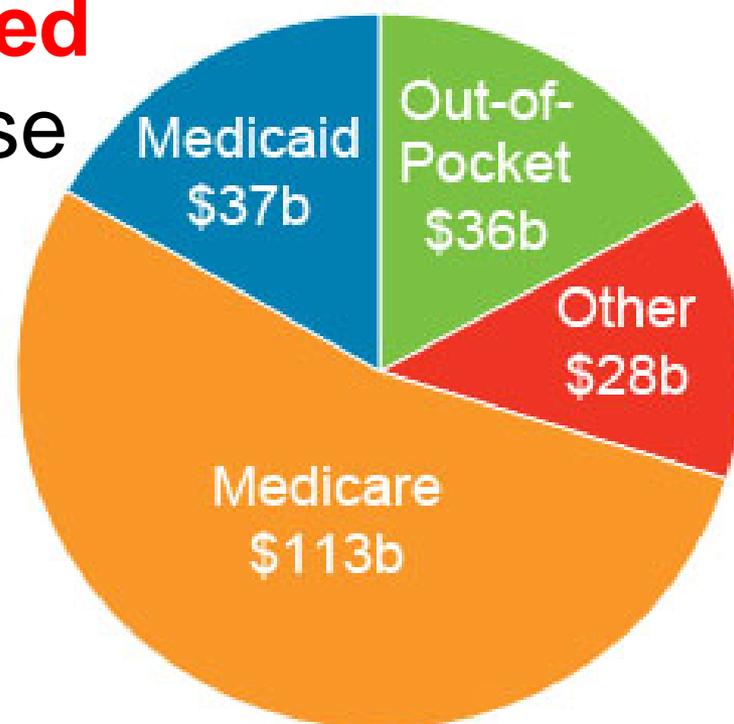
■ Ages 65-74 ■ Ages 75-84 ■ Ages 85+



Created from data from Hebert et al. ^{(114), A11}

Cost of Care

- Alzheimer's is **THE most expensive condition** in the nation
- In **2014**, it cost an estimated **\$214 billion** to care for those with Alzheimer's
- Alzheimer's will cost an estimated **\$1.2 trillion** (in today's dollars) in **2050**



Alzheimer's Association, 2014 Alzheimer's Disease Facts and Figures, *Alzheimer's & Dementia, Volume 10, Issue 2*

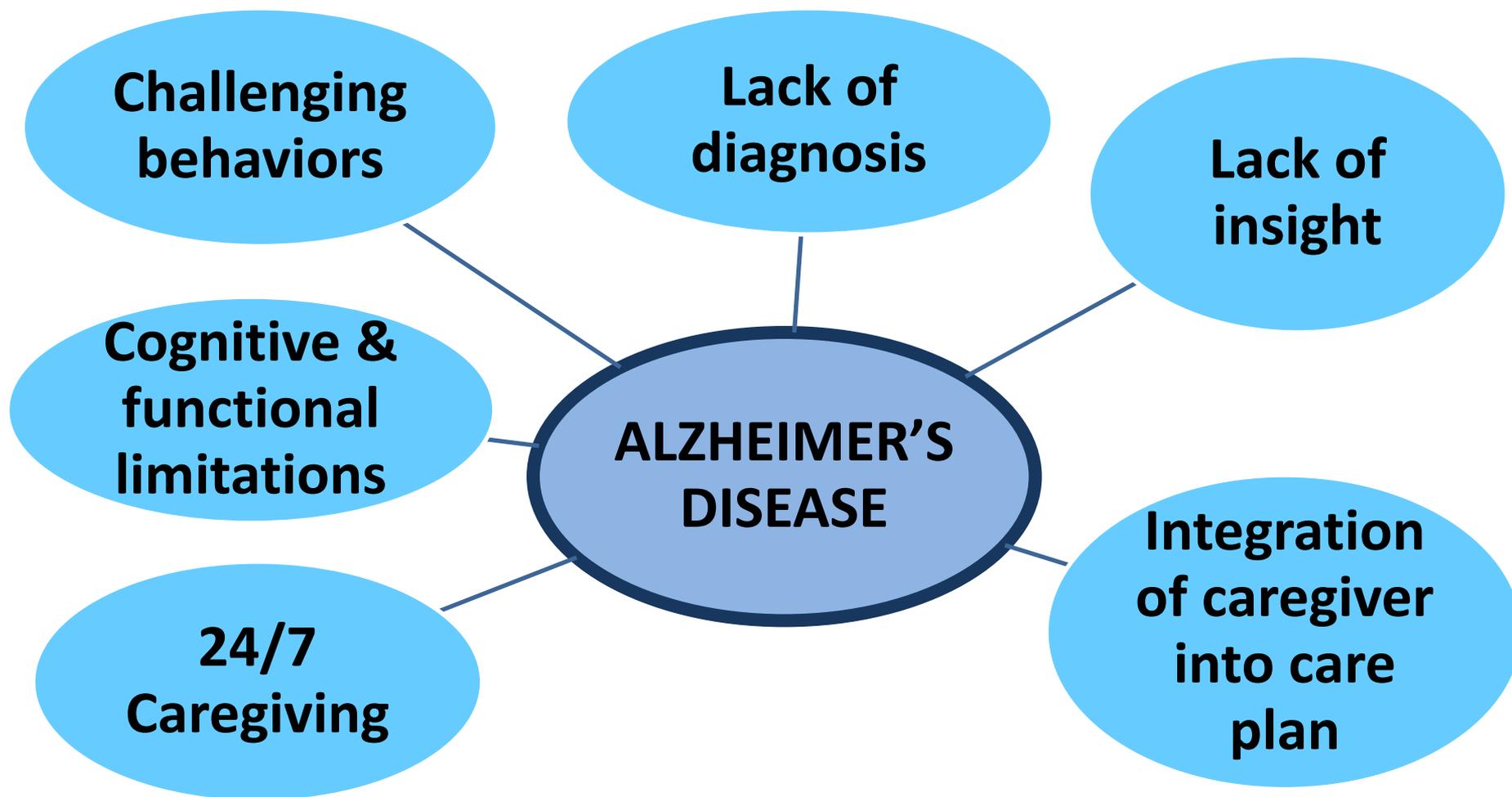
Cost of Care

- Nearly **1 in every \$5** spent by Medicare is on people with Alzheimer's
- Average per-person **Medicare** spending for those with Alzheimer's is **3x higher** than for those without Alzheimer's
- The average per-person **Medicaid** spending for seniors with Alzheimer's is **19x higher** than average per-person Medicaid spending for all other seniors

Alzheimer's Association, 2014 Alzheimer's Disease Facts and Figures, Alzheimer's & Dementia, Volume 10, Issue 2

Managed Care Challenges for People with Alzheimer's

What Makes Alzheimer's Unique?



Unique Needs of People with Alzheimer's

- **Complex care needs**
- **Unique social support needs**
- **High risk for unnecessary hospitalization/readmission**
- **High risk for institutionalization**



Challenges for Health Systems & Providers

- **Information from historical claims data is limited due to:**
 - Lack of diagnosis
- **HRA has limitations due to:**
 - Lack of diagnosis
 - Inability to accurately self-report
 - Not identifying family caregiver



Challenges for Health Systems & Providers

■ Adoption of tools:

- Medicare Annual Wellness Visit Assessment for Cognition
- Screening tools
- Guideline for Alzheimer's Disease Management



Challenges for health systems & providers

- **Family caregiver engagement:**
 - Identifying family caregivers
 - Engaging family caregivers in care planning
 - Assessing caregivers
 - Supporting caregivers
 - Integrating referrals into system



Family Caregiver Identification and Support

15.5
million UNPAID
caregivers

Alzheimer's Association *Alzheimer's Disease Facts and Figures 2014*

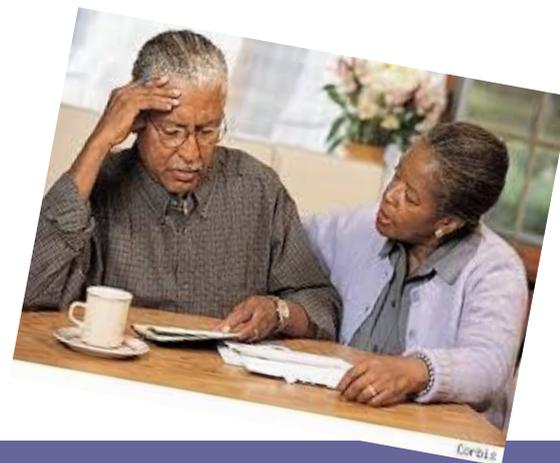
What Do Caregivers Do?

**WHAT DO
THEY NOT
DO?**



What Do Caregivers Do?

- Manage co-existing conditions
- Medication management
- Recognize acute medical conditions/issues
- Managing challenging behaviors
- Appointments
- Transportation
- Hygiene



What Do Caregivers Do?

- Meals
- Housekeeping
- Home safety
- Finances
- Decision-making
- Supervision
- Socialization



17.7

billion hours of
UNPAID care

Alzheimer's Association *Alzheimer's Disease Facts and Figures 2014*

\$220.2

billion of UNPAID
care hours

\$220.2 billion is nearly 8 times the total revenue of McDonald's in 2012



8X



Alzheimer's Association *Alzheimer's Disease Facts and Figures 2014*

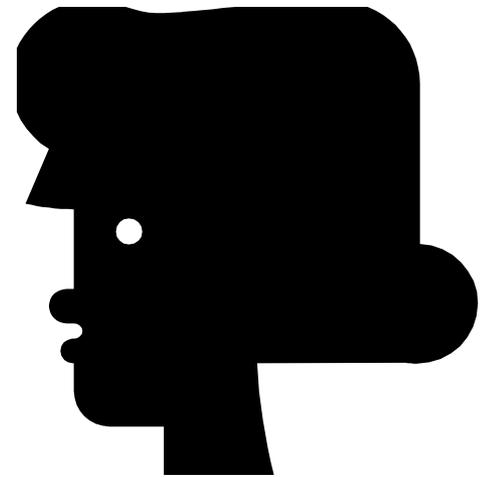
SO...



Caregivers are
our key to
keeping
members at
home

AND YET...

Caregivers are
largely unidentified
by health plans
and healthcare
providers



AND YET...

Caregivers of Alzheimer's patients have high rates of stress, burnout, and depression



Importance of Caregivers

- Caregivers are *our* eyes, ears, and hands
- Integration of caregivers into care planning and care coordination processes
- Successes/failures rest disproportionately on caregivers

Opportunities and Best Practices

Dementia Cal MediConnect Project

- Success of CCI health plans depends on **dementia-capable system**
- Dementia care management **improves care & health outcomes**
- Potential for **cost savings**

Dementia Cal MediConnect Project

Alzheimer's Association is partnering with health plans to provide:

- Dementia-capable system of care
- Care manager training and support
- Caregiver education and respite
- Support services through referrals to Alzheimer's Association
- Technical assistance

Quality Indicators

- HRA to include **identification of family caregiver**
- Adoption of screening tool
- Integration of **cognitive screening tool in electronic medical record**
- Use of **caregiver assessment**
- Adoption of **standardized care plans**



Opportunities to Improve Care

- Train **care managers** and **Dementia Care Specialists**
- Increase referrals to Alzheimer's Association and HCBS
- Adoption of ***ALZ Direct Connect*** Referral Program



Tools to Improve Care

- Medicare Annual Wellness Visit Assessment for Cognition
- Guideline for Alzheimer's Disease Management
- AD8 screening tool
- Establishing Partnerships Replication Manual



Resources
available at
[www.alz.org/
socal](http://www.alz.org/socal)

Alzheimer's Association Services

Alzheimer's Association

- Website www.alz.org/
- 24/7 Helpline (800) 272-3900
- Care consultation
- Family caregiver educational classes
- Respite stipends
- Activity programs
- Early stage services
- Support groups



Medic Alert® + Safe Return®

- 24-hour nationwide emergency response service
- Activates community support network to reunite family member/caregiver with the person who wandered

*Wandering
is always a
potential
risk*

*6 out of 10
people with
dementia
will wander*



Alzheimer's Association

- Professional training
- Advocacy
- Clinical studies



ALZ Direct Connect Referral Program

alzheimer's association | California Southland Chapter

ALZ DIRECT CONNECT

Partnering with Providers to Improve Care...
Supporting Alzheimer's Patients & Families

HEALTHCARE PROVIDERS... provide **OPTIMAL SUPPORT**, improve **CONTINUITY OF CARE**, complement **PATIENT SERVICE DELIVERY**, and ensure the **PSYCHO-SOCIAL NEEDS** of those living with Alzheimer's and related dementias... and their family members... are addressed through **DIRECT REFERRAL** to the **ALZHEIMER'S ASSOCIATION, CALIFORNIA SOUTHLAND CHAPTER**.

ALZ DIRECT CONNECT provides **free of cost for those living with Alzheimer's & their families**:

- **EDUCATION** including dementia symptoms, stages of the disease, & other information
- connections to numerous community **RESOURCES**
- access to trained clinicians who can help families **NAVIGATE** through the disease
- **SUPPORT GROUPS** and **ACTIVITY PROGRAMS** that provide meaningful interactions
- the ability to remain at home as long as possible through **SAFETY SERVICES**
- **SUPPORT** so that families can more effectively plan ahead, cope, & manage

HELPS

patients & families understand Alzheimer's & other dementias

CONNECTS

patients & caregivers to resources & education

IMPROVES

continuity of care & builds supportive networks

See reverse
for ALZ
DIRECT CONNECT
Referral

ADDITIONAL QUESTIONS?

Contact (323) 930-6272

ALZ DIRECT CONNECT REFERRAL FORM

FAX #: (323) 686-5106

Date: _____

Email: alzdirectconnect@alzla.org (Alzheimer's Association, California Southland Chapter)

TO BE COMPLETED BY PATIENT/PERSONAL REPRESENTATIVE

PATIENT Name: _____ DOB: _____

Address: _____ City: _____ Zip: _____

Phone: _____ Email: _____

Primary Language: English Spanish Other (specify) _____

FAMILY CAREGIVER Name (if available): _____

Address: _____ City: _____ Zip: _____

Phone: _____ Email: _____

Relationship to Patient: Spouse/Partner Child Parent Other (specify) _____

I give permission to the healthcare or service provider below to forward my name, contact information, and patient information to the Alzheimer's Association, California Southland Chapter. I understand that an Alzheimer's Association, California Southland Chapter representative will contact me and/or my caregiver about support and educational opportunities and will acknowledge receipt of this referral and provide follow up to my healthcare or service provider.

Signature: _____ Date: _____

(Patient or Personal Representative)

The person being referred provided verbal consent instead of signature: Yes

TO BE COMPLETED BY REFERRING PROVIDER

Diagnosis: _____ Diagnosis Date: (if available) _____

Patient Insurance: Medicare MediCal (check both if patient is dual eligible) Other _____

Patient's Health Plan: _____

Name of Provider: _____ Title: _____

Provider Organization: _____

Phone: _____ Fax: _____ Email: _____

How would you like to receive follow up? Fax Email

Reason for Referral: (Please check all that apply)

- Support Groups (Early Stage and/or Caregiver)
- Clinical Trial Enrollment (TrialMatch®)
- Psycho-Social Consultation
- Legal and Financial Considerations
- Activity Programs
- Healthcare Directives
- Safety Issues
- Respite Services

Why ALZ Direct Connect?

- ❑ Free
- ❑ Provides psycho-social-educational support
- ❑ Improves care coordination
- ❑ Connects families to resources *before* a crisis
- ❑ Allows for feedback to provider



“What maybe a medical provider should do is **prescribe** something that would give you the **opportunity to learn about [Alzheimer’s]** and have the **interaction...**that would probably be the biggest help.”

- Focus Group Participant



Thank you

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Healthcare Services**

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Chapter**

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